

this week

Sunday, July 12
8:30 a.m. Worship
9:40 a.m. Sunday Bible Study - All Ages
10:50 a.m. Worship
3:30 p.m. Stephen Ministry Supervision, Women's Ministry Leadership Team Mtg.
5:00 p.m. Student Discipleship
6:00 p.m. Young Adult Group Men's Bible Study

Monday, July 13
High School Senior Trip, July 13-17
9:00 a.m. ESL Classes
10:00 a.m. Meals on Wheels
1:30 p.m. CEO Widows Min. Leadership Meeting
4:00 p.m. CEO Widows Min. Food & Fellowship
6:00 p.m. ESL Classes
6:30 p.m. Men's Ministry Game Night, GriefShare

Tuesday, July 14
9:00 a.m. ESL Classes
9:30 a.m. Early Learning Program-Summer School
5:30 p.m. Momentum ABKA Karate
6:00 p.m. ESL Classes

Wednesday, July 15
9:00 a.m. ESL Classes
10:00 a.m. Preschool Playgroup, Meals on Wheels
6:00 p.m. ESL Classes, Student Ministry Pool Party
6:30 p.m. Sanctuary Choir & Orchestra Rehearsal

Thursday, July 16
9:30 a.m. Early Learning Program-Summer School
10:00 a.m. Adult Game Day
12:00 p.m. Weaving Ministry
5:30 p.m. Empty Nesters 1 Fellowship
6:00 p.m. ESL Classes

Friday, July 17
9:30 a.m. Early Learning Program-Summer School
12:00 p.m. Kingdom Builders Summer Fellowship

Saturday, July 18
8:00 a.m. Deacon's Meeting, Gideons Meeting
9:00 a.m. Morning of Prayer

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**NO WEDNESDAY
FELLOWSHIP DINNER**
July 15, 2026
.....

Summer in PSALMS
Sunday, July 12 – Psalm 46
Sunday, July 19 – Psalm 51



*“The Lord Almighty is with us;
the God of Jacob is our fortress.”
~ Psalm 46:11*



SOUTHTULSA
BAPTIST CHURCH

Sharing the Good News about Jesus
in our community and around the world

10310 S Sheridan Rd | Tulsa, Oklahoma 74133
918.299.0904 | southtulsa.org

more



WELCOME GUESTS - We're glad you joined us! We would love to get to know you and/or pray for you. Fill out the form and submit prayer needs at southtulsa.info. If you're worshipping with us today, we invite you to stop by our Welcome Area for Guests, adjacent to the Welcome Center, after the service to meet a member of our team and receive a welcome gift.

FROM HERE TO ETERNITY - The Forever Family Sunday Bible Study class is starting a new study on July 12 called, "From Here to Eternity." The study will examine what happens to us after we take our last breath, with in-depth looks at Heaven and Hell. The study will run through the end of August. Please join us at 9:40 a.m. on Sundays in Room B122.

CEO WIDOWS MINISTRY FOOD AND FELLOWSHIP - The CEO (Caring for Each Other) Widows Ministry invites the widows of our church to our monthly Food and Fellowship on **Monday, July 13 at 4:00 p.m.** This month we will eat at Chuy's Tex-Mex, the Tulsa Hills location (Dutch treat).

SUMMER PRESCHOOL PLAYGROUP - Preschoolers and their caregivers are invited to come and enjoy summer fun and friendship in our Indoor Playground and Sonshine Room! Children will participate in playtime, a read-aloud story, and creative hands-on activities. The remaining summer dates are: July 15 and August 19, from 10:00-11:30 a.m. We hope to see you there!

SOUTH TULSA PHOTOGRAPHY TEAM - We are seeking individuals who enjoy taking photos to serve on our church photography team. If you would be interested in serving or learning more about serving on the team, please contact Kim Hayes at kim@southtulsa.org.

(For more information about upcoming events, please go to southtulsa.org.)



Summer in
PSALMS
2026
Sunday Morning ♦ Dr. Eric Costanzo



**Morning
of Prayer**
SATURDAY
JULY 18
9:00 AM | WORSHIP CENTER
PRAYER FOR OUR NATION

the
channel

07.12.26
volume XXXVI, no. 28
southtulsa.org



8:30 AM Worship

Welcome and Prayer Rebecca Johnston
Call to Worship Romans 8:31, 35-39
Come Christians Join to Sing
All Hail King Jesus
New Testament Reading Luke 8:22-25
Worship in Giving and Children's Offering *A Mighty Fortress*
Announcements Eric Costanzo
Greeting Time
Scripture Reading Psalm 46 Teresa Powell
God Is Our Strength and Refuge
Message "Summer in Psalms" Eric Costanzo
My Response *Still*
New Commitments - New Members
Blessing

10:50AM Worship

Welcome and Prayer Rebecca Johnston
Call to Worship Romans 8:31, 35-39
Choral Worship *The Matchless Name of Jesus*
Praise Him! Praise Him!
A Mighty Fortress Is Our God
New Testament Reading Luke 8:22-25
Worship in Giving and Children's Offering *Be Still, My Soul*
Announcements Eric Costanzo
Greeting Time
Scripture Reading Psalm 46 Teresa Powell
God Is Our Strength and Refuge
Message "Summer in Psalms" Eric Costanzo
My Response *Wherever He Leads I'll Go*
New Commitments - New Members
Blessing - *Praise Him! Praise Him!*



Christian Living: A Dedication to Intentionality

Lola Jones, Kids Ministry Intern

Why is it important to live intentionally? This summer, the Lord has shown me why living with purpose is vital to the Christian walk.

During my high school years, I claimed to be a Christian, yet did not attempt to live my life in a way that honored the Lord. Eventually, the Lord opened my eyes, convicted my heart, and shattered my prideful mindset. From that experience, I realized there is a significant difference between those who *claim* to follow Christ and those who *actively follow* Christ. Although there are many factors, the most noticeable difference is in one's actions. Making decisions is a universal experience, yet we often overlook how much of a spiritual impact they can have.

Paul reminds the Ephesian church about this call to live with purpose. He writes, *“Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is”* Ephesians 5:15-17. What a wonderful opportunity it is to both glorify our Savior and love others through our actions and speech.

As followers of Christ, we have daily chances to act for good or for evil. In order to further the Kingdom of God, a dedication to intentionality is necessary. We are to love God with our whole heart, soul, and *mind*. Walking as a Christ-follower means being mindful, not mindless. Our time on this earth is limited, so I have been challenged by Paul's reminder to be active in glorifying God. Jesus is the perfect example of how to glorify God to the fullest. We are called to imitate Him through our actions, speech, and decisions. Regardless of how large or insignificant each decision may seem to us, our response matters to God.

Returning to the first question, Christ-followers should live intentionally, seeking to further the Kingdom of God in all they do, making the best use of the time they have been given on this earth, all for the glory of Him.

Back-to-School Supplies for Kids

Jenks CarePoint is collecting back-to-school supplies for our client families. Thanks to the generosity of so many, more than 970 children received supplies and backpacks in 2025! Supplies will be collected through August 9 and can be dropped off in the CarePoint cart in the South Tulsa Atrium or at Jenks CarePoint (2914 E 91st Street), Mondays-Thursdays, 9:00 a.m. to noon. Questions? Call (918) 600-2099.

You may choose to purchase supplies from the following list or purchase directly from our [Amazon wish list](#).

ITEMS NEEDED:

- 24-count crayons
- 8-10 count washable markers (Crayola brand preferred)
- 12-24 count pencils (Ticonderoga brand preferred)
- Colored pencils
- Blue and red ink pens
- Sharpies – fine and chisel tip
- Highlighters
- Dry erase markers
- Wide and narrow ruled: notebook paper, one-subject notebooks, and composition notebooks
- Folders with brads and pockets – solid colors
- Pink beveled erasers
- School scissors – pointed tip
- Glue sticks – purple and clear
- Disinfecting wipes
- Tissue cubes
- Pencil bags/pencil boxes
- 3 x 5 index cards

Bridge Builders Luncheon

Join us for our next luncheon on Tuesday, August 4, at 11:15 a.m. in the South Tulsa Chapel as we honor Christ and the Gospel by celebrating our past and anticipating our future! Enjoy a wonderful lunch and this great time of fellowship. Everyone is welcome to attend. Make your reservations at [southtulsa.org/events](#).



South Tulsa Merch

We are excited to offer South Tulsa-branded merchandise in fun summer colors! There are great options for everyone. The vests are back, and we're offering a few new items! Look for the sample display in the Commons. Please place your orders [HERE](#) by July 19.

Discipleship Groups

Beginning in September

What is discipleship? Discipleship is our life-long journey of following Jesus as we grow in Christlikeness as the Family of God.

The Lord has been leading our staff, deacons, and church leadership to offer new and well-prepared opportunities for discipleship for all ages, beginning this Fall.

Through small groups that complement our worship and Bible Study experiences, our goals will be to strengthen:

- Biblical understanding for the Christian life
- Relationships in our community of faith
- Foundations of faith in our homes, church, and neighborhoods
- Mission welcoming and sending so that our personal and church commitment to make disciples remains constant until Christ returns.

If you are interested in learning more about leading or facilitating a discipleship small group, please join our Discipleship Group leaders' interest meeting on **Sunday, July 26, at 4:00 p.m.** in the Chapel.

If you are interested in learning more about joining a discipleship group to build you up and encourage you as you follow Jesus, stay tuned for more details and registration that will begin **Sunday, August 9**.

Unlock Your Spiritual Gifts

with Jamy Fisher

Ladies, join us on Saturday, August 8, 3:00-4:30 p.m. in the Chapel for a Titus2gether Enrichment event, Unlock Your Spiritual Gifts. Jamy Fisher is a wife and mom who has served alongside her pastor husband, Todd Fisher (Executive Director-Treasurer for Oklahoma Baptists), for over 30 years. She will teach what the Bible says about spiritual gifts and help unlock ways to serve out our gifting. Child-care will be available for babies-kindergarten. Please register by 8/2 at [southtulsa.org/events](#). Be sure to download the [Spiritual Gifts Survey](#) and complete before the event.

Welcoming Team

Golf Cart Drivers – Volunteer golf cart drivers are needed for Sunday morning services. Drivers welcome and provide rides to members and guests from their vehicles to the church entrance. Volunteers are scheduled to drive one Sunday approximately every 4-6 weeks. For more information, please contact Jim Hill at [jhill-okla@cox.net](#) or (918) 409-5059.

Door Greeters – Volunteers are needed to help greet on Sunday mornings. We especially need help just before the 8:30 a.m. service. Our desire is for greeters to serve once every 4-6 weeks. Please contact Betty Jo Wohl at [bjwohl@cox.net](#) if you can help.

Baptist Children's Home

Back-to-School Event

Get your tickets for the annual event fundraiser on Saturday, August 8, at the Stoney Creek Hotel in Broken Arrow. Come cheer on the children and moms of Baptist Children's Home. Together, we can help them start the new school year with confidence. This year's theme is "Love in Action." The Silent Auction begins at 9:00 a.m., program begins at 10:30 a.m. Tickets are \$40. Funds raised benefit the children and families at the OBHC Owasso campus. Purchase tickets on Sunday mornings at the table in the Commons today and July 19.

last week

GIVING

MFP Actual Receipts	\$78,465
Ministry Financial Plan	112,220
General Fund	78,465

SUNDAY BIBLE STUDY

Adults	413
Students	47
Children	70
Preschool	62
Unclassified	10
Total	602

THE MINISTRY CENTER

Volunteers	15
People Helped	10
Showers	2
Church	16

Needs: rice, beans, and corn.

JENKS CAREPOINT

Volunteers	
People Helped	

Needs: school supplies.

MINISTRY STAFF

Dr. Eric Costanzo, <i>Pastor</i> eric@southtulsa.org	Dani Jones, <i>Student Ministry Associate</i> dani@southtulsa.org
Phil Dark, <i>Minister to Senior Adults & Pastoral Care</i> phil@southtulsa.org	Kara Lee, <i>Director of Jenks CarePoint</i> kara@jenkscarepoint.org
Julie DeYoung, <i>Minister to Families with Preschoolers</i> julie@southtulsa.org	Laura McFarlin, <i>Associate Minister to College Students & Young Adults</i> lauram@southtulsa.org
Lisa Fuller, <i>Director of The Ministry Center</i> lisa@ministry-center.org	Sean McKinney, <i>Music Ministry Associate</i> sean@southtulsa.org
Kimberly Hayes, <i>Director of Creative Ministries</i> kim@southtulsa.org	Karen Pirtle, <i>Minister of Missions and Mobilization</i> karen@southtulsa.org
Dr. Zack Hudson, <i>Associate Pastor & Minister to Families</i> zack@southtulsa.org	Seth Spoo, <i>Minister to Families with Students</i> seth@southtulsa.org
Jesse Johnston, <i>Pastoral Care and Chaplaincy</i> jesse@southtulsa.org	Michael Ware, <i>Minister of Music</i> mware@southtulsa.org
Rebecca Johnston, <i>Minister to Families with Children</i> rebecca@southtulsa.org	Phillip White, <i>Minister of Administration</i> pwhite@southtulsa.org

ON THE COVER

Celebrating America 250 Summer Family Gathering