

THE TEAM

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 CUSTODIAN | MAXINE TELLEFSEN
 TREASURER | DAN VANBEEK

FRC LEADERSHIP

ELDERS

PHIL DYKSTRA | COREY JAMISON
 LADD TJOELKER | DAVE PIMBLETT | JOHN
 VAN DALEN III | JERRY ROETCISOENDER

DEACONS

MARSHALL NORMAN | SCOTT SMIT
 DAN VANBEEK | DARREN KORTHUIS
 BRETT VANWEERDHUIZEN | RYAN HEERINGA

MAIN OFFICE HOURS

M-TH | 8:30 AM - 4:00 PM

PLEASE USE ALLEY RAMP DOOR

CONTACT US

PH: 360.354.4221

FAX: 360.354.7599

OFFICE@LYNDENFRC.ORG

LOCATION

610 GROVER ST.

LYNDEN WA 98264

We'll update this information regularly and encourage everyone to remember and honor our seniors with a visit or other forms of communion. Call us with updates you may know, but understand we only provide life updates given by individuals or family.

Riverview Senior Apartments: Alberta DeKam

Meadow Greens: Beverly Gish, Joanne Otter, Barb Wester, Glenda Polinder, Gayle DeGroot

Lynden Manor: Kathy Atneosen, Tracy DeBoom, Helen Taylor

Christian Healthcare Center: Shirley Radder, Bobbie VanderPloeg

Adult Care Lynden: Lonnie VanderPol

Among Friends Adult Family Home: Joan Longstreth

Avista Senior Living: (2240 Main St. Rm. 132, Ferndale, 98248) - Gerrit Kuiken

Mickie Kingma: (20926 88th Pl W, Edmonds, WA 98026)

The Bellingham at Orchard: (848 West Orchard Drive, Bellingham, 98225) Rm 10 - Teri Hilt

Gloria Harrison: (801 Aaron Dr. Unit 406, Lynden, WA 98264)

CONNECT

SENIORS UPDATE

PRAYER & PRAISE



SUNDAYS

8:45 & 11:00 AM

WELCOME TO FIRST
REFORMED CHURCH!

GET TO KNOW MORE ABOUT
US BY SCANNING THE CODE!



5.10.26

CONNECT ■ GROW ■ SERVE ■ GO

FRC | FIRST REFORMED
CHURCH

WEEKLY PRAYER BETWEEN SERVICES

We would love to have you join us! There will be prayer time today between services in the **Adult Library**. We will be praying over our church and for spiritual growth within our church body.

NO EXHIBIT (9TH-12TH GRADE) TODAY!**MERGE NIGHT!**

Calling all **4th & 5th grade** Merge students, **Sunday May 17th** from **5:30pm-7:30pm** we will be hosting a parents and kids Escape Room in the downstairs lower level fellowship hall. Dinner will be provided, please sign up in the Connection Center if you plan to come.

CASCADE FAMILY BIBLE CAMP SAVE THE DATE - JUNE 9-13, 2026

Cascade Family Bible Camp at Warm Beach Conference Center.

2026 Speaker: Aaron Baart

Enjoy classes for all ages, nursery care, worship, fellowship, and breakout sessions with guest speakers. Lodging options include tents, trailers, RVs, or campus housing with meal plans included. Activities include swimming, mini-golf, pickleball, tennis, volleyball, basketball, soccer, crafts, bike parades, rocket launches, and more.

Register by June 30, 2026 at cascadefamilybiblecamp.org

Questions? Call or text the Veenings at 360-318-4425.

CHURCH BBQ

Join us for a Church BBQ on **Sunday, June 14 at 12:00 PM** at Schoolyard Park! Come enjoy a great afternoon together as we gather for lunch, games, and fellowship. Lunch and dessert will be provided, and we encourage you to bring a chair or blanket along with some fun outdoor games to share. A few tables will also be available. We would love your help with setup before church and teardown after the BBQ. If you would like to volunteer, please email Jaime@lyndenfrc.org by **June 7**.

DATES COMING UP**May 18 | Intentional day of Fasting & Prayer**

*Meet with Elders in Daybreak Room from 5:00-6:00 PM to pray

May 27 | Congregational Meeting - 6:30 PM in the Sanctuary, Members only

*We will be approving the 2026-2027 budget and the slate of new Elders & Deacons. *Childcare not provided*

Sunday, May 31 | Sacred Assembly - 5:30-8:00 PM in Sanctuary

Childcare provided

June 7 | Grad Sunday**June 14 | Move to single service at 10:00 AM & All church BBQ!****BAPTISMS & DEDICATIONS-SAVE THE DATE**

We will be celebrating Baptisms on **Sunday, May 31** as well as **Sunday, June 14**. Baptism is available for all ages - adults, youth, and children. We will also be celebrating Dedications on **Sunday, June 21**. We would love to celebrate these meaningful steps with you and your family! If you are interested in participating in any of these opportunities, please contact Andria@lyndenfrc.org by **Monday, June 1**.

HILLS & VALLEYS - RACE WITH A PURPOSE

Join the Hills & Valleys "Race with a Purpose" on May 16, 2026, a 4.45-mile run/walk through both road and trail designed to challenge and inspire. This year's race is benefiting Jeremy Bouwman, who was diagnosed in January 2025 with a rare neurological condition, Autoimmune Cerebellar Ataxia, and now faces ongoing medical challenges. This event is more than a race—it's a celebration of perseverance, strength, and community as we come alongside the Bouwman family.

There are flyers at the Connection Center in the back of church with more info.

To sign up go to: RUNSIGNUP.COM/RACE/WA/SUMAS/HILLSVALLEYS

MINISTRY OVERVIEW**SUNDAYS**

NURSERY (BIRTH-2YRS) | TODAY AT 8:45 &

11:00AM | Nursery

PreKIDS (3-PREK) | TODAY AT 8:45 & 11:00AM |

L8-L6

SUNDAY SCHOOL | 10:00AM

Adult Sunday School | Daybreak room

Nursery (0-2)

PreKIDS (3-PREK) | L6

Kidsclub (K-5) | Clubhouse

Youth Sunday School (6th-12th) | The Loft

PRAYER TIME 10:00AM | Adult Library

EXHIBIT | 6:00-8:00PM | The Loft

5/10**The Nursery (Birth-2 Years) |**

8:45 a.m.: Tanisha & Isaac Gourley,

Katelyn Shagren, Emmy & Piper

VanderGiessen, Coni VanBeek

11:00 a.m.: Tracy & Sarah VanBerkum,

Macki VanDalen, Karen Visser

PreKIDS (3-PreK) | L8

8:45 a.m.: Alecia Korthuis, Zoe Kok,

Kortnee Tolsma

11:00 a.m.: Tamara & Eli Heinz, Trevyn

Tjoelker

Safety: Brian Foote, Josh Macomber

Welcome |

8:45 a.m.: Rich & Joanna Fullner,

Eze Family

Middle Lobby: Lauren Olson

Connection Center: Cliff Thies

11:00 a.m.: Michael & Marcy Kok,

John & Yvonne VanDalen

Middle Lobby: Darcy Lindenmuth

Connection Center: Debbie Rottier

Coffee | Michael & Marcy Kok

Deacons | Ryan Heeringa, Dan VanBeek

WEEKLY MINISTRY**WEDNESDAYS**

Men's Bible Study | FRC Sanctuary

JAM (6th-8th) | Loft

THURSDAYS

CROSSROADS - College & Career

Bible study | 7:00PM | Daybreak Room

5/17**The Nursery (Birth-2 Years) |**

8:45 a.m.: Lorinda Coppinger, Kelsey

Kooiman, Kirsten Olson, Jaime & Norah

Smith, Raelene VanDalen

11:00 a.m.: Leslie & Kaden

VanWeerdhuizen, Liv Martin, Michelle

Anderson

PreKIDS (3-PreK) | L8

8:45 a.m.: Erin, Taya & Case VanderKooi

11:00 a.m.: Andria & Van Martin

Safety: Rick Wester

Welcome |

8:45 a.m.: Alice Bosman, Mary Quinn,

Steve & Lori Hortegas

Middle Lobby: Dan Bode, Cindy Norris

Connection Center: Michelle McIlvoy

11:00 a.m.: Tad & Lisa VanderGriend,

Kaiden & Macki VanDalen

Middle Lobby: Darcy Lindenmuth,

Bonnie Wilson

Connection Center:

Coffee | Keven Tjoelker

Deacons | Darren Korthuis, Scott Smit

A CONTINUING LETTER

1 CORINTHIANS 4:14-21 | PASTOR CHUCK KLEINHESSELINK

Paul, A Spiritual Father

"I am not writing this to shame you, but to warn you, as my dear children. Even though you have ten thousand guardians in Christ, you do not have many fathers, for in Christ Jesus I became your father through the gospel." (V. 14-15)

Paul, The Imitator

"Therefore, I urge you to imitate me. For this is the reason I am sending to you Timothy, my son whom I love, who is faithful in the Lord. He will remind you of my way of life in Christ Jesus, which agrees with what I teach everywhere in every church." (V. 16-17)

"Imitate me, as I also imitate Christ." (1 Corinthians 11:1)

"Therefore, be imitators of God as dear children..." (Ephesians 5:1)

The Imitation of Christ – Thomas 'a Kempis

"Peace is not found by escaping temptations, but by being tried by them."

Paul and The Kingdom of God

"For the kingdom of God is not a matter of talk but of power." (V. 20)

Paul says, "You Choose!"

"What do you prefer? Shall I come to you with a whip, or in love and with a gentle spirit?" (V. 21)

The Belgic Confession – Article 29

"The true church can be recognized if it has the following marks: The church engages in the pure preaching of the gospel; it makes use of the pure administration of the sacraments as instituted as Christ instituted them & it practices church discipline for correcting faults..."

DISCUSSION QUESTIONS:

- 1. Paul writes not to shame but to warn or admonish. Why is it hard to receive a word of warning or admonishment?**
- 2. What is the difference between spiritual fatherhood and spiritual guardians?**
- 3. How do we imitate Jesus Christ?**
- 4. How do we demonstrate spiritual power which is kingdom founded?**