



Lift Jesus Higher
Col 1:18 | John 12:32

INSTITUTE OF CHARISMATIC & BIBLICAL MINISTRIES

<https://metrotab.org/icbm/>

2026
TERM 3

YES! SIGN ME UP

NAME :

MOBILE NO. :

EMAIL :

TERM 3 Courses

1-DAY COURSES

- ☐ BOOK OF PHILEMON
- ☐ TRAVEL WITH PAUL IN MISSIONS
- ☐ TEEN - NEXT STEPS

2-WEEKEND'S COURSES

- ☐ CALLED TO LIVE AS DISCIPLES
- ☐ SOLUTION-FOCUSED BRIEF THERAPY (SFBT)

FOUNDATION COURSES

- ☐ NEW JOURNEY (FD1)
- ☐ NEW LIFESTYLE (FD2)
- ☐ NEW VICTORY (FD3)
- ☐ KNOW WHAT YOU BELIEVE

FOUNDATION COURSES

SUNDAY COURSES - COMMENCES 4TH OCTOBER

NEW JOURNEY (Foundation 1)

4 WEEKS | 1.30PM (1.5HRS)

The life of a Christian is not just about arriving at a destination; it is a journey of many steps, one after another. As we take these steps, we will establish a good foundation in our Christian walk.

NEW LIFESTYLE (Foundation 2)

5 WEEKS | 1.30PM (1.5HRS)

Learn how to walk in the will of God and experience the abundant life God promises. Discover the new priorities and purposes in your life.

NEW VICTORY (Foundation 3)

4 WEEKS | 1.30PM (1.5HRS)

Discover the keys to personal victory and a life of freedom. Learn how to be victorious through the Word and the power of God that is at work in you.

KNOW WHAT YOU BELIEVE

4 WEEKS | 1.30PM (2HRS)

Who am I and why am I here? What is God's purpose for my life and what are the unchanging truths I can live by? You need to find answers to these fundamental questions to live a purposeful and meaningful life. When you know what you believe and believe what you know, your life will be transformed.

This course is compulsory for those preparing for Water Baptism.

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1-DAY COURSES

BOOK OF PHILEMON

SUNDAY | 4th OCTOBER | 1.30-4.30pm

The Book of Philemon is the shortest of Paul's letters in the New Testament, spanning just 25 verses. Despite its brevity, it is a profound masterpiece of Christian ethics, interpersonal reconciliation, and the practical application of the gospel to social structures. Come and learn principles from the Book of Philemon on how we can be disciples of Christ in this world.



SCHOOL HOLIDAY SPECIAL

TEEN - NEXT STEPS

THURSDAY | 10th DECEMBER | 9.30am - 4.30pm

A fun and interactive seminar specially designed for our young teens (13-14 years old), with a pizza party and ice-cream slurp included. This course helps you begin and strengthen your identity and spiritual walk in Christ.

Topics include:

- o Special "Niche" (Relationship with God)
- o Dig In (God's Word)
- o Dial/Text Up (Prayer and Devotional Time)
- o Fire Up (Baptism in the Holy Spirit)

2 WEEKEND'S COURSE

CALLED TO LIVE AS DISCIPLES

SUNDAY | 11th - 18th OCTOBER | 1.30-4.30pm

As Jesus called the 12 disciples, we are called to be disciples and to make disciples as He did.

1. We will learn from Jesus' methods of selecting, nurturing, and reproducing disciples.
2. Engaging in a discipling culture as a Christian and as a church community is essential for Christlike development.



SOLUTION-FOCUSED BRIEF THERAPY (SFBT)

SATURDAY | 24th & 31st OCTOBER | 10.30am - 3.30pm

Solution-Focused Brief Therapy techniques include assertiveness, journaling, body awareness, the miracle question, scaling, chair techniques, and narrative therapy. Emphasizing individual strengths, emotional awareness, mindfulness, and gradual change, these methods foster self-exploration, stress management, and assertiveness. They highlight the importance of patience, self-compassion, and focusing on future solutions rather than past causes.

This course is beneficial for personal growth, people development, careers, and those who have a heart to chart a better future despite the past.



Dr. Evelyn Biles is an educator, international trainer, and the Founder and President of Global Mosaic International (GMI), a non-profit organization providing Christian leadership and counseling education worldwide. Born and raised in Beirut, Lebanon, she eventually moved to the United States, learning her Master of Arts and Doctor of Ministry (D.Min.) degrees from Regent University. With many years of experience, Dr. Biles focuses heavily on conflict management, human services counseling, and equipping global Christian communities—particularly in regions with limited educational access. In addition to her work with GMI, she has served as a faculty member at Regent University, teaches as an adjunct professor internationally, and founded the Counselling programme at Alpha Omega International College in Malaysia. She has helped churches and nations establish local lay counseling programs.

TRAVEL WITH PAUL IN MISSIONS

SUNDAY | 1st NOVEMBER | 1.30-4.30pm

Trace God's guidance in Paul's missionary endeavours, discover the challenges of the mission field, and be amazed at the extended impact of missions.

