

this week

Sunday, August 9 – Promotion Sunday
8:30 a.m. Worship
9:40 a.m. Sunday Bible Study – All Ages
10:50 a.m. Worship
12:15 p.m. Stewardship Committee Meeting
5:00 p.m. Student Discipleship
6:00 p.m. Young Adult Group–Men’s Bible Study

Monday, August 10
10:00 a.m. Meals on Wheels
1:30 p.m. CEO Widows Ministry Leadership Mtg.
4:00 p.m. CEO Widows Food & Fellowship
6:30 p.m. GriefShare, Men’s Ministry Game Night

Tuesday, August 11
5:30 p.m. Momentum ABKA Karate

Wednesday, August 12
10:00 a.m. Meals on Wheels
6:30 p.m. Sanctuary Choir & Orchestra Rehearsal

Thursday, August 13
6:00 a.m. Men’s Morning Prayer and Devotion
9:30 a.m. ELP Teacher Planning Day
10:00 a.m. Adult Game Day
12:00 p.m. Weaving Ministry

Friday, August 14

Saturday, August 15
8:00 a.m. Deacon’s Meeting, Gideons Meeting
9:00 a.m. Morning of Prayer, Youth Evangelism Conference

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**NO WEDNESDAY
FELLOWSHIP DINNER**
August 12, 2026
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Summer in PSALMS
Sunday, August 9 – Psalm 25
Sunday, August 16 – Psalm 100



*“May integrity and
uprightness protect me,
because my hope,
Lord, is in you.”
~ Psalm 25:21*



Sharing the Good News about Jesus
in our community and around the world

10310 S Sheridan Rd | Tulsa, Oklahoma 74133
918.299.0904 | southtulsa.org

more

WELCOME GUESTS – We’re glad you joined us! We would love to get to know you and/or pray for you. Fill out the form and submit prayer needs at southtulsa.info. If you’re worshipping with us today, we invite you to stop by our Welcome Area for Guests, adjacent to the Welcome Center, after the service to meet a member of our team and receive a welcome gift.



PROMOTION SUNDAY IS TODAY! – If your child has not picked up their card, they will receive their new room information at the Preschool and Kids Ministry Welcome Desks. Everyone is moving to their new classroom today, August 9!

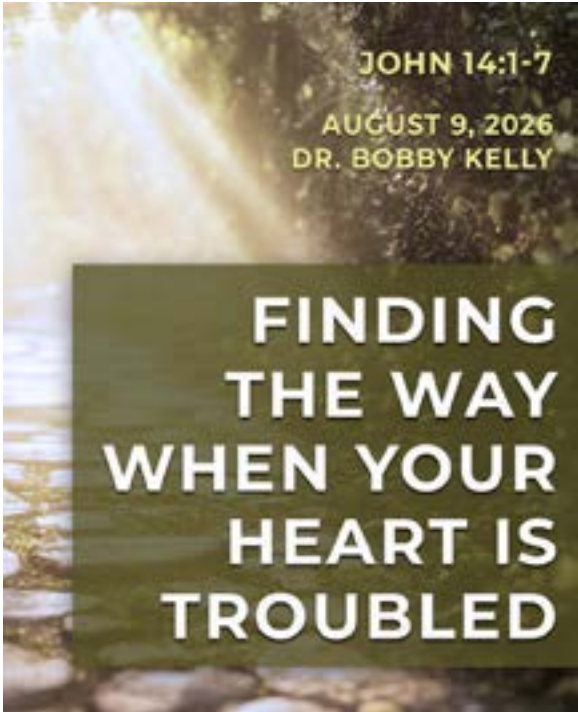
SCHOOL SUPPLIES FOR JENKS CAREPOINT – We are collecting school supplies through today, August 9, to help Jenks CarePoint provide for client families. Donations can be placed in the Care-Point cart in the South Tulsa Atrium. Find the list online at southtulsa.org/events.

CEO WIDOWS MINISTRY FOOD AND FELLOWSHIP – Widows are invited to dinner (Dutch Treat) on Monday, August 10, 4:00 p.m. at Society Burger (NE corner of 101st & Mingo).

MEN’S MORNING PRAYER AND DEVOTION – Men of all ages, please join us on Thursday, August 13, at 6:00-7:00 a.m. in the Chapel. We meet on the second Thursday to pray together, and a small devotional is also shared with the group. Coffee and donuts are provided!

MORNING OF PRAYER – Join us for our morning of prayer on Saturday, August 15, at 9:00 a.m. in the Chapel as we pray for our teachers, schools, homeschools, and universities. We gather each month on the third Saturday just after our Deacon’s meeting.

