

this week

Sunday, March 15 - Spring Break Week

Guatemala & Utah Mission Trips, 14-20

- 8:30 a.m. Worship
- 9:40 a.m. Sunday Bible Study - All Ages
- 10:50 a.m. Worship
- 12:00 p.m. Student Praise Ringers
- 12:15 p.m. Stewardship Committee Meeting
- 4:00 p.m. Ladies Ensemble
- 4:30 p.m. Men's Ensemble
- 5:00 p.m. Evening Worship

Monday, March 16

- 10:00 a.m. Meals on Wheels
- 6:30 p.m. GriefShare, Men's Ministry Game Night
- 7:00 p.m. Conversation Cafe

Tuesday, March 17

- 10:00 a.m. Moms in Prayer
- 5:30 p.m. Momentum ABKA Karate

Wednesday, March 18

- 10:00 a.m. South Tulsa Preschool Playgroup

Thursday, March 19

- 10:00 a.m. Adult Game Day
- 12:00 p.m. Weaving Ministry
- 1:15 p.m. Precept-Daniel 2

Friday, March 20

- 1:00 p.m. Jeromy Ray Memorial Service
- 6:00 p.m. Faithbuilders SBS Class Fellowship

Saturday, March 21

- 8:00 a.m. Deacon's Meeting, Gideon's Meeting
- 9:00 a.m. Church-wide Security Training

NO WEDNESDAY FELLOWSHIP DINNER

March 18, 2026 - Spring Break

*"Know therefore that the Lord your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commandments."
~ Deuteronomy 7:9*



Sharing the Good News about Jesus in our community and around the world

10310 S Sheridan Rd | Tulsa, Oklahoma 74133
918.299.0904 | southtulsa.org

more

WELCOME GUESTS - We're glad you joined us! We would love to get to know you and/or pray for you. Fill out the form and submit prayer needs at southtulsa.info. If you're worshipping with us today, we invite you to stop by our Welcome Area for Guests, adjacent to the Welcome Center, after the service to meet a member of our team and receive a welcome gift.



STUDENT CHOIR/WORSHIP TEAM REHEARSALS - Students in grades 7-12 are invited to join us as we prepare to sing in both morning services (8:30 & 10:50 a.m.) on Easter Sunday. Rehearsals are on Wednesday evenings, March 25, and April 1 at 5:30 p.m. in the Student Room.

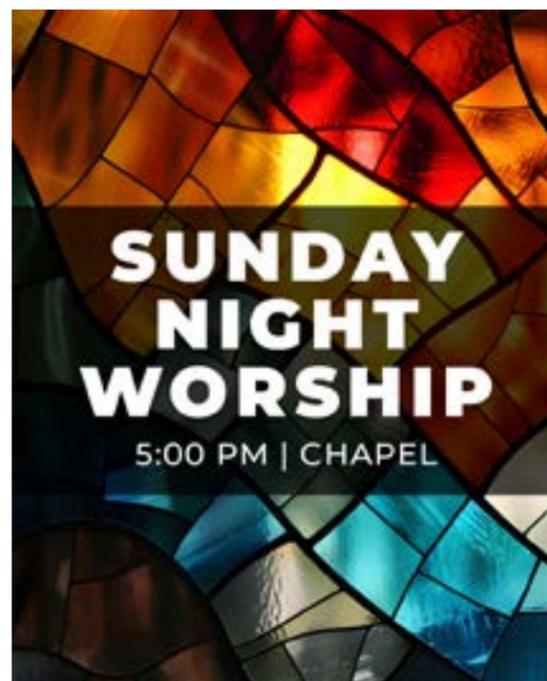
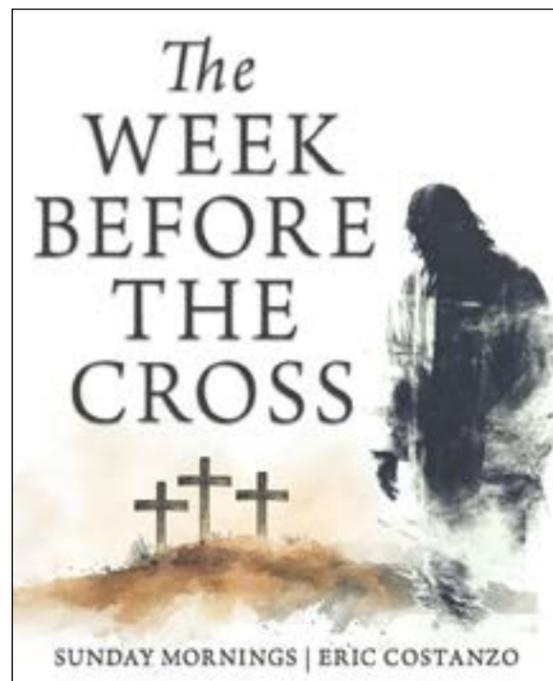
FOREVER FAMILY SUNDAY BIBLE STUDY - Join us on Sundays in the Pastor's Conference Room at 9:40 a.m. as we study the book of Romans - Paul's "Magnum Opus," or greatest work, containing the Roman Road, and more.

