

WEEK #10

When Life Gets Too Busy - The Problem

We are living in an epidemic of busyness. Many people readily acknowledge that they are too busy; they just don't know what to do about it. It is difficult to even imagine how things could possibly change, when it all feels so necessary.

The result is often that they feel that their lives are out of control, and they respond with anger and frustration.

One sure sign that our own lives are out of control is that we consider our spouse a bother to us instead of a treasure.

We must remember the Godly response to six days of work (creating); on the seventh day He rested (Genesis 2:2-3).

If resting is good for God, it is certainly good for us!

Next week - When Life Gets Too Busy - The Solution