

QFMC 5 Day Devotional

Week of April 19, 2026 by Ryan Massey

The Blessed Life

Day 1: Recognizing Our Need

Reading: Matthew 5:1-3; Psalm 51:10-17

Devotional: "Blessed are the poor in spirit, for theirs is the kingdom of heaven." Jesus begins His sermon with a startling truth: blessing begins with recognizing our spiritual poverty. Like David in Psalm 51, we must come before God with honest, broken hearts. The world tells us to project strength and self-sufficiency, but Jesus invites us to something deeper—acknowledging that we desperately need God more than the breath in our lungs. This isn't weakness; it's truth. When we stop pretending we have it all together and humbly confess our need for grace, we position ourselves to receive the kingdom. Today, bring your need honestly before God. He meets you there with open arms.

Day 2: Holy Mourning

Reading: Matthew 5:4; Romans 12:15; 2 Corinthians 7:10

Devotional: "Blessed are those who mourn, for they shall be comforted." True blessing involves facing reality—the brokenness in ourselves and our world—and grieving properly. This isn't about dwelling in despair but about refusing to pretend everything is fine when sin has real consequences. Godly sorrow leads to repentance and transformation. When we mourn over our own sin, over broken relationships, over injustice and suffering, we align our hearts with God's heart. He doesn't want us to gloss over pain with shallow positivity. Instead, He invites us to bring our grief to Him, promising genuine comfort. What needs mourning in your life today? Bring it honestly to the One who weeps with you and promises restoration.

Day 3: Strength Under Control

Reading: Matthew 5:5; Philippians 2:5-11; Numbers 12:3

Devotional: "Blessed are the gentle, for they shall inherit the earth." Gentleness isn't weakness—it's strength under God's control. Moses, called the meekest man on earth, led millions out of slavery. Jesus, who possessed all authority, rode a donkey and washed feet. True meekness means having power, position, or voice but choosing to surrender it to God's

purposes rather than wielding it for personal gain. In a world that says climb over others to get ahead, Jesus calls us to trust our good Father instead of grasping for control. This feels risky because it is. But the promise stands: those who surrender their strength to God will inherit everything. Where are you tempted to overpower rather than trust today?

Day 4: Holy Hunger

Reading: Matthew 5:6; John 4:7-14; Psalm 42:1-2

Devotional: "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied." We all hunger for something—security, love, purpose, meaning. The question isn't whether we have desires, but where we go to satisfy them. Jesus tells the woman at the well that earthly water will never truly satisfy; only He offers living water that quenches our deepest thirst. When we place our hunger and thirst in being made right with God, in knowing Him intimately, in seeing His goodness reflected in our lives, we discover what we've been searching for all along. Not perfect circumstances, but a perfect Savior who calls us loved. What are you chasing that hasn't satisfied? Bring that hunger to Jesus today.

Day 5: The Satisfaction of His Presence

Reading: Matthew 5:3-6; Psalm 16:11; John 6:35

Devotional: Jesus doesn't just teach the Beatitudes—He embodies them. He was poor in spirit, dependent on the Father. He mourned over Jerusalem and wept at Lazarus's tomb. He was gentle, not grasping equality with God but humbling Himself to death on a cross. He hungered and thirsted for righteousness, doing only what pleased the Father. And now He offers Himself to us as the ultimate satisfaction. The blessed life isn't about achieving moral perfection or arranging perfect circumstances. It's about being in relationship with the One who meets us in our need, comforts us in our grief, empowers our surrender, and satisfies our deepest longings. Today, rest in this truth: you are known, loved, and satisfied in Christ.