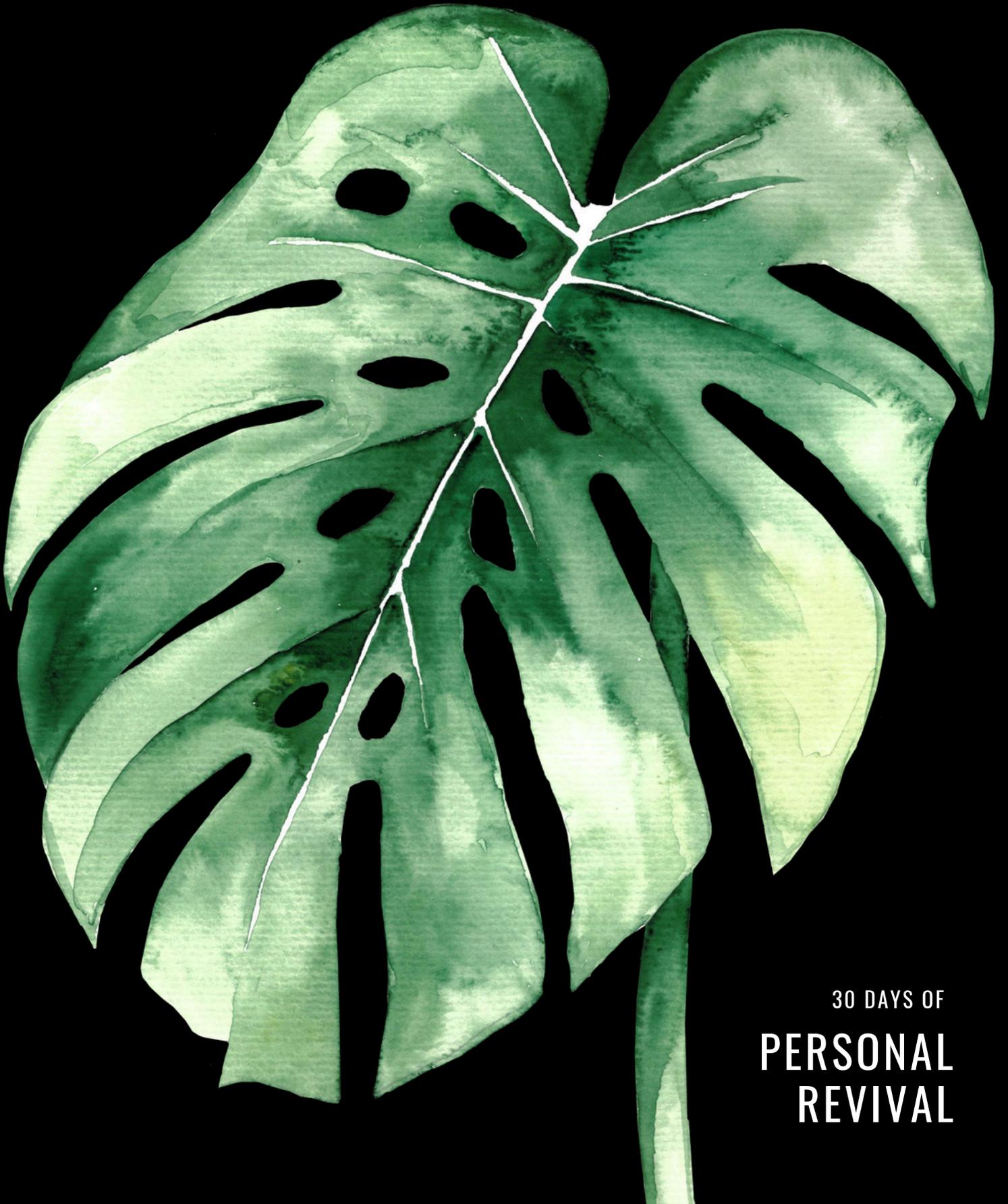


I S A I A H 5 8



30 DAYS OF
**PERSONAL
REVIVAL**

30 Days of Personal Revival

A Joyous Journey Through Isaiah 58

Welcome to this sacred 30-day journey. We are not merely giving up food or distractions; we are making room for the Gardener to tend the soil of our hearts. **Isaiah 58 will be the foundational passage for this year's fast**—showing us that the fast God chooses is one that brings **justice** and **mercy**.