(For more information about upcoming events, please go to southtulsa.org.)



the
channel

08.09.26

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8:30 AM Worship

Welcome and Prayer Seth Spoo
Call to Worship Psalm 25 with Trust in God
Because He Lives (Amen)
Old Testament Reading Nahum 1:7
Christ Be Magnified
Worship in Giving and Children’s Offering
Goodness of God
Announcements Phillip White
Greeting from Dr. James Swain
Greeting Time
Scripture Reading John 14:1-7 Bill Harrington
Message “Finding the Way When Your Heart Is Troubled” Dr. Bobby Kelly
My Response Before the Throne of God Above
New Commitments - New Members
Blessing

10:50AM Worship

Welcome and Prayer Seth Spoo
Call to Worship Psalm 25 with Trust in God
To God Be the Glory
Leaning on the Everlasting Arms
Old Testament Reading Nahum 1:7
Christ Be Magnified
Worship in Giving and Children’s Offering
Bow the Knee Amanda Reagan, solo
Announcements Phillip White
Greeting from Dr. James Swain
Greeting Time
Scripture Reading John 14:1-7 Bill Harrington
Message “Finding the Way When Your Heart Is Troubled” Dr. Bobby Kelly
My Response Before the Throne of God Above
New Commitments - New Members
Blessing - Christ Be Magnified



What's Your Impossible?

Julie DeYoung

When you hear the word *impossible*, what circumstances come to mind? We often face situations in life that are challenging—and even seem impossible. In Matthew 19:26, Jesus told His disciples, “*With man, this is impossible, but with God all things are possible.*” As we consider this truth, we may believe that God can do the impossible. The question is whether we trust Him to do so.

Dictionary definitions describe *impossible* as something that cannot be accomplished or obtained. A popular Christian song asks, “What’s your impossible?” Maybe God is asking you to climb a mountain that seems too steep, carry a load that seems too heavy, or meet a need that seems too great. These “impossibles” test who and what we truly rely on.

Psalms 55:22 encourages, “*Cast your burdens on the Lord, and he will sustain you...*” But is that our first response? Perhaps you were taught to “pull yourself up by your bootstraps” or “dig deep” and conquer life’s challenges by your own strength. In today’s information age, answers are only a few clicks away. Yet searching online or even consulting well-meaning people, books, and articles can often leave us just as overwhelmed and even more confused. I wonder if we’re too quick to rely on our own strength or seek answers elsewhere before seeking the Lord, who is our “*refuge and strength, a very present help in trouble*” (Psalm 46:1). Seeking wise counsel and practical solutions certainly has its place, but ultimately our dependence belongs on the Lord Himself.

By placing our impossibles in His faithful hands, we acknowledge that He can do what we cannot. Whatever your impossible may be today, bring it honestly before the Lord, trusting Him to accomplish His perfect will. And let us come before the Lord, remembering that He is the God for whom all things are possible. May we find our hope and place our trust in “*him who is able to do far more abundantly than all that we ask or think, according to the power at work within us*” (Ephesians 3:20).

Discipleship Groups

Beginning in September – Register Now

Discipleship is our lifelong journey of following Jesus as we grow in Christlikeness as the Family of God. Our discipleship groups will use a study written by the South Tulsa Baptist ministerial staff designed to complement Pastor Eric’s sermon series through the book of Philipians. Each week’s study will help participants dig deeper into God’s Word through personal reflection, group discussion, and practical application.

Please register to participate in a discipleship group that will encourage and build you up in your faith as you follow Jesus. There will be small groups for men, women, couples, and families. Groups will meet at church, in homes, or other locations. On Sunday nights from 4:30-6:00 p.m., kids (birth-6th grade) will also dive into Paul’s letter to the Philippians with an interactive video series, scripture memory, and games. On Wednesday nights from 5:30-7:15 p.m., kids will participate in our Music and Mission activities where they learn about worshipping God through music and God’s Great Commission to His church—to go and share the Gospel! Parents in discipleship groups meeting outside these times will need to make their own childcare arrangements.

Discipleship groups will launch the week of September 20 and wrap up the week of November 8. Each group will choose a service project to complete together the week of October 18. More information can be found at southtulsa.org/discipleship-groups.

Discover South Tulsa

If you’re a new member or have been visiting and would like to find out more about the church, we invite you to attend the next Discover South Tulsa class on Sunday, August 23. Lunch is provided at 12:15 p.m. in Fellowship Hall. The class will allow you to learn more about our church history, meet some of the staff, and ask questions. If you’d like to attend, please contact Cindy at cindy@southtulsa.org or 918-299-0904.



