

#3 The Heart of Worship

7-29-26

Psalms 150 - Let Everything Praise The Lord

I. Announce:

- A. Welcome to those watching online.
- B. **Slide1 REAL:** Ladies, last REAL Summer BLOOM Talk on Tues night, August 11th, at 7:00pm. **Rachel Harry** will be sharing a devotion with us about ***Living a Life of Purpose***, and her daughter, **Pearl**, will be leading us in worship. Also, we will be learning how to arrange beautiful bouquets, so bring a small, inexpensive bunch of flowers. **[REAL FLOWERS please]**
- C. **Slide2 FHC:** We have an exciting opportunity coming up on **August 16th during third service**. International Christian Adoptions (ICA) and **California Family Life Center (CFLC)** are hosting a special information meeting right here at CM in the **Agape Room during third service**. If you have ever wondered about **adoption** or **foster care**.
- D. **Slide3 CMCA:** Calvary Murrieta Christian Academy Homeschool is open for enrollment for the 2026-27 school year. We are a full-service ISP for Kindergarten through 12th grade.
- E. **Slide4 GriefShare:** If you are grieving the loss of a loved one, GriefShare is an excellent resource so you won't have to walk alone. **GriefShare meets from 12 to 2 Sundays in Learning Center Room 2** and uses a guided curriculum and caring facilitators to help you find healing as you grieve. **Fall session begins Aug.9** for those who have **lost a spouse**, **and** continues the following weeks for those suffering the loss of any loved one.
- F. **Slide5 Highlight:** Church Prayer: Join us Sunday at 1:30p in the Agape Room
- G. **Prayer:**

II. Intro: *Psalms 150 - Let Everything Praise The Lord*

- A. We are wrapping up our series, **The Heart of Worship**, tonight.
 1. **Week 1:** Longing for God's Presence (Ps.84) We desire God's presence.

2. Week 2: The Joy of Gathering (Ps.122) We gather in God's presence.
3. Week 3: Worship Night. Great evening!
4. Week 4: Let Everything Praise the Lord (Ps.150) We leave as people who praise God with our lives.

a) Psalm 150 is the perfect conclusion because it answers the question, "**Now what?**" Worship doesn't just stay inside the sanctuary.

B. Big Idea: True worship is **not an event** we attend, **but a life we live**.

C. **So when does worship end?** - Most people would probably answer, "*When the last song is over.*" But Scripture would answer, "**Never.**"

1. Music may end. The service may conclude. The building may empty. But worship continues.
2. Psalm 150 is the grand finale, of not only the last 5 psalms but the entire Book of Psalms.
3. The book that began with blessing (אַשְׁרֵי - ashray), ends with Hallelujah (הַלְלוּ-יָהּ - praise-Yah).
 - a) The phrase "*Praise the LORD*" (Hallelujah) opens and closes this psalm, forming bookends around 6 short verses. [also Psalms 146-150]
 - b) It is the only appropriate ending after walking through *songs of lament* (1/3rd), *confession*, *thanksgiving*, *trust*, and *joy*.

D. There is no teaching in this ... just pure **praise**.

E. Slide6 **Read** whole Psalm first.

III. Slide7 **I. WORSHIP CENTERS ON GOD (1)**

- A. *1 Praise the LORD! Praise God in his sanctuary; praise him in his mighty heavens!*
- B. Notice the focus - **Not** on ourselves. **Not** on our feelings. **Not** on our preferences. **Only on God!**
- C. The psalmist first answers the question **Where?**

1. In His sanctuary - In His mighty heavens (expanse). If you believe in aliens or extra terrestrials... then they're exhorted to Praise also! ;)
2. In other words... Praise fills both earth and heaven.

D. Here in Ps.150 - We are told to Praise God in His sanctuary. In John 2, Jesus referred to His own body as the true temple (through His death and resurrection, Jesus became *the true meeting place* between God and humanity). Then Paul to the church, *Don't you realize that all of you together are the temple of God and that the Spirit of God lives in you?* (1 Cor.3:16). Then to us individually, *Or do you not know that your body is a temple of the Holy Spirit within you?* (1 Cor.6:19).

1. So when Psalm 150 says, *Praise God in his sanctuary*, the Christian doesn't merely think of a building: [We praise God through Christ, the true Temple. We praise Him as His gathered church, His spiritual temple. And We praise Him with our own bodies, now indwelt by the Holy Spirit].
 - a) The sanctuary is no longer merely a place we visit; through Christ and by the Holy Spirit, it is a people God inhabits.

IV. Slide8a II. WORSHIP CENTERS ON EVERYTHING GOD DOES AND IS (2)

A.2 *Praise him for his mighty deeds; praise him according to his excellent greatness!*

B. The psalmist now answers the question Why?

C. We worship God both for what God has done and for who God is.

1. Our praise is always a response - God acts first. We respond.

D. Many people evaluate worship by asking, "Did I enjoy it?"

1. A better question is, "Was God honored?"
2. Slide8b *Worship is God-centered before it is man-experienced.

E. Christ Connection: The greatest mighty deed God has ever accomplished is ... the death and resurrection of Jesus Christ.

1. Every act of Christian worship ultimately celebrates the gospel.

F. Questions: Why did I come to worship today? Am I more concerned with my preferences or God's glory? What mighty deeds of God have I personally

experienced this week?

V. Slide9a **III. WORSHIP ENGAGES EVERYTHING WE HAVE AND EVERYTHING WE ARE (3-5)** and now we praise with Every Expression.

A.3 *Praise him with trumpet sound; praise him with lute and harp!*

4 *Praise him with tambourine and dance; praise him with strings and pipe!*

5 *Praise him with sounding cymbals; praise him with loud clashing cymbals!*

B. Picture **the conductor** here bringing in *the different parts* of music: (the strings, the wind instruments, the brass, percussions) **no Instrument** left out. **no Tamborine** left behind. *I'm giving praise to Him!*

1. Trumpet. Lute (harp). Harp (zither). Tambourine. Dance. Strings.

Pipe (wind inst/flutes). Cymbals (**Bangl**). Sounding (crashing) cymbals.

Loud crashing cymbals (loud-crashing = blast/a sudden very loud noise).

a) What makes symbols, **Loud** cymbals? Strength/you have to hit it hard!

2. The point **isn't** creating a list of approved church instruments [although at CM we have ruled out the Kazoo & party favor noisemakers, as a form of worship for our worship team] ha.

3. The point is **abundance**. Everything available is employed *to praise God*.

C. **Also**, it was fitting that they began with the sound of the trumpet/**shofar**.

1. "The sound of trumpet is associated with the grandest and most solemn events, such as the giving of the law, the proclamation of jubilee, the coronation of Jewish kings, and the raging of war. It is to be thought of in reference to the coming of our Lord in his second advent **and** the raising of the dead." (Charles Spurgeon) [blow?]

D. We should praise **no matter who we are**, **and** do it **with our whole being**.

1. Alexandra McLaren explains each of these instruments were normally played by **different types of people**. He said, "The horn was the curved 'Shophar, blown by the **priests**; harp and psaltery were played by the **Levites**, timbrels were struck by **women** [as they were] dancing, - playing

on stringed instruments, and pipes and cymbals, were **not reserved for the Levites.**" (Alexander Maclaren)

a) This instrumental inventory suggests that **praise engages the whole person & the entire community** (all kinds & classes) *through diverse means of expression.*

E. Throughout Scripture, **worship engages the whole person:** Mind. Heart. Voice. Body. Time. Resources. Relationships.

1. Romans 12:1 says, ***Present your bodies as a living sacrifice... which is your spiritual worship.***

a) Slide9b *Our singing on Sunday should become our living on Monday.

F. Again think of an **Orchestra**. A single violin is beautiful, **but when every instrument joins together under one conductor**, the music becomes **magnificent**. The Church is God's orchestra. Each believer has a different *voice, gift, and personality*, **but together we praise one King.**

G. **Worship is much bigger than singing.** We also worship by: Serving. Giving. Forgiving. Working honestly. Loving our families. Sharing the gospel. Walking in obedience.

H. Is worship something I only sing, **or** something I live? Which area of my life is hardest to surrender to God? Does my Monday reflect what I sang on Sunday?

VI. Slide10 IV. **WORSHIP INCLUDES EVERYONE (6)**

A.6 *Let everything that has breath praise the LORD! Praise the LORD!*

1. Worship Has a Mission **and** Worship invites everyone.

B. **The invitation widens:** It began in the sanctuary, **now** it reaches every living creature. *[Every breath is a gift. Every breath becomes an opportunity]*

C. Notice what the psalm doesn't say. It **doesn't** say, *"Let everyone who can sing..."* Or, *"Everyone who feels emotional..."* Or, *"Everyone who has their life together..."* It simply says, *"Everything that has breath."*

D. If God has given you breath, He is worthy of your praise. I guess if you **don't** have breath right now, **then** don't worry about this.

- E. Application: Every breath is borrowed. One day we will breathe our last. *Until then, Every breath can become an offering. Not merely through music, but through lives that glorify Christ.*
- F. It ends with (Lit.) *let every breath praise him* - Even your last.

VII.Slide11 CHRIST CONNECTION

- A. In Genesis 2:7, God **breathed** *life* into Adam. In John 20:22, the risen Jesus **breathed** on His disciples and said, *Receive the Holy Spirit.* [this echoes creation].
1. The risen Christ is beginning *a new creation*. He gives spiritual life to people who were *fearful, defeated, and hiding*.
 2. And the **breath** He gives becomes **breath** that praises Him. *Or, the breath God gives us becomes the breath we give back to Him in praise.*
- B. *Psalm 150 begins in God's sanctuary.* Through **Christ**, sinners are welcomed into *the true heavenly sanctuary*.
1. We do not praise God to gain access to Him. *We praise because Jesus has already **brought us near**.*
 2. *So* Christ does not merely inspire our worship; He makes our worship possible.
- C. *Also, Jesus Leads His People in Praise.* Heb.2:12 places these words in the mouth of Christ, *I will tell of your name to my brothers; in the midst of the congregation I will sing your praise.*
1. It's a remarkable picture. The risen Jesus is not distant from the *worshiping congregation*. He stands among His redeemed people and leads them in praise to the Father.
- D. *And, Our Praise Is Offered Through Jesus.* Heb.13:15 says, *Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge His name.*
- E. What does my everyday life say about the worth of Jesus? If worship became my lifestyle, what would change tomorrow morning? How can my family, workplace,

and neighborhood hear praise through the way I live?

F. Wrap Up.

G. Ps.84 taught us - Long for God's presence. Ps.122 taught us - Gather with God's people. Ps.150 teaches us - Live for God's glory.

1. Worship begins in God's presence, grows among God's people, and overflows into every part of life.

H. Then remind them that Our Worship Night last week wasn't the destination - It was a glimpse of what God desires every day. Our singing together was meant to shape our living apart. Slide12 As Eugene Peterson once observed, *Worship is the strategy by which we interrupt our preoccupation with ourselves and attend to the presence and purposes of God. When that happens, we don't just become better worshipers on Sunday - we become more faithful disciples throughout the week.*

I. Slide13 Alexander Maclaren said, *"The psalm is more than an artistic close of the Psalter: it is a prophecy of the last result of the devout life, and, in its unclouded sunniness, as well as in its universality, it proclaims the certain end of the weary years for the individual and for the world."*

J. Read Rev.5:13,14.

1. Psalm 150 is ultimately pointing us there.

K. Prayer: Lord, this breath is Yours. May every word I speak, every decision I make, every person I love, and every task I do today become an act of Praise to You.

Lord, carry our Heart of Worship beyond our final Amen.

L. Keywords: Praise, Hallelujah, Warship.