



## A Weekend Marriage Workshop for Communication...Commitment...Connection

The ReConnect Weekend is designed to bring couples closer together by focusing their attention on their relationship spiritually, emotionally, and physically. Arranged in two parts, it is offered with a Friday evening (6-9) / Saturday morning (8:30-12) format. **As an enrichment event open to the congregation and even the community**, this weekend can be used as a stand-alone or as a springboard for other events or classes your church offers. Emphasizing **transformative** principles, ReConnect uses a combination of lecture, short videos, small-group activity, individual couple activity, and humor. **Each couple has a story...** and the information and interaction encourage couples with a new vision, giving them tools to write their own story in a way that both makes them happy and honors God.

### Topics Include:

- How Small Changes = Big Results
- Affection and Emotional Intimacy
- Making Your Marriage a Better Story
- Balancing Time and Priorities
- Positive, Productive Conversations
- Spiritual Intimacy Through Prayer
- Making More Memorable Scenes
- Understanding 3 States of Marriage
- Forgiveness—Leaving the Past in the Past
- Cultivating Intentionality
- Addition and Subtraction in a Relationship
- Special Days, Get the BEST Results

### What Couples Had to Say

- ❖ **Group exercises** were fun and enjoyable
- ❖ We enjoyed hearing from **both the husband and wife**
- ❖ I thoroughly enjoyed it! I have my handouts on my night stand to **remind me** of what I committed to change, improve and focus on.
- ❖ The handouts, slides and activities really **reinforced** the things that were said
- ❖ Learning concepts of **praying together** was very powerful and intimate
- ❖ **Interacting with the other couple** at our table was really beneficial, realizing they struggle with similar things in their marriage and parenting. We're not the only ones!
- ❖ Engagement of the audience was great
- ❖ Loved the **one-to-one** spouse interaction
- ❖ I loved the event! **Having this locally** was a real blessing to a family with young children.