As we begin, take a moment to write down your commitment here:

What will I be fasting? _____

The Plan:

Our journey begins on **March 5th** and runs for 30 days, culminating on **Good Friday, April 3rd**. We will break the fast together at our **Good Friday Service at 5:30 PM**.

This journey is a deliberate, daily discipline to re-center our lives on God's presence and purpose. This is more than a spiritual diet. It is an intentional time to create space for God to work. We are focusing on removing the "yoke" of things that oppress our spirit or distract us from **mercy** and **justice**, and **delight in the Lord**.

Foundational Passage: Isaiah 58

The prophet Isaiah confronts religious people who perform the ritual of fasting while their hearts are far from God. Their fast is rejected because it is self-serving, leading to quarrels and oppression. **The heart teaching of Isaiah 58 is that true, acceptable fasting is an act of justice and mercy.**

The fast God chooses is defined by outward acts of selfless love:

- **Loosing bonds of wickedness** and breaking yokes (**justice**).
- **Sharing bread with the hungry** and bringing the poor into your home (**mercy**).
- **Resting and delighting in the Lord** (**reverence/worship**).

When we fast this way—with a heart for others—God promises light, healing, guidance, strength, and that we will be called "the repairer of the breach, the restorer of streets to dwell in."

Our Foundation Scripture: Isaiah 58 (ESV)

Now read Isaiah 58 in full, slowly, letting it water your spirit like spring rain:

“Cry aloud; do not hold back; lift up your voice like a trumpet; declare to my people their transgression, to the house of Jacob their sins. Yet they seek me daily and delight to know my ways, as if they were a nation that did righteousness and did not forsake the judgment of their God; they ask of me righteous judgments; they delight to draw near to God. ‘Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?’ Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?

Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry, and he will say, ‘Here I am.’ If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday. And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail. And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.

If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the Lord honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; then you shall take delight in the Lord, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the Lord has spoken.”

Week 1: Breaking Chains of Injustice (Days 1–7)

Theme Prayer Focus: Father, like rain awakening a sleeping garden, loose every chain in our lives. Help us share Your love with the hungry and vulnerable, blooming justice and mercy.

Day 1 – Thursday, March 5, 2026

Today's Focus: Religious routine without heart change

Key Scripture:

“Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?’ Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?” (Isaiah 58:3–6 ESV)

“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.” (Matthew 6:16–18 ESV)

Day 2 – Friday, March 6, 2026

Today's Focus: Oppression or unforgiveness I hold or tolerate

Key Scripture:

“Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?” (Isaiah 58:6 ESV)

“For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.” (Galatians 5:1 ESV)

Day 3 – Saturday, March 7, 2026

Today's Focus: Judging or controlling others

Key Scripture:

“Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?” (Isaiah 58:6 ESV)

“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the year of the Lord's favor.” (Luke 4:18–19 ESV)

Day 4 – Sunday, March 8, 2026

Today's Focus: Addictions or strongholds in my life

Key Scripture:

“Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?” (Isaiah 58:6 ESV)

“So if the Son sets you free, you will be free indeed.” (John 8:36 ESV)

Day 5 – Monday, March 9, 2026

Today's Focus: Selfishness with resources/time

Key Scripture:

“Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?” (Isaiah 58:7 ESV)

“For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me... Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.” (Matthew 25:35–36, 40 ESV)

Day 6 – Tuesday, March 10, 2026

Today's Focus: Indifference to those in need

Key Scripture:

“Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?” (Isaiah 58:7 ESV)

“Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares.” (Hebrews 13:2 ESV)

Day 7 – Wednesday, March 11, 2026

Today's Focus: Neglecting compassion for the vulnerable

Key Scripture:

“Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?” (Isaiah 58:7 ESV)

“If a brother or sister is poorly clothed and lacking in daily food, and one of you says to them, 'Go in peace, be warmed and filled,' without giving them the things needed for the body, what good is that? So also faith by itself, if it does not have works, is dead.” (James 2:15–17 ESV)

Week 2: Becoming Repairers & Restorers (Days 8–14)

Theme Prayer Focus: Heavenly Gardener, like seeds pushing through soil, help us rebuild what was broken. Raise us as repairers, restoring paths for joyful walking in Your light.

Day 8 – Thursday, March 12, 2026

Today's Focus: Blindness to the "gaps" or divisions in my life, relationships, or community caused by sin, neglect, or injustice.

Key Scripture:

“And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.” (Isaiah 58:12 ESV)

“Then I said to them, 'You see the trouble we are in, how Jerusalem lies in ruins with its gates burned. Come, let us build the wall of Jerusalem, that we may no longer suffer derision.' ” (Nehemiah 2:17 ESV)

Day 9 – Friday, March 13, 2026

Today's Focus: Discouragement or resignation over "ruined" areas of my past (habits, dreams, faith foundations) that seem too broken to fix.

Key Scripture:

“And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.” (Isaiah 58:12 ESV)

“I will restore to you the years that the swarming locust has eaten, the hopper, the destroyer, and the cutter, my great army, which I sent among you.” (Joel 2:25 ESV)

Day 10 – Saturday, March 14, 2026

Today's Focus: Compromise or erosion of biblical truths and godly principles in my life or family line.

Key Scripture:

“And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.” (Isaiah 58:12 ESV)

“If the foundations are destroyed, what can the righteous do?” (Psalm 11:3 ESV)

Day 11 – Sunday, March 15, 2026

Today's Focus: Division, offense, or unresolved conflict that has created a "breach" between me and others (or between people and God).

Key Scripture:

“And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.” (Isaiah 58:12 ESV)

“For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility.” (Ephesians 2:14 ESV)

Day 12 – Monday, March 16, 2026

Today's Focus: Chaos, distractions, or wrong "paths" in my daily life that make it hard for me (or others) to dwell securely in God's presence.

Key Scripture:

“And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.” (Isaiah 58:12 ESV)

“Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.” (Proverbs 3:5–6 ESV)

Day 13 – Tuesday, March 17, 2026

Today's Focus: Busyness or self-reliance that prevents true rest and renewal, blocking God's restorative work.

Key Scripture:

“If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the Lord honorable; if you honor it, not going your own

ways, or seeking your own pleasure, or talking idly; then you shall take delight in the Lord, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the Lord has spoken.” (Isaiah 58:13–14 ESV)

“So then, there remains a Sabbath rest for the people of God, for whoever has entered God’s rest has also rested from his works as God did from his.” (Hebrews 4:9–10 ESV)

Day 14 – Wednesday, March 18, 2026

Today’s Focus: Self-focus that keeps me from stepping into my God-given role to rebuild and restore for others.

Key Scripture:

“And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in.” (Isaiah 58:12 ESV)

“All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation.” (2 Corinthians 5:18–19 ESV)

Week 3: Delighting in the Lord (Days 15–21)

Theme Prayer Focus: Loving Father, like flowers turning to the sun, teach us to delight in You. Water our souls with satisfaction, strength, and guidance, blooming eternal joy.

Day 15 – Thursday, March 19, 2026

Today’s Focus: Looking to food, entertainment, or achievements for fulfillment instead of God.

Key Scripture:

“And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.” (Isaiah 58:11 ESV)

“Delight yourself in the Lord, and he will give you the desires of your heart.” (Psalm 37:4 ESV)

Day 16 – Friday, March 20, 2026

Today's Focus: Spiritual dryness or self-reliance that leaves me parched.

Key Scripture:

“And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.” (Isaiah 58:11 ESV)

“But whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life.” (John 4:14 ESV)

Day 17 – Saturday, March 21, 2026

Today's Focus: Weariness, burnout, or depending on my own energy.

Key Scripture:

“And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.” (Isaiah 58:11 ESV)

“But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.” (Isaiah 40:31 ESV)

Day 18 – Sunday, March 22, 2026

Today's Focus: Self-directed decisions or ignoring God's gentle leading.

Key Scripture:

“And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.” (Isaiah 58:11 ESV)

“I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you.” (Psalm 32:8 ESV)

Day 19 – Monday, March 23, 2026

Today's Focus: Neglecting areas of my life or others' lives that are spiritually barren.

Key Scripture:

“And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.” (Isaiah 58:11 ESV)

“The wilderness and the dry land shall be glad; the desert shall rejoice and blossom like the crocus.” (Isaiah 35:1 ESV)

Day 20 – Tuesday, March 24, 2026

Today's Focus: Barrenness in my spiritual fruitfulness or relationships.

Key Scripture:

“And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.” (Isaiah 58:11 ESV)

“They shall come and sing aloud on the height of Zion, and they shall be radiant over the goodness of the Lord, over the grain, the wine, and the oil, and over the young of the flock and the herd; their life shall be like a watered garden, and they shall languish no more.” (Jeremiah 31:12 ESV)

Day 21 – Wednesday, March 25, 2026

Today's Focus: Treating holy things (Sabbath, worship, devotion) as routine instead of delightful.

