

THE TEAM

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 CUSTODIAN | MAXINE TELLEFSEN

FRC LEADERSHIP

ELDERS

PHIL DYKSTRA | COREY JAMISON  
 LADD TJOELKER | DAVE PIMBLETT | JOHN  
 VAN DALEN III | JERRY ROETCISOENDER

DEACONS

MARSHALL NORMAN | SCOTT SMIT  
 DAN VANBEEK | DARREN KORTHUIS  
 BRETT VANWEERDHUIZEN | RYAN HEERINGA

MAIN OFFICE HOURS

M-TH | 8:30 AM - 4:00 PM

PLEASE USE ALLEY RAMP DOOR

CONTACT US

PH: 360.354.4221

FAX: 360.354.7599

OFFICE@LYNDENFRC.ORG

LOCATION

610 GROVER ST.

LYNDEN WA 98264

We'll update this information regularly and encourage everyone to remember and honor our seniors with a visit or other forms of communion. Call us with updates you may know, but understand we only provide life updates given by individuals or family.

**Riverview Senior Apartments:** Alberta DeKam

**Meadow Greens:** Beverly Gish, Joanne Otter, Barb Wester, Glenda Polinder, Gayle DeGroot

**Lynden Manor:** Kathy Atneosen, Tracy DeBoom, Helen Taylor

**Christian Healthcare Center:** Bobbie VanderPloeg

**Adult Care Lynden:** Lonnie VanderPol

**Among Friends Adult Family Home:** Joan Longstreth

**Avista Senior Living:** (2240 Main St. Rm. 132, Ferndale, 98248) - Gerrit Kuiken

**Mickie Kingma:** (20926 88th Pl W, Edmonds, WA 98026)

**The Bellingham at Orchard:** (848 West Orchard Drive, Bellingham, 98225) Rm 10 - Teri Hilt

**Gloria Harrison:** (801 Aaron Dr. Unit 406, Lynden, WA 98264)

CONNECT

SENIORS UPDATE

PRAYER & PRAISE

Congratulations to:

Jordan and Tatum Wittenberg on the arrival of their precious baby boy,  
 Colston Thomas, born on May 31, 2026.  
 John and Lauren Van Dalen on the dedication of John Henry Van Dalen V.  
 Theron and Katlyn Vis on the baptism of Scottie Leona.



SUNDAYS  
10:00 AM

WELCOME TO FIRST  
REFORMED CHURCH!

GET TO KNOW MORE ABOUT  
US BY SCANNING THE CODE!



6.14.26

CONNECT ■ GROW ■ SERVE ■ GO

FRC | FIRST REFORMED  
CHURCH

**WELCOME OUR NEW LEADERS**

On Wednesday night, May 27 we held our annual congregational meeting. At that meeting our new Elders: Michael Kok and Tom Kok, and Deacons: James Allen and Tony Rossi were affirmed; our new budget for 2026-27 was approved. We also want to extend our heartfelt thanks to our outgoing Elder: John VanDalen III, and Deacons: Scott Smit and Ryan Heeringa for your years of service! We anticipate installation of our new leadership team on Sunday, June 28.

**WEEKLY PRAYER AFTER SERVICE**

Weekly prayer will resume after the service next Sunday in the Adult library.

**DATES COMING UP**

**June 28 | Missionary Update! - After Service**

**July 6-9 | FRC VBS!**

**TANZANIA CHILD SPONSORSHIPS**

Thank you to all of those who have decided to be a sponsor for a boy in Tanzania! If you would still like to sponsor, please contact Tricia Heeringa at 360.318.4490. Your sponsorship can be paid either online on the church's website (specify Tanzania in the fund dropdown and "sponsorship" in the memo) or via check to FRC. The sponsorships are a one time donation of \$150. Thank you for being a blessing to these boys! If you would like to pick up a prayer card for our team please go to the Connection Center where you find a basket of prayer cards. We are so grateful for your support.

**CALEB EVENT - SAVE THE DATE!**

Our Caleb group (ages 60+) is heading to enjoy The Sound of Music presented by Fourth Corner Theater on Thursday evening, June 25 at the Judson Hall Auditorium (516 Main Street, Lynden). The show begins promptly at 7:00 PM, and tickets are just \$10 per person at the door. No need to sign up, just meet at Judson Hall. Join us for a wonderful evening of music, laughter, and great company!

**MISSIONARY UPDATE!**

Join us on June 28 right after the service in the Daybreak room. Justin and Kaci Korthuis will be sharing more about their mission as they head to Costa Rica.

