

## Week #13

### The Reconstruction Phase Of Crisis

The final phase of a crisis is the Reconstruction Phase. During this phase there is a spontaneous expression of hope. There is also a sense of renewed confidence. Doubt and self-pity are gone, and the person takes the initiative for progress.

The final resolution of a crisis is a reflection of the newness of a person. A crisis leads to an opportunity to gain new strengths, new outlooks, new appreciation, new values, and a new approach to life!

Conversely, what causes a major crisis to become a restrictive, crippling, eternal tragedy, instead of a growth-producing experience? Our attitude, which is a choice.

Most significantly, many who work through a crisis find that they can minister much better to others. Out of our difficulties comes the ability to feel with others and walk through their trials with them in a new, more effective manner.

Next Week: The Steps In The Process Of Crisis Intervention