Key Scripture:

“If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the Lord honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; then you shall take delight in the Lord, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the Lord has spoken.” (Isaiah 58:13–14 ESV)

“You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.” (Psalm 16:11 ESV)

Week 4: Experiencing Breakthrough & Honor (Days 22–30)

Theme Prayer Focus: Glorious God, like dawn breaking over a blooming garden, let Your light rise in us. Heal, guard, and honor us as we cry to You in joyful expectation.

Day 22 – Thursday, March 26, 2026

Today's Focus: Despair or hidden sin that keeps my path dark.

Key Scripture:

“Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard.” (Isaiah 58:8 ESV)

“Your word is a lamp to my feet and a light to my path.” (Psalm 119:105 ESV)

Day 23 – Friday, March 27, 2026

Today's Focus: Unhealed wounds (emotional, physical, relational) that I haven't surrendered.

Key Scripture:

“Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard.” (Isaiah 58:8 ESV)

“But for you who fear my name, the sun of righteousness shall rise with healing in its wings. You shall go out leaping like calves from the stall.” (Malachi 4:2 ESV)

Day 24 – Saturday, March 28, 2026

Today's Focus: Compromise that hinders God's protection and favor.

Key Scripture:

“Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard.” (Isaiah 58:8 ESV)

“The wicked earns deceptive wages, but one who sows righteousness gets a sure reward.” (Proverbs 11:18 ESV)

Day 25 – Sunday, March 29, 2026

Today's Focus: Fear of the past or unseen threats pursuing me.

Key Scripture:

“Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard.” (Isaiah 58:8 ESV)

“Then the angel of God who was going before the host of Israel moved and went behind them, and the pillar of cloud moved from before them and stood behind them.” (Exodus 14:19 ESV)

Day 26 – Monday, March 30, 2026

Today's Focus: Doubt that God hears or responds to my cries.

Key Scripture:

“Then you shall call, and the Lord will answer; you shall cry, and he will say, ‘Here I am.’ ”
(Isaiah 58:9 ESV)

“Call to me and I will answer you, and will tell you great and hidden things that you have not known.” (Jeremiah 33:3 ESV)

Day 27 – Tuesday, March 31, 2026

Today’s Focus: Isolation or feeling unseen by God.

Key Scripture:

“Then you shall call, and the Lord will answer; you shall cry, and he will say, ‘Here I am.’ ”
(Isaiah 58:9 ESV)

“When the righteous cry for help, the Lord hears and delivers them out of all their troubles.”
(Psalm 34:17 ESV)

Day 28 – Wednesday, April 1, 2026

Today’s Focus: Judgmental attitudes, blame, or oppression toward others.

Key Scripture:

“If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness...” (Isaiah 58:9 ESV)

“Judge not, that you be not judged. For with the judgment you pronounce you will be judged, and with the measure you use it will be measured to you.” (Matthew 7:1–2 ESV)

Day 29 – Thursday, April 2, 2026

Today’s Focus: Holding back generosity or self-sacrifice.

Key Scripture:

“If you pour yourself out for the hungry and satisfy the desire of the afflicted...” (Isaiah 58:10 ESV)

“Even if I am to be poured out as a drink offering upon the sacrificial offering of your faith, I am glad and rejoice with you all.” (Philippians 2:17 ESV)

Day 30 – Friday, April 3, 2026 (Good Friday)

Today's Focus: Any remaining resistance to God's full breakthrough in my life.

Key Scripture:

“Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry, and he will say, ‘Here I am.’ If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noonday. And the Lord will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail. And your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to dwell in. If you turn back your foot from the Sabbath, from doing your pleasure on my holy day, and call the Sabbath a delight and the holy day of the Lord honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; then you shall take delight in the Lord, and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of the Lord has spoken.” (Isaiah 58:8–14 ESV)

“When Jesus had received the sour wine, he said, 'It is finished,' and he bowed his head and gave up his spirit.” (John 19:30 ESV)

Conclusion and Celebration

Beloved, your garden is in full bloom. Bring your harvest of insights, answered prayers, and renewed joy to our **Good Friday Service at 5:30 PM**. We'll celebrate together what the Lord has done!