
GROUP MEETING FORMAT

CONNECT: (15–30 MIN)

This is when the group connects relationally with one another. This moves people from thinking about family and work to being fully present with the group.

- **Food:** Give time to get snacks, chat, warm up to the environment and each other.
- **Icebreaker:** Use questions that help people connect naturally.
- **Story Cards:** You can borrow a box of Story Cards anytime.
- **Personal/Group Check-In:** Ask the group to share highs/lows from the week since your last meeting.

LEARN: (40–50 MIN)

This is when you discuss the purpose of your time together — whether that is a study, activity, or video. These practices help groups achieve authentic community, spiritual growth, and help people take responsibility for their own growth.

- **Stay Connected:** Prioritize everyone's growing relationship with Jesus Christ.
- **Cultivate Relationships:** Connect relationally through growing spiritually.
- **Share Ownership:** Delegate tasks such as scheduling, facilitating discussions, snacks, socials, or finding service projects.
- **Provide Care:** Be aware of what is going on in the lives of the group members and how the group can come alongside each other.

APPLY & PRAY: (15–30 MIN)

This is when you ask the group, "What is one thing you will take away from what we discussed today?" and "How can we pray for one another?"

- **Application:** Discuss how to apply your group discussion and how God may be at work in the group member's lives.

- **Prayer:** Give an opportunity to pray for one another individually. This creates intentionality around requests and helps the group stay focused on building community.