**VBS - SAVE THE DATE!**

Get ready for an exciting week at Vacation Bible School! All K-5th graders are invited to join us July 6-9, 9:00-11:30 AM, here at FRC for a fun-filled week. Kids will enjoy engaging Bible stories, music and dance, arts and crafts, games, and snacks. We can't wait to welcome everyone for an unforgettable week together! This event is free and open to all. If you have any questions, please email [Carla@lyndenfrc.org](mailto:Carla@lyndenfrc.org). To register scan the QR code.

Volunteers needed! Contact Carla if you are interested in volunteering for this wonderful event!

**CHURCH BBQ**

Join us for a Church BBQ **today at 12:00 PM** at Schoolyard Park (622 Glenning St.). Come enjoy a great afternoon together as we gather for lunch, games, and fellowship. Lunch and dessert will be provided.

**ATTENTION PARENTS OF 2ND GRADERS!**

Each year at FRC, we love gifting Bibles to our second graders as a special milestone in their faith journey. We had the joy of presenting Bibles this past Sunday! If your second grader wasn't able to attend and receive theirs, please reach out to [Carla@lyndenfrc.org](mailto:Carla@lyndenfrc.org) - she would be happy to make sure your child still gets their Bible.

**MINISTRY OVERVIEW****SUNDAYS**

NURSERY (BIRTH-2YRS) | TODAY AT 10:00AM | Nursery  
PreKIDS (3-PREK) | TODAY AT 10:00AM | L8-L6  
PRAYER TIME 10:00AM | Adult Library

**6/14****The Nursery (Birth-2 Years) |**

Emily, Eli & Livi VanWeerdhuizen,  
Kayla Cronk, Marissa, Tim, & Shawn  
Cramer

**PreKIDS (3-PreK) | L8**

Andria, Liv & Van Martin,  
Brittany Leach

**Safety:** Chris Leach & Mark Coppinger

**Welcome |**

**Bell Tower:** Glasby Family  
**Side Aisle Ushers:** Kristin Pimblett,  
Jill Davis

**Middle Aisle Usher:** Dave Pimblett  
**Middle Lobby Hosts:** Rich & Joanna  
Fullner

**Connection Center:** Kay VanDiest  
**Lower Lobby:** Steve & Lori Hortegas

**Balcony Usher:** Fidelis Eze

**Coffee |** Jada Tjoelker

**Deacons |** Marshall Norman, Brett  
VanWeerdhuizen

**WEEKLY MINISTRY****THURSDAYS**

CROSSROADS - College & Career  
Bible study | 7:00PM | Daybreak Room

**6/21****The Nursery (Birth-2 Years) |**

Rachelle Timmer, Karen Oostra, Lissa,  
Lyla, Greta & Thea Willemsen, Emersyn  
VanBeek

**PreKIDS (3-PreK) | L8**

Shelli & Abigail VanBeek, Josh & Lacey  
Simpson

**Safety:** Ethan Foote & Jarrod Karuza

**Welcome |**

**Bell Tower:** Jordan & Brielle Beld  
**Side Aisle Ushers:** Jerry & Brenda  
Roosma

**Middle Aisle Usher:** Monty & Heidi  
McDowell

**Middle Lobby Hosts:** Mark Coppinger  
**Connection Center:** Lorinda Coppinger  
**Lower Lobby:** Dave & Shirley Rubbert

**Balcony Usher:** Fidelis Eze

**Coffee |** Sadie Assink

**Deacons |** Ryan Heeringa, Dan VanBeek

## WHAT WE FORGET, WHAT HE REMEMBERS

1 Corinthians 6:12-20 | Pastor Danny Martinez

Do You Not Know \_\_\_\_\_? (V.12-14)

Do You Not Know the Cost Of \_\_\_\_\_  
\_\_\_\_\_? (V.16-18)

Do You Not Know how \_\_\_\_\_  
\_\_\_\_\_? (V.19-20)

## Discussion Questions:

1. How does the world's view of the human body and personal fulfillment differ from God's design? Read Romans 12:1-2. What does it look like practically to offer our bodies as a "living sacrifice" in our everyday lives?
2. In 1 Corinthians 6, Paul commands us to flee sexual immorality rather than just try to resist it. Read 2 Timothy 2:22. Why do you think God instructs us to run away from certain temptations, and what does "fleeing" look like in our modern, screen-filled culture?
3. It is easy to feel shame when discussing sexual purity, but God's message is one of immense value. Read 1 Peter 1:18-19. How does knowing that you were "bought with a price" change the way you view your own worth and your past mistakes?
4. The sermon reminded us that we often forget our identity, but Jesus never forgets us. Read Psalm 103:12-14. When you are struggling with "spiritual amnesia" and feeling disconnected from God, what are some practical ways to remember His grace and compassion toward you?

## Notes: