

FAITH REFINED

HOW WE GOT INTO THIS MESS (Romans 5:12-21) Talk-it-Over Notes | May, 2026

REVIEW IT

Paul closes chapter 5 contrasting and comparing the influence of two men on the human race. This passage explores why humanity struggles with sin and death, tracing it back to Adam's original disobedience, which brought both sin and death into the world and affected everyone after him. We inherit a "sin nature," making us naturally inclined to turn from God. But the good news is that Jesus Christ's obedience and sacrifice offer us grace, forgiveness, and new life. By receiving Christ's gift, we move from condemnation to justification, from death to life. Ultimately, God's grace is greater than our sin, and through faith in Jesus, we are made new and empowered to live in hope.

Why is there evil in the world? — "When Adam sinned, sin entered the world."

Why do people die? — "Adam's sin brought death, so death spread to everyone, for everyone sinned."

The Bible speaks of 3 kinds of death: Physical death, Spiritual death and Eternal death...

VERSE	TWO MEN	ADAM	CHRIST
vs. 15	The event	Adam's Sin	Christ's gift
vs. 16	Result	Condemnation	Justification
vs. 17	Effect	Death	Life
vs. 19	Reason	Disobedience	Obedience

Where sin multiplied, God's grace overflowed even more.

Spend some time in the word: Romans 5:12-21

TALK ABOUT IT

1. What stood out to you from this sermon? What's something you remember?
2. The message emphasizes that sin is not just about individual actions, but about a "sin nature" we all inherit. In what ways have you seen the effects of this "sin nature" in your own life or in the world around you?
3. How does this understanding shape your response to temptation and struggle?
4. The sermon concludes that God's grace is "much, much more powerful" than our sin and that in Christ, we are new creations. What does it look like, practically, to live out this new identity? What challenges or lies do you face that make it difficult to believe or receive this truth?

ACT ON IT

This week, identify one area of your life where you've been living under a sense of failure. Each day, intentionally remind yourself of God's grace in that area—pray, speak a Bible verse about grace over yourself. Choose to receive and live out of the freedom and new identity Jesus offers, rather than letting your past define you.

PRAY ABOUT IT

Take time to ask how you can pray for and support one another in prayer. Then, close in prayer.