

MAY SG K-G1 | W3

Today's Suggested Schedule—May 2026, Week 3

Bible Story: Paul Becomes a Believer | Ananias Helps Paul • Acts 9:1-31

Bottom Line: God can help you see things in a new way.

Monthly Memory Verse: *Let us not become tired of doing good. At the right time we will gather a crop if we don't give up.* • Galatians 6:9 NIRV

Today's Suggested Schedule

Greeting & Prayer (5 minutes)

The leader greets the children and asks how they are doing. After a brief time of sharing, the group participates in a short prayer activity to prepare their hearts for the lesson.

Small Group Activity (15 minutes)

Groups: Creating a safe place to connect

Pray & Dismiss (5 minutes)

After small group time, the leader closes in prayer. Then the children are dismissed.



Bible Story

Paul Becomes a Believer | Ananias Helps Paul • Acts 9:1-31

Conversation Starter

When have you discovered something new about God?

Bottom Line

God can help you see things in a new way.

Monthly Memory Verse

Let us not become tired of doing good. At the right time we will gather a crop if we don't give up. • Galatians 6:9 NIRV

5 min

Bible Story Review

5 min

K1 - Emotion-to-Action

What You Need

 Bible	1
 "Emotion-to-Action" Activity Page	1

What You Do:

Before the Activity:

- Print "Emotion-to-Action" on cardstock and cut, one set per Small Group.

During the Activity:

- Open your Bible and show the kids where the story is written. (Acts 9:1-31).

- **Review the Bible Story with the kids by sharing the following points:**

- o There was a man named Saul who thought he was helping God by arresting followers of Jesus.
- o While Saul was on his way to the city of Damascus to arrest Jesus-followers, Jesus appeared to him in a bright light! Jesus told Saul that Saul wasn't helping Him at all!
- o Saul opened his eyes to try to see, but he couldn't!
- o Saul's friends led him into the city. For three days, he prayed, and he didn't have anything to eat or drink.
- o God told one of His followers, Ananias, to go and help Saul see again.
- o Ananias didn't want to go! He had heard that Saul had done terrible things to Jesus' followers.
- o But Ananias listened to God, went to the house where Saul was staying, and prayed for Saul.
- o Something like scales fell from Saul's eyes, and he could see again.
- o Saul realized that he should be Jesus' friend, not Jesus' enemy!
- o Saul started going around telling everyone, "Jesus loves you! Follow Him!"

- Put the character cards on the floor in this order: Saul, Ananias, other believers
- Hold up the "Fear" emotion card.
- Ask the group, "Who in our story felt afraid?" (Ananias was afraid of Saul; the other believers were afraid of Saul.)
- Let a kid place the "Fear" card next to Ananias and the other believers.
- Hold up the "Anger" card. Ask, "Who was angry about people who followed Jesus?" (Saul, at the beginning of the Bible Story)
- Let a kid place the "Anger" card next to Saul.
- Hold up the "Confusion" card. Ask, "Who was confused about what was happening?" (Saul was confused when he was blinded; Ananias was confused when God told him to go to Saul.)
- Let a kid place the "Confusion" card next to Saul and Ananias.

- Hold up the "Trust" card. Ask, "Who chose to trust God even when they were scared?" (Ananias)
- Let a kid place the "Trust" card next to Ananias.
- Hold up the "Hope" card. Ask, "Who had hope because they learned about Jesus?" (Saul, after he could see again)
- Let a kid place the "Hope" card next to Saul.

What You Say:

"Great job matching those feelings! Our Bible Story today had lots of big emotions.

"Ananias was scared, and Saul was angry. But when they listened to God, their feelings changed. Ananias became brave, and Saul became hopeful.

"Meeting Jesus made Saul see the world in a whole new way. Now, instead of arresting believers, Saul went straight to the synagogue and started preaching that Jesus is the Son of God! You can imagine how confusing this was for everyone around. Everyone knew Saul had come to Damascus to arrest Jesus-followers. Now, it was clear that Saul himself had become a follower of Jesus.

"God helped Saul see people in a new way, and God helped people see Saul in a whole new way! That's because **[Bottom Line] God can help you see things in a new way.**"



5 min

Application Activity

5 min

K1 - Circle of Silence

What You Need

 Blindfold	1
 Object that makes a soft noise (small bell, egg shaker, tambourine, etc.)	Several

What You Do:

During the Activity:

- Invite the kids to sit in a circle on the floor in the activity area.
- Ask for a volunteer to be the "Listener," and invite them to sit in the middle of the circle with a blindfold on.
- Explain that you will silently hand the noisemaker to someone in the circle.
- That person will gently shake it one time.
- The Listener will point in the direction the sound came from.
- If they point correctly, the person with the noisemaker becomes the new Listener. If not, the Listener gets to try again.
- Play for several rounds, letting different kids be the Listener.

What You Say:

"That was tricky! When you couldn't use your eyes, you had to use your ears to 'see' where the sound was. You had to perceive things in a new way. When Saul was blind, he had to listen very carefully to what God was telling him. Sometimes, when we feel like we can't 'see' what God is doing, we need to stop and listen. We might hear God tell us to see someone in a different way. Maybe someone seems angry, but when you stop and listen to God, you realize they really need a friend. When you stop and listen, **[Bottom Line]** God can help you see things in a new way."

5 min

Prayer

5 min

K1 – Pray and Dismiss

What You Need

No supplies needed

“Dear God, thank You for being with us. Sometimes we feel confused or scared, like Ananias, or like we’ve made big mistakes, like Saul. Please help us to see things in a new way. Help us see how You see us and how you see others. Thank You for always being ready to change our hearts. We love You, and we pray these things in Jesus’ name. Amen.”

[As adults arrive to pick up, encourage kids to remember that God can help you see things in a new way.]

Supplies

K1 - Emotion-to-Action		Quantity
1.	Bible	1
2.	"Emotion-to-Action" Activity Page	1

K1 - Circle of Silence		Quantity
1.	Blindfold	1
2.	Object that makes a soft noise (small bell, egg shaker, tambourine, etc.)	Several