

Heather Higerd

ANTIOCH DISCIPLESHIP SCHOOL • 2026 APPLICATION

Personal & Contact Information

First Name

Heather

Last Name

Higerd

Preferred Name

Heather

Address

211 E 79th St S

Apartment

Not provided

City

Haysville

State

KS

Zip

67060

Phone Number

(910) 333-7231

Email

hchigerd@yahoo.com

Date of Birth

8/13/1984

Gender

Female

T-Shirt Size

Large

Emergency Contact

Ben Higerd

Emergency Contact Phone Number

9103337230

Passport?

No

Education, Employment & Finances

Tuition payment is due the first day of class (payment plans available for approved applicants with the full tuition due on December 31st). Please indicate how you plan on paying your tuition.*

Payment plan preferred

Current relationship status

Married

If "other" please explain

Not provided

Children's names and ages

Krisalyn: 20, Elijah: 18, Kinley:17, Kaiya:15, Kenzie: 13, Kaelin: 11, Eliana: 9, Evelyn:6, Everett: 4, Ezekiel: 2

Highest level of education that will have been completed by the first day of ADS.

Masters

Focus of study

Theology

Have you previously applied to the school?

No

Current employer

Homemaker/Homeschooler

How many days were you absent from work in the past year due to illness or other circumstances?

0, Job is 24/7

Please describe your current financial situation (i.e. liabilities, caring for aging parents, debt, etc.) that might place additional strain on your ability to pay for the school and/or provide for yourself or your family while in the school?

I can't think of any specific or relevant financial situations as listed above. The biggest challenge for us is house problems that result from water intrusion in the house in many areas causing mold and immediate remediation.

Family, Faith & Church

Please describe your family's background.

My family background has been steeped in relationship with God as we seek to raise our children to know, love, and obey the Lord. Ben and I have been married for almost 22 years and have 10 children. The children have been homeschooled since our oldest was 4 and we remained committed to that as we believe God desires that we teach our children as described in Deuteronomy 6. Ben is retired from the Marine Corps and we are still in the process of fully embracing that transition.

Please describe how and when you began a relationship with Jesus and what your spiritual growth has looked like since then.

I was involved in youth group as a mid-range teen off and on. Not raised in an orthodox Christian home, discipleship, church, and the Gospel were not taught, practiced, or embraced. Once I had access to a car, I started attending a Methodist church consistently when I was 17. When a movie, The Passion of the Christ, came out, I went to see it in theaters and was hit in the face with the sacrifice and redemption Christ offered me. I believe it was at this point the depravity of my state was clear and I realized I was in no way possible able to save myself. For the next many years, I identified as a Christian and believed that Christ was the Son of