

MIND SET

Five Questions That Reveal God's Love (Romans 8:31-39)

Talk-it-Over Notes | July 11-12, 2026

REVIEW IT

Five lies that undermine our confidence in God's love...

1. God is not really for me and I'm on my own
2. God is holding out on me
3. My past disqualifies me from God's love
4. I am left to deal with guilt and shame alone
5. Something can (and will) separate me from God's love

Five truths about God's love:

1. God is for us (God's personal love)
I can conquer my fear of opposition!
2. God will give to us (God's abundant love)
I can conquer my fear of provision!
3. God will forgive us (God's merciful love)
I can conquer my fear of accusation!
4. God will not condemn us (God's unconditional love)
I can conquer my fear of condemnation!
5. God will never leave us (God's eternal love)
I can conquer my fear of separation!

Spend some time in the word: Read Romans 8:31-39

TALK ABOUT IT

1. What would these verses have meant to the original audience in Rome?
2. There are five lies that can undermine our confidence in God's love (such as believing our past disqualifies us or that something can separate us from God's love). Which of these five lies do you find most challenging?
3. Romans 8:31 asks, "If God is for us, who can be against us?" In what ways do you see God's support and presence in your own life, even when facing opposition or hardship?
4. Nothing can separate us from the love of God in Christ Jesus (Romans 8:38-39). How does this assurance impact the way you view current struggles or fears? Can you share a time when this promise gave you hope or courage?
5. What else stood out to you from this message?

ACT ON IT

This week, choose one promise from Romans 8 that was highlighted in the sermon (such as "God is for us," "There is no condemnation in Christ," or "Nothing can separate us from God's love"). Write it on a card or set it as a reminder on your phone. Each day, when you face a fear or challenge, repeat this promise out loud and pray it back to God, trusting Him to help you overcome doubts and live in the freedom of His love.

PRAY ABOUT IT

Take time to ask how you can pray for and support one another in prayer. Then, close in prayer.