NEXT SUNDAY NIGHT - Join us in the Chapel at 5:00 p.m. on March 22 as we hear from our student missionary team ministering in Guatemala.

WEEKEND TO REMEMBER: TULSA, MARCH 27-29 - Weekend to Remember is a powerful, biblically grounded weekend retreat that helps couples reconnect, heal, and strengthen their marriage. Register now at weekendtoremember.com. Use group code "STBC" for additional discount.

SOUTH TULSA PHOTOGRAPHY TEAM - We are seeking individuals who enjoy taking photos to serve on our church photography team. If you would be interested in serving or learning more about serving on the team, please contact Kim Hayes at kim@southtulsa.org.

(For more information about upcoming events, please go to southtulsa.org.)



the channel

03.15.26

volume XXXVI, no. 11
southtulsa.org



8:30AM Worship

Call to Worship Ephesians 1:7-8a Michael Ware
Nothing but the Blood
The Lord Almighty Reigns
Welcome Kim Hayes
Old Testament Reading Isaiah 26:2-3
Prayer
Worship in Giving, and Children's Offering
Yet Not I but through Christ in Me
Announcements Phillip White
Greeting Time
Message "Take Heart" John 16:33
Dr. Glenn Plum
My Response *Be Thou My Vision*
New Commitments - New Members
Blessing

10:50AM Worship

Call to Worship 1 Chronicles 29:10-13 Tim Carver
Majesty
How Great is Our God
Welcome Kim Hayes
Old Testament Reading Isaiah 26:2-3
We're Marching to Zion
Choral Worship *Whom Have I in Heaven but You?*
Worship in Giving and Children's Offering
How Great Thou Art
Announcements Phillip White
Greeting Time
Message "Take Heart" John 16:33
Dr. Glenn Plum
My Response *Be Thou My Vision*
New Commitments - New Members
Blessing - *Thank You Jesus for the Blood*



Be Strong and Courageous

Zack Hudson

On March 21, 1556, Thomas Cranmer was put to death for

his Protestant beliefs. Cranmer was an influential leader during the English Reformation. He helped promote the translation and use of the Bible in English and played a key role in producing the Book of Common Prayer, which guided Protestant reforms in the English church and continues to influence worship in many churches today.

When Mary I of England came to power, she sought to restore Roman Catholicism throughout England. As a result, Protestant leaders like Cranmer were placed in great danger. He was eventually arrested and martyred for his faith.

When I read about the lives of Christians who faced such persecution, I often reflect on my own walk with the Lord and wonder how it would hold up under intense pressure. At the same time, I am filled with gratitude for the freedom we have to worship openly—something many of our brothers and sisters in Christ around the world still cannot do. Many believers continue to gather quietly and courageously, worshiping under the threat of imprisonment or worse.

In the coming days, two teams from our church will be going out into the harvest to encourage fellow believers abroad and to serve as ambassadors for the hope we have in Christ. As we take these trips, we recognize that there are always risks involved—from travel itself to the challenges we may encounter along the way. We also know we have an enemy who would love to see these efforts fail. I ask our church family to pray that we would stand firm in faith, much like Cranmer and many others who have gone before us.

My heart is especially drawn to the closing words of the Lord's Prayer, where Jesus teaches us to pray for protection from temptation and deliverance from the evil one. While we are away, we will face many decisions, both big and small. Our prayer is that in every moment and every choice, Christ would be honored in all that we say and do.

Annie Armstrong Easter Offering

The Annie Armstrong Easter Offering is the primary way Southern Baptists fund missions in North America. Gifts to the Annie Armstrong Easter Offering are used to train and resource missionaries in church planting and compassion ministries. Gifts are also used to create evangelism resources. New churches are being planted, hurts are being healed, and lives are being transformed by the gospel because you give.

Church-wide Safety Training



Join us Saturday, March 21, 9:00-10:30 a.m. in Fellowship Hall for a Safety Training covering emergency preparedness for active threats, weather, and more. A light breakfast will be provided. Please RSVP at southtulsa.org/events.

Easter Sunday

Celebrate the resurrection of Christ with us on April 5 with two identical worship services at 8:30 and 10:50 a.m. Pastor Eric will share a special message titled, "Three Days Later," and Sunday Bible Study groups will meet at 9:40 a.m. Invite someone to worship with us. There will be no evening worship service or activities.



Spring-O

Spring-O is going to be a fun-filled Spring Family Gathering for our whole church family! Join us Sunday, March 29, from 5:00-7:00 p.m. in the Gym for an evening of Bingo, table games, and activities for young children. We'll enjoy chicken fingers for dinner and Dippin' Dots, and everyone is invited to bring a side dish, cookies, or a dessert to share. Bingo winners will choose prizes, and we'll also have a "Guess the Candy" game, with jars of different types of candy to estimate how many pieces are inside. It will be a relaxed evening designed for all ages to enjoy fellowship, laughter, and a little friendly competition—we hope your whole family will come! To help us plan, please RSVP online and choose a side dish or dessert to bring and share, southtulsa.org/events.

Bridge Builders Luncheon

We hope you will join us for our next Bridge Builders Luncheon on Tuesday, April 7, at 11:15 a.m. Back by popular demand, the Park Hill Pickers will be our special musical guests! You will enjoy hearing Bluegrass Gospel music with a wonderful lunch prepared by Chris and her team. Make your lunch reservations at southtulsa.org/events.



It's Spring Break

Tonight, our 5:00 p.m. evening worship service in the Chapel will be led by Phil Dark, but there will be no kids' activities this evening. On Wednesday, March 18, there is NO dinner. Prayer and Bible Study, kids' activities, and most other evening activities will not meet.

Game Night

Everyone is invited to an evening of games and fellowship on Thursday, March 26, from 6:00-8:00 p.m. in the Fellowship Hall! Bring your favorite game(s) - anything from Scrabble to Bananagrams to card games or anything in between - and a snack to share. If you play Mahjong, please bring all needed supplies for your group of 4 - instructions for new Mahjong players will not be provided. Please RSVP online if you will be attending. Childcare (babies-kindergarten) reservations need to be made by March 19 at southtulsa.org/events.

College & Young Adults

Spring Retreat

Spring Retreat at Falls Creek Conference Center - April 10-12! Refocus, recharge, and have a lot of fun! There will be teaching, worship, break-out sessions, recreation, and more. College or not, all 18-24 year olds are welcome. Cost: \$35 (Early Bird Price only \$25 before March 13) includes lodging, meals, and activities. Please RSVP to Laura on GroupMe and register/pay at tulsabcm.com/springretreat.

TMBN Annual Celebration

The Tulsa Metro Baptist Network invites you to celebrate and worship with our network of churches on Sunday, April 12, 5:00 p.m. in the South Tulsa Worship Center. Our Sanctuary Choir and Orchestra will join with others to lead worship, and Kevin Ezell, the President of the North American Mission Board will be the guest speaker.

last week

GIVING

MFP Actual Receipts \$3,120,795
Ministry Financial Plan 3,119,436
General Fund 56,129

SUNDAY BIBLE STUDY

Adults 431
Students 59
Children 82
Preschool 60
Unclassified 10
Total 642

THE MINISTRY CENTER

Volunteers 38
People Helped 152
Showers 53
Hot Meals 152
Church 13
Prayed to Receive Christ 2
Needs: peanut butter, and canned protein.

JENKS CAREPOINT

Volunteers 37
People Helped 283
Needs: formalwear.

MINISTRY STAFF

Dr. Eric Costanzo, <i>Pastor</i> eric@southtulsa.org	Kara Lee, <i>Director of Jenks CarePoint</i> kara@jenksarepoint.org
Phil Dark, <i>Minister to Senior Adults & Pastoral Care</i> phil@southtulsa.org	Laura McFarlin, <i>Associate Minister to College Students & Young Adults</i> lauram@southtulsa.org
Julie DeYoung, <i>Minister to Families with Preschoolers</i> julie@southtulsa.org	Sean McKinney, <i>Music Ministry Associate</i> sean@southtulsa.org
Lisa Fuller, <i>Director of The Ministry Center</i> lisa@ministry-center.org	Karen Pirtle, <i>Minister of Missions and Mobilization</i> karen@southtulsa.org
Kimberly Hayes, <i>Director of Creative Ministries</i> kim@southtulsa.org	Seth Spoo, <i>Minister to Families with Students</i> seth@southtulsa.org
Dr. Zack Hudson, <i>Associate Pastor & Minister to Families</i> zack@southtulsa.org	Michael Ware, <i>Minister of Music</i> mware@southtulsa.org
Jesse Johnston, <i>Pastoral Care and Chaplaincy</i> jesse@southtulsa.org	Phillip White, <i>Minister of Administration</i> pwhite@southtulsa.org
Rebecca Johnston, <i>Minister to Families with Children</i> rebecca@southtulsa.org	

ON THE COVER

Praying for our Mission Teams