



WORKSHOP SPEAKER

Aaron Chong

Aaron Chong is the Youth Director of Youth Force at Charis Community Church in Cheras. With a background in law and business, he holds a Law degree and an MBA from the UK. He is presently pursuing a Master of Divinity at the Bible College of Malaysia, where he continues to deepen his theological understanding and heart for ministry.

His calling and passion is to raise a Christ-centered young generation who loves God more than they love the world by teaching them to think biblically, love sacrificially and live by the leading of the Holy Spirit.

THE STUDENT SURVIVAL GUIDE

Thriving Instead of Just Getting Through

THE STUFF WE DON'T TALK ABOUT

Processing hurt, disappointment and healing.

BUILT DIFFERENT

You weren't made to copy others, discover how God designed you to lead!



WORKSHOP SPEAKER

Ar Ho Kien Keong

Ho Kien Keong is Founding Director of Konzeptse Asia, an architectural firm with major projects in Malaysia that has expanded into Australia and Cambodia. Married to Ivy with 4 children and 5 grandchildren, he is passionate about strong families, serving as a founding board member of Focus on the Family Malaysia since 1997. An elder at FGA, he is committed to raising and mentoring the next generation of leaders in both church and marketplace.

THE SANDWICH SQUEEZE

Finding Clarity, Conviction and Courage in a Crowded Life

Work demands. Family responsibilities. Church commitments.

Many of us feel squeezed between competing expectations — doing more, yet never feeling like enough.

This practical workshop tackles one of the greatest challenges facing modern adults: how to navigate work, family and ministry faithfully without sacrificing health, relationships, purpose or peace.

Through biblical principles and real-life experience, participants will learn to identify priorities, set healthy boundaries, make wiser decisions and live from intentionality rather than exhaustion.



WORKSHOP SPEAKER

Peter Hong

Peter Hong is a former healthcare CEO with over 30 years of leadership experience across Malaysia, Singapore, and Indonesia. He previously served as Group CEO of Ramsay Sime Darby Health Care and has held senior leadership positions in multinational and regional organizations.

Peter is passionate about integrating faith, leadership and everyday life.

Having journeyed through seasons of career success, job transitions, personal challenges, health struggles and retirement, he brings a practical and authentic perspective on identity, purpose and God's faithfulness through life's changing seasons.

Today, Peter is actively involved in marketplace ministry, mentoring leaders and encouraging Christians to discover God's calling beyond titles, achievements and career milestones.

FINISHING STRONG

God's Purpose Beyond Retirement

Retirement is more than the end of a career — it is the beginning of a new season of purpose. Yet many struggle with questions of identity, significance, relationships and what comes next.

Drawing from personal experience and biblical principles we explore how God often uses this season to reconnect us to Himself, our loved ones and His calling.

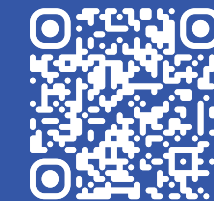
Discover how to navigate retirement with faith, purpose and confidence as you finish strong and continue bearing fruit.

FROM SURVIVING TO THRIVING

Identity and Worth Beyond Your Job Title

Who are you when your job title, position, or achievements no longer define you? In a world where identity is often tied to success and performance, life transitions can leave us feeling uncertain and lost.

Through personal stories, practical insights, and biblical truth we will learn how God builds an identity that can withstand success, failure, career changes and retirement. Learn how to move from merely surviving life's transitions to thriving with confidence, purpose and lasting significance.



SCAN TO REGISTER

NURTURING FAITH IN THE HOME

Engaging the Generational Questions

Every generation asks its own questions about life, identity, purpose, and faith. Today's children and grandchildren are growing up amid shifting values and a changing view of faith, leaving many parents and grandparents wondering not just how to teach faith, but how to spark conversations that help the next generation embrace it for themselves.

This practical session explores how older generations can influence and nurture faith within their families. Through biblical wisdom and real-life experience, participants will better understand the questions younger generations are asking — and how to respond with grace, wisdom, and love.

WORKSHOP SPEAKER

Hooi Kok Mun



Kok Mun is currently a Senior Partner with a Global 6 International Accounting Firm based in Kuala Lumpur. He sits on the Firm's Executive Committee (ExCom) and is currently the National Audit Practice Leader who oversees the Audit & Assurance Department. He is a senior partner with extensive expertise in client relationship management, regulatory compliance, and risk management. He has proven ability to apply strategic planning and leadership skills to drive business development and ensure regulatory adherence. He is focused on leveraging financial acumen and governance to foster sustainable growth and innovation.

START SMART

Your first steps to Financial Well-being

In March 2026, Deputy Finance Minister Liew Chin Tong revealed that about 40% of **Buy Now Pay Later** (BNPL) transactions in Malaysia are made by youths — highlighting a worrying dependence on debt for daily needs. Many young adults spend on depreciating assets, fall into unmanageable debt, or quit jobs without considering their finances. Join us as we lay a strong foundation for campus and working young adults on financial freedom — both biblical and practical.

- you'll learn...*
- How to prioritise spending from the income that you earn
 - The effect of compounding interest both in savings and spending
 - Budgetary Skills with Simple tools
 - To be content and happy with God's providence.

ADDITIONAL INFORMATION & DISCLAIMERS

No childcare is provided during this weekend event. The organiser reserves the right to change any published detail without prior notice. At this event, photos and videos may be recorded. By attending this event, you may be included in these photos and videos. Your attendance at this event grants your permission to be in these photos or videos, which may be used for educational, archival or promotional purposes.

For any enquiries, please email unstoppable@metrotab.org

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UNSTOPPABLE 2026 STOP PABLE Weekend

FRIDAY-SUNDAY
14-16 AUGUST

FRIDAY	14 th AUG	8PM
SATURDAY	15 th AUG	9AM-5PM
SUNDAY	16 th AUG	1.30-5PM

We're bringing the whole church family together — young and old

— over a weekend you won't want to miss!

Expect powerful worship, prayer, and teaching across three main sessions, plus 12 workshops packed with practical topics for every stage of life.

Whether you're looking to grow in your faith, build real connections, or find fresh direction for your work, ministry or family — there's something here for everyone.

Come ready to be encouraged, equipped and fired up!

earlybird

BEFORE 19 JULY 2026

50

AFTER 19 JULY 2026

70 STUDENTS / RETIREES

100 REGULAR MEMBERS

Saturday 15 August

GALA Hi-Tea

3.30-5pm



PLENARY SPEAKER

Ps BRUCE HILLS

Pastor Bruce has been in full-time Christian ministry for over 42 years, bringing a wealth of experience and wisdom. Ordained with the Australian Christian Churches (formerly AOG), he is known and respected around Australia for his prophetic and insightful preaching." For nine years (2000–2009), he pastored one of Australia's largest churches in Brisbane. From 2010–2026, Bruce served with World Outreach, a mission agency in over 30 countries, holding roles as Leadership Development Director and International Director. In 2026, he stepped back into itinerant ministry and consultation for local churches. Bruce and his wife Fiona, married 43 years, live in Melbourne with three grown children and four grandchildren.



SCAN TO REGISTER

Schedule

Friday | 14 August

REGISTRATION	7:15pm – 8.00pm
WELCOME	8.00pm – 8.30pm
PLENARY 1	8.30pm – 10.00pm

Saturday | 15 August

REGISTRATION	9.00am – 9.30am
PLENARY 2	9.30am – 11.00am
TEA BREAK	11.00am – 11.30am
WORKSHOP 1	11.30am – 1.00pm
LUNCH	1.00pm – 2.00pm
WORKSHOP 2	2.00pm – 3.30pm
GALA HI-TEA	3.30pm – 5.00pm

Sunday | 16 August

SERVICE	10am
WORKSHOP 3	1.30pm – 3.00pm
TEA BREAK	3.00pm – 3.30pm
PLENARY 3	3.30pm – 5.00pm



WORKSHOP SPEAKER

Rajen Devadason

Rajen Devadason attends Agape Community Church in Seremban. He is a licensed financial planner with Manulife Investment Management (M) Berhad, and the founder and CEO of Malaysia-based consultancy RD WealthCreation Sdn Bhd. In Agape, he serves in the Children's Church, Choir and Connect Group ministries.

Rajen is a Certified Financial Planner or CFP who helps his clients thrive in retirement. He has a BSc (Honours) in Physics and Computing from King's College, University of London; is a member of British MENSA; has authored or co-authored 10 books; and writes the weekly 'Money Thoughts' column for the New Sunday Times.

SPEND, SAVE OR INVEST?

Rethinking Experience vs Equity in Midlife

Torn between enjoying life today and securing your finances for tomorrow? You're not alone.

In this practical workshop, we cover spending guidelines, simple savings habits, and the basics of EPF and portfolio building. Walk away knowing how to fund the experiences you love while growing your wealth — grounded in biblical wisdom and trust in God's provision.

FINANCIAL CONFIDENCE IN YOUR GOLDEN YEARS

Managing Your Nest Egg with Purpose

Your golden years should feel golden — full of family, travel, purpose and peace. This jargon-free workshop shares practical wisdom on making your nest egg last: steady passive income, withdrawal pacing and the right mix of growth and safety.

Leave confident that, with purposeful planning, your savings can support the retirement you desire — built on God's unfailing faithfulness.

CONNECTED YET ALONE

Building Real Relationships in a Digital World

Connected to everyone, but feeling distant from someone? In a world of endless notifications, why do so many young adults still feel lonely? Join us as we explore how to move beyond likes, follows, and surface-level conversations to build genuine friendships, meaningful relationships, and a stronger sense of belonging.

you'll learn...

- Why loneliness is rising in the digital age.
- Barriers to authentic connection.
- Practical skills for deeper relationships.
- Healthy digital habits that strengthen real-life connections.

THE MENTAL EMOTIONAL TOOLBOX FOR RESILIENCE BUILDING

Life doesn't come with an instruction manual — but resilience can be learned.

Whether you're dealing with stress, anxiety, setbacks, relationship challenges, or uncertainty about the future, this workshop will equip you with practical tools to manage emotions, navigate difficulties, and bounce back strategies.

you'll learn...

- How resilience really works.
- Tools to manage stress and emotions.
- Healthier coping strategies.
- Ways to build emotional strength and wellbeing.

WORKSHOP SPEAKER

Dr Yeo Pei Li

Dr. Yeo Pei Li is a counselor, educator, clinical supervisor, and mental health trainer with over 20 years of experience in mental health, relationships, trauma recovery, and emotional wellbeing. She holds a Doctorate in Counselor Education and Supervision, serves as Dean of Counselling Studies at AOIC, and is President of NACC Malaysia.

Passionate about helping people flourish emotionally, relationally, and spiritually, Dr. Yeo is known for her engaging, practical, and relatable approach to mental health. She enjoys equipping young adults with tools for resilience, meaningful relationships, and navigating life's challenges with confidence and hope.



PLENARY SESSIONS

Ps BRUCE HILLS

Fri, 8.30pm | Sat, 9.30am | Sun, 3.30pm

WORKSHOP 1
Sat, 11.30am – 1pm

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Aaron Chong

CONNECTED YET ALONE:
Building Real Relationships in a Digital World
Dr Yeo Pei Li

SPEND, SAVE OR INVEST?
Rethinking Experience vs Equity in Midlife
Rajen Devadason

FINISHING STRONG
God's Purpose Beyond Retirement
Peter Hong

WORKSHOP 2
Sat, 2pm – 3.30pm

THE STUFF WE DON'T TALK ABOUT
Processing hurt, disappointment, and healing
Aaron Chong

The Mental Emotional Toolbox for Resilience Building
Dr Yeo Pei Li

THE SANDWICH SQUEEZE
Finding Clarity Conviction and Courage in a Crowded Life
Ar Ho Kien Keong

FINANCIAL CONFIDENCE IN YOUR GOLDEN YEARS
Managing your Nest Egg with Purpose
Rajen Devadason

WORKSHOP 3
Sun, 1.30 – 3pm

BUILT DIFFERENT
You weren't made to copy others, discover how God designed you to lead!
Aaron Chong

START SMART
Your first steps to Financial Well-being
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FROM SURVIVING TO THRIVING
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NURTURING FAITH IN THE HOME
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