

Be For Real

In “Be For Real,” middle schoolers will learn what it means to live authentically with integrity. Over four weeks, they’ll discover how being true to who they are shapes their choices, relationships, and even their view of themselves.

Week One

Proverbs 11:3

Integrity does what’s right.

Week Two

Matthew 7:24–27, Matthew 22:36–40

Integrity follows what Jesus says is best.

Week Three

1 Corinthians 13:4–8

Integrity honors everyone involved.

Week Four

1 Corinthians 6:19–20

Because you matter, integrity in every area of your life matters.

MEMORY VERSE

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Philippians 4:8, NLT

Middle School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, point out a time when they say they were going to do something and they did it. Let them know how much you appreciate them being true to their word.



Meal Time

At a meal this week, have everyone answer this question: “Who is someone you know that you can count on to do the right thing no matter what—even if it’s hard?”



Drive Time

While on the go this week, ask your kid: “What is a promise that you or someone you know made that was important to you? Did they keep the promise?”



Bed Time

Pray that you and your kid will have the strength and courage to do the right thing no matter what.



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