

Week #2

Examples Of Crises and Why We Suffer

There is no limit to the number of losses and crises that occur in life.

Examples include:

- Job loss
- Loss of a position of status and respect
- Incapacitating illness or accident
- Death of a parent, friend, spouse, or child
- A terminal diagnosis
- The discovery that a child is addicted to drugs or a homosexual
- A natural disaster
- An abortion or unwanted pregnancy
- Living with a spouse who has Alzheimer's disease and the accompanying loss of memory for your spouse
- Having surgery

The list never ends.

2 Corinthians 1:3-4 tells us: *Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles.....with the comfort we ourselves have received from God.*

To paraphrase, when we go through crises, our experiences can be used to minister to others.

This series, then, will provide Biblical principles and general instruction in loss, crisis, and trauma. It will conclude with learning how to determine when to refer a person in crisis to someone with more advanced training than yourself.

Next Week: What exactly is a crisis? What causes a crisis?