

Week One - Introduction

Scientific research has demonstrated that the benefits of marriage include improved health, increased longevity, economic stability, companionship, and even sexual satisfaction. Living together without the commitment of marriage (cohabitation) does not provide the same type or quality of relationship. There is genuine power in knowing that, as spouses, you are a team and that you can depend on each other.

Join us each week over the next several months while we dissect and digest what genuine marital commitment is, what it is not, how commitment develops, what 'soul-mate-ism' actually is, whether or not it is destructive to marriages, and how to apply these principles to our marriages in the most beneficial manner.

Much of this material originates in "The Power of Commitment" written by Scott M. Stanley.

Questions? Please contact me through the church office or catch me in my normal seat in the front row before or after the Sunday Morning Gathering.

Next week: Can living together before marriage help us determine whether we can be successfully married?