

Building Trust vs Destroying Trust

As we help our Four find the Jesus that loves them, it is important to understand ways to build trust vs destroying trust. Often this starts with a perspective shift. Remember, friendship with Your Four should be genuine and sincere. To move from destroying trust to building trust, recognize your weakness and pray for help to change.

This chart lists several ways to build trust vs destroy trust with Your Four as you go FOUR it:

Destroying Trust	Building Trust
<p>Defend When someone assumes negative things about us, we get defensive. It actually causes us to close our heart to the person who mistrusts us.</p>	<p>Pray for them When we catch ourselves getting defensive, we can silently ask God to soften our hearts and we can pray for them.</p>
<p>Bruise When we are not trusted, we feel personally offended. <i>“Why would you not trust me?”</i> Our ego is bruised and we become reluctant to put our heart on the line again.</p>	<p>Learn from them Instead of cringing and feeling bruised by their mistrust, we must lean into them and learn. Be present with people and listen to them, seeking to understand their uniqueness.</p>
<p>Avoid When people act weird when they find out we are a Christian, we distance ourselves. We become numb and indifferent. We stop caring.</p>	<p>Bond with them in love Spend intentional time with them. Instead of avoiding, we can take purposeful kingdom steps forward to be with them. Jesus displaced himself for us, we can do the same for others.</p>
<p>Judge Out of feelings of hurt, and out of pride, some lash back with a condescending attitude.</p>	<p>Affirm them for their value Looking for real good in the other and affirm it. We can combat our tendency to judge others by looking for good in people and affirming it.</p>
<p>Argue When others react to the fact that we are a Christian, we receive their distrust as a challenge. We get into a competitive mindset and don’t want to lose. We think we are actually serving them, helping them towards Jesus, but often this actually works to derail their journey of faith.</p>	<p>Welcome them into deeper experience <i>“Come and see”</i> is one of the most authentic, transparent gifts we can give. Our lives become transparent to those we invite in to join us.</p>