

# QFMC 5 Day Devotional

Week of April 12, 2026

## Building on the Firm Foundation

### Day 1: The Foundation of Christ's Love

**Reading:** Matthew 5:1-12 (The Beatitudes)

**Devotional:** Jesus begins His greatest sermon with blessings that turn worldly wisdom upside down. The poor in spirit, the mourners, the meek—these are blessed? This is the radical nature of God's kingdom. When we recognize our spiritual poverty, we're positioned to receive the riches of heaven. The Beatitudes aren't simply moral guidelines; they're invitations into a different way of being. Today, examine where you feel spiritually empty. That very place is where Christ promises His kingdom. The foundation of following Jesus begins with acknowledging our need for Him. Are you willing to embrace the humility that opens the door to true blessing?

### Day 2: Salt and Light in a Dark World

**Reading:** Matthew 5:13-16

**Devotional:** You are salt. You are light. Not "you should be" or "try to be"—you ARE. Jesus declares this identity over His followers. Salt preserves and flavors; light dispels darkness and guides the way. But both require intentionality. Salt hidden in a cupboard serves no purpose. A lamp covered by a bowl provides no illumination. The question isn't whether you have these qualities—if you belong to Christ, you do. The question is: are you living in that identity? Today, consider where God is calling you to bring flavor to bland situations or light to dark corners. Your good deeds aren't for self-glory but to point others to the Father.

### Day 3: The Heart Behind the Action

**Reading:** Matthew 5:21-30

**Devotional:** Jesus doesn't lower the standard—He raises it. Murder begins with anger. Adultery starts with lustful looks. God cares about the condition of our hearts, not just outward compliance. This can feel overwhelming until we remember grace. Jesus isn't giving us an impossible checklist; He's revealing our desperate need for transformation only He can provide. We cannot manufacture heart change through willpower alone. Today, instead of managing your behavior, invite the Holy Spirit to examine your heart. What anger, lust, or bitterness lurks

beneath the surface? Confession isn't condemnation—it's the pathway to freedom. Jesus meets us in our broken mess and makes us whole.

## Day 4: Treasures and Trust

**Reading:** Matthew 6:19-34

**Devotional:** "Do not worry." Jesus speaks these words into our anxiety-ridden world. But He doesn't simply command us to stop worrying; He redirects our focus. Look at the birds. Consider the flowers. Your heavenly Father knows what you need. Worry reveals where we've placed our trust—in our own provision rather than God's faithful care. The antidote to anxiety isn't positive thinking; it's seeking first His kingdom. When God's priorities become our priorities, perspective shifts. What consumes your thoughts today? Financial concerns? Relationships? Health? These aren't trivial, but they aren't ultimate either. Today, practice releasing one worry into God's capable hands. Build your life on His love—a firm foundation.

## Day 5: Hearing and Doing

**Reading:** Matthew 7:24-29

**Devotional:** Two builders. Same storm. Different outcomes. The difference wasn't knowledge—both heard Jesus' words. The difference was obedience. One built on rock; the other on sand. Following Jesus isn't about intellectual agreement with His teachings; it's about putting them into practice. When life's storms come—and they will—your foundation determines whether you stand or fall. Today, Jesus asks: What will you do with what you've heard? Which teaching from the Sermon on the Mount confronts you most? That bristling feeling isn't rejection; it's the Spirit's invitation to transformation. Don't run from the hard teachings—press into them. Ask for grace to obey. Build your life on Christ's words, and you will not be shaken.