

Week Eight
Constraints In Marriage

Common Constraints:

1. Social pressure - this is whether or not family, friends, or your community will disapprove if you end the marriage.
2. Morality of divorce - this is the depth of the belief that divorce is a wrong choice.
3. Concern for the welfare of the children - this will be discussed in depth in a later column.
4. Financial limitations - How will lifestyles and financial stability change after the divorce?
5. Termination procedures - How difficult and expensive will the steps to end the marriage be?
6. Quality of alternatives - How much quality will a life apart from your mate have?

Sometimes, all of life hinges on a shift in perspective. Whether you are fairly happily married or struggling, the absolute key is to shift perspective and move beyond a constraints-only existence. You **must** move back to a life of dedication!

Questions on how to accomplish this? Talk to me.

Next week: Commitment As A Choice