Kids Music & Missions

Begins Wednesday, September 2

Music and Missions classes meet on Wednesday evenings during the school year. Classes will begin on Wednesday, September 2. Preschool & Children’s Choirs for ages 3 (by 9/1) through 6th grade meet from 5:30-6:25 p.m. Mission classes meet from 6:30-7:15 p.m. Mission Friends is for ages 3-kindergarten; Girls in Action (GAs) is for 1st-6th grade girls; and Royal Ambassadors (RAs) is for 1st-6th grade boys. Our Music and Missions programs work to empower kids to be leaders within our church family by teaching them the fundamentals of worship through music and the meaning of God’s Word and inviting them to participate in God’s missional heart for the world. Enrollment is open – class sizes are limited, so enroll now, southtulsa.org/events.



Sunday Morning

Titus2gether Women’s Mentoring

If you desire to see the women of South Tulsa encouraged and built up in the faith, then get involved in Titus2gether. Mentoring trios consist of a mentor, mentee, and a prayer warrior. Trios are formed with prayerful consideration; however, existing mentoring partnerships are also welcome. The kickoff for our fall semester is Sunday, August 23 from 2:00-3:00 p.m. in the Choir Suite. Please register by August 17, southtulsa.org/events.



CEO Widows Ministry

Apple of His Eye



Widows of South Tulsa, please join us on Saturday, September 12, from 11:00 a.m. to 1:00 p.m. in the Fellowship Hall for a light lunch, fun, and fellowship! Please bring a favorite recipe and any kitchen hint or hack you use when cooking for one. Please RSVP at southtulsa.org/events by September 9.

New Weekday Bible Studies

Beginning in September

Women’s Book Study

BECOMING A VESSEL GOD CAN USE

Beginning September 2, on Wednesdays, 6:00-7:00 p.m. in Room C247. *Becoming a Vessel God Can Use* by Donna Partow is a ten-week journey that offers hope, laughter, and transformation to women who long to discover new confidence and significance. Learn how God accomplishes extraordinary things through ordinary people who believe God can and will use them – imperfections and all. Books are \$17 and can be purchased when registering at southtulsa.org/events.

Precept Bible Study

REVELATION (Part 1 of 4)

Beginning September 3, on Thursdays, 1:15-3:15 p.m. in the Choir Room, join us for a study of *Revelation: Jesus’ Message to the Church*. Chapters 1-3 of Revelation contain God’s messages to the seven churches of Asia. See how His messages recorded by John so long ago still speak to the church today. Books are \$25 and may be picked up in the church office. Complete the first lesson before our first meeting. Register online at southtulsa.org/events.

Volunteer

Student Ministry Opportunities

Teachers are needed for Sunday Bible Study classes, and volunteers are needed on Wednesday nights.

last week

GIVING

MFP Actual Receipts \$421,477
Ministry Financial Plan 522,234
General Fund 54,620

SUNDAY BIBLE STUDY

Adults 467
Students 62
Children 91
Preschool 80
Unclassified 10
Total 710

THE MINISTRY CENTER

Volunteers 30
People Helped 140
Showers 41
Hot Meals 138
Church 16
Accepted Christ 1
Needs: canned veggies/beans, peanut butter.

JENKS CAREPOINT

Volunteers 87
People Helped 438
Accepted Christ 3
Received School Supplies to date 762
Needs: back-to-school supplies/clothing/shoes.

WELCOME NEW MEMBER

Jean Hall by statement

MINISTRY STAFF

Dr. Eric Costanzo, <i>Pastor</i> eric@southtulsa.org	Dani Jones, <i>Student Ministry Associate</i> dani@southtulsa.org
Phil Dark, <i>Minister to Senior Adults & Pastoral Care</i> phil@southtulsa.org	Kara Lee, <i>Director of Jenks CarePoint</i> kara@jenksarepoint.org
Julie DeYoung, <i>Minister to Families with Preschoolers</i> julie@southtulsa.org	Laura McFarlin, <i>Associate Minister to College Students & Young Adults</i> lauram@southtulsa.org
Lisa Fuller, <i>Director of The Ministry Center</i> lisa@ministry-center.org	Sean McKinney, <i>Music Ministry Associate</i> sean@southtulsa.org
Kimberly Hayes, <i>Director of Creative Ministries</i> kim@southtulsa.org	Karen Pirtle, <i>Minister of Missions and Mobilization</i> karen@southtulsa.org
Dr. Zack Hudson, <i>Associate Pastor & Minister to Families</i> zack@southtulsa.org	Seth Spoo, <i>Minister to Families with Students</i> seth@southtulsa.org
Jesse Johnston, <i>Pastoral Care and Chaplaincy</i> jesse@southtulsa.org	Michael Ware, <i>Minister of Music</i> mware@southtulsa.org
Rebecca Johnston, <i>Minister to Families with Children</i> rebecca@southtulsa.org	Phillip White, <i>Minister of Administration</i> pwhite@southtulsa.org

ON THE COVER

Arabella and Danelle Wall