

metrotabernacle

# Love & Cherish

THE MARRIAGE COURSE



A 7-Week Marital Course  
That Will Revolutionise  
Your Marriage Forever



*The course taught us that a great marriage doesn't just happen,  
it has to be built intentionally and diligently, with God at the center of our union.*

*- Justin & Malisa Thomas*

COMMENCES ON **6<sup>TH</sup> JUNE 2026**

REGISTER OUTSIDE THE HALLS AFTER SERVICES | LIMITED AVAILABILITY

# A 7-Week Marital Course That Will Revolutionise Your Marriage Forever

## What is 2 Love & Cherish?

This Marriage Course is very practical; giving any married couple the tools to build a strong and healthy marriage that lasts a lifetime. Over seven evenings, couples talk about important issues that can get swept under the carpet in the rush of daily life.

During the course, couples will discover practical tools to help them:

- Understand Each Other's Needs
- Communicate More Effectively
- Grow Closer Through Resolving Conflict
- Heal The Ways They Have Hurt Each Other
- Recognise How Upbringing Can Affect Their Relationship
- Improve Relationship With Parents And In-Laws
- Develop Greater Sexual Intimacy
- Discover Each Other's Love Language & Much More!

## Who is it for?

The Marriage Course is for any couple, the young and old so that they can be enriched.

For those with a strong marriage, this course will help make it even better and will reinforce good habits. For couples with marriages that are in difficulty, the course will help provide very practical tools to help them work through the issues.



## What to Expect?

- Environment of Privacy.
- Practical talks that are informative and fun.
- Filmed clips of couples sharing their own experiences and street interviews from around the world are included.
- Private discussion time as a couple.
- Feel relaxed as group work is not required.
- Ideas & activities that help couple build on what they have learnt and also give them the opportunity to apply in their relationship.

## What Others have Said

*"This course helped us to identify areas for improvement and to understand each other better."*

*"We have a great marriage but even a greater marriage after this course. We have built quality marriage time into our weekly routine."*

*"Putting the FUN in marriage."*

*"Beyond being married for more than 30 years, this has helped us grow in greater appreciation & support for one another."*

*2 Love &  
Cherish*

Scan to Register



## OPEN TO ALL

FOR FURTHER ENQUIRY, PLEASE CONTACT: BRO RICHARD CHOW OR SIS EE LIN @ 011-5929 4389