

THE TEAM

INTERIM LEAD PASTOR | DANNY MARTINEZ | DANNY@LYNDENFRC.ORG
 PASTOR OF CONGREGATIONAL LIFE | CHUCK KLEINHESSELINK
 PASTOR OF LEADERSHIP DEVELOPMENT & MISSIONS | PHIL STEVENSON | PHIL@LYNDENFRC.ORG
 DIRECTOR OF CHURCH OPERATIONS & CARE | LISE JAMISON | LISE@LYNDENFRC.ORG
 PASTORAL RESIDENT OF YOUTH MINISTRIES | CADEN TARRELL | CADEN@LYNDENFRC.ORG
 DIRECTOR OF CHILDRENS MINISTRIES | CARLA HARKNESS | CARLA@LYNDENFRC.ORG
 BIRTH TO PREK COORDINATOR | ANDRIA MARTIN | ANDRIA@LYNDENFRC.ORG
 CONGREGATIONAL LIFE | DEBBIE ROTTIER | DEBBIEROTTIER@YAHOO.COM
 DIRECTOR OF TECHNOLOGY & MEDIA | BLAKE REID | BLAKE@LYNDENFRC.ORG
 SECRETARY | JAIME SMITH | JAIME@LYNDENFRC.ORG
 BOOK KEEPER | YVONNE VANDALEN | YVONNE@LYNDENFRC.ORG
 KIDS CABOOSE PRE-SCHOOL | MARISSA CRAMER | PRESCHOOL@LYNDENFRC.ORG
 CUSTODIAN | MAXINE TELLEFSEN

FRC LEADERSHIP

ELDERS

PHIL DYKSTRA | COREY JAMISON
 LADD TJOELKER | DAVE PIMBLETT | JOHN
 VAN DALEN III | JERRY ROETCISOENDER

DEACONS

MARSHALL NORMAN | SCOTT SMIT
 DAN VANBEEK | DARREN KORTHUIS
 BRETT VANWEERDHUIZEN | RYAN HEERINGA

MAIN OFFICE HOURS

M-TH | 8:30 AM - 4:00 PM

PLEASE USE ALLEY RAMP DOOR

CONTACT US

PH: 360.354.4221

FAX: 360.354.7599

OFFICE@LYNDENFRC.ORG

LOCATION

610 GROVER ST.

LYNDEN WA 98264

We'll update this information regularly and encourage everyone to remember and honor our seniors with a visit or other forms of communion. Call us with updates you may know, but understand we only provide life updates given by individuals or family.

Riverview Senior Apartments: Alberta DeKam

Meadow Greens: Beverly Gish, Joanne Otter, Barb Wester, Glenda Polinder, Gayle DeGroot

Lynden Manor: Kathy Atneosen, Tracy DeBoom, Helen Taylor

Christian Healthcare Center: Bobbie VanderPloeg

Adult Care Lynden: Lonnie VanderPol

Among Friends Adult Family Home: Joan Longstreth

Avista Senior Living: (2240 Main St. Rm. 132, Ferndale, 98248) - Gerrit Kuiken

Mickie Kingma: (20926 88th Pl W, Edmonds, WA 98026)

The Bellingham at Orchard: (848 West Orchard Drive, Bellingham, 98225) Rm 10 - Teri Hilt

Gloria Harrison: (801 Aaron Dr. Unit 406, Lynden, WA 98264)

CONNECT

SENIORS UPDATE

PRAYER & PRAISE

WEEKLY PRAYER AFTER SERVICE

We would love to have you join us! There will be prayer time today after the service in the **Adult Library**. We will be praying over our church and for spiritual growth within our church body.



SUNDAYS

10:00 AM

WELCOME TO FIRST REFORMED CHURCH!

GET TO KNOW MORE ABOUT US BY SCANNING THE CODE!



6.21.26

CONNECT ■ GROW ■ SERVE ■ GO



DATES COMING UP**June 28 | Installation of our new Leadership Team****June 28 | Missionary Update! - After Service****July 6-9 | FRC VBS!****July 15 | Kickball Tournament at Schoolyard Park - 5:30 PM****FRC SUMMER READING CHALLENGE!**

Have you checked out our Libraries? This summer, starting now - August 30, FRC is encouraging you to join in on our reading challenge. Simply check out and read any book from our libraries, complete and cut out a ticket (found in the libraries), drop it in the drop box. We'll let you know once you've earned your reward!

TANZANIA PRAYER REQUESTS

Please pray for our Tanzania Mission team as they travel to Tanzania, asking God for safe travels and protection from illness throughout the trip. Pray that He would give each team member open hearts, willing hands, and a servant's spirit as they participate in the various projects ahead. Also pray that they would be an encouragement and blessing to Nathan and Emily, and that God would use them to share His love with the boys at the soccer camp. The team will be traveling June 18 - July 3.

CALEB EVENT - SAVE THE DATE!

Our Caleb group (ages 60+) is heading to enjoy The Sound of Music presented by Fourth Corner Theater on Thursday evening, **June 25** at the **Judson Hall Auditorium** (516 Main Street, Lynden). The show begins promptly at 7:00 PM, and tickets are just \$10 per person at the door. No need to sign up, just meet at Judson Hall. Join us for a wonderful evening of music, laughter, and great company!

MISSIONARY UPDATE!

Join us on **June 28** right after the service in the **Daybreak room**. Justin and Kaci Korthuis will be sharing more about their mission as they head to Costa Rica.

VBS - SAVE THE DATE!

Get ready for an exciting week at Vacation Bible School! All K-5th graders are invited to join us **July 6-9, 9:00-11:30 AM**, here at FRC for a fun-filled week. Kids will enjoy engaging Bible stories, music and dance, arts and crafts, games, and snacks. We can't wait to welcome everyone for an unforgettable week together! This event is free and open to all. If you have any questions, please email Carla@lyndenfrc.org. To register scan the QR code.

Volunteers needed! Contact Carla if you are interested in volunteering for this wonderful event!

**PARENTS OF SOON TO BE KINDERGARTENERS**

If you have a child who will be entering kindergarten this fall and recently completed our Sunday morning PreK class, Andria has a special graduation gift for them! If you have not received it yet, please connect with Andria. She would love to celebrate this milestone and bless your child as they finish PreK and begin this exciting new chapter. Your soon to be kindergartener is also now welcome to join you in the worship service on Sunday mornings! If you have any questions, please email Andria@lyndenfrc.org.

FRC ANNUAL KICKBALL & CHURCH POTLUCK!**Wednesday, July 15**

Join us at Schoolyard Park (622 Glenning St.) for an evening of food, fellowship, and kickball!

Dinner will be served at 5:30 PM, and kickball begins at 6:15 PM.

If you would like to play kickball, please sign up at the Connection Center or email Andria@lyndenfrc.org by **July 12!**

Please bring a dish to share and a lawn chair!

- Last names A-P: Side dish
- Last names Q-Z: Dessert

MINISTRY OVERVIEW**SUNDAYS**

NURSERY (BIRTH-2YRS) | TODAY AT 10:00AM |

Nursery

PreKIDS (3-PREK) | TODAY AT 10:00AM | L8-L6

PRAYER TIME 11:15AM | Adult Library

WEEKLY MINISTRY**THURSDAYS**

CROSSROADS - College & Career

Bible study | 7:00PM | Daybreak Room

6/21**The Nursery (Birth-2 Years) |**

Kirsten Allen, Shirley Rubbert, Lissa, Lyla, Greta & Thea Willemsen, Emersyn VanBeek

PreKIDS (3-PreK) | L8

Shelli & Abigail VanBeek, Josh & Lacey Simpson

Safety: Ethan Foote & Jarrod Karuza**Welcome |****Bell Tower:** Jordan & Brielle Beld

Side Aisle Ushers: Jerry & Brenda Roosma

Middle Aisle Usher: Fidelis Eze**Middle Lobby Hosts:** Mark Coppinger**Connection Center:** Lorinda Coppinger**Lower Lobby:** Dave & Shirley Rubbert**Balcony Usher:****Coffee |** Sadie Assink**Deacons |** Ryan Heeringa, Dan VanBeek**6/28****The Nursery (Birth-2 Years) |**

Karen & Trey Moorlag, April VanderHulst, Alena & Emeri Haan, Rachelle Timmer, Kristi & Kori VanderVeen

PreKIDS (3-PreK) | L8

Jessi, Wyatt & Estella Kamphouse, Meagan Rossi

Safety: Jeffrey Holtz**Welcome |****Bell Tower:** Jared & Shilo Ware

Side Aisle Ushers: Jerry & Julie Roetsisoender

Middle Aisle Usher: John Van Dalen**Middle Lobby Hosts:** Todd & Kari Olson**Connection Center:** Michelle McIlvoy**Lower Lobby:** Tad & Lisa VanderGriend**Balcony Usher:** Yvonne Van Dalen**Coffee |** Keven Tjoelker**Deacons |** Darren Korthuis, Scott Smit

A FRESH PERSPECTIVE: NAVIGATING MARRIAGE AND SINGLENES

Part 1: "The Gift of Your Current Season"

1 Corinthians 7:1-9 | Pastor Danny Martinez

Discussion Questions:

1. Paul refers to both marriage and singleness as a "gift" from God (v. 7). How does shifting your mindset to view your current season (whether you are single, married, widowed) as a purposeful gift from God change the way you approach your daily life and faith? (Read: Philippians 4:11-13; Ecclesiastes 3:1)
2. Paul loved his singleness and saw it as an advantage for the Kingdom of God, not a "waiting room" for marriage (vv. 7-8). If you are single, how can you uniquely leverage your time and energy for God right now? As a whole church family, how can we do a better job of celebrating and supporting singleness as a beautiful gift from God? (Read: 1 Corinthians 7:32-35; Matthew 6:33)
3. (For couples) In a culture that encourages us to focus on our own rights and what we can "take," Paul describes marriage as a radical practice of mutual giving (vv. 3-4). Where is it easiest for you to be selfish in your marriage, and what is one practical way you can out-serve and yield to your spouse this week? (Read: Ephesians 5:21, 33; Philippians 2:3-5)
4. (For couples) Paul teaches that healthy intimacy and affection in marriage act as a protective blessing against the temptations of the world (vv. 2, 5). In the busyness of life, work, and kids, it can be easy to drift apart. What is one intentional step you can take this week to intentionally prioritize emotional and physical connection with your spouse? (Read: Proverbs 5:18-19; Song of Solomon 4:9-10, 7:10)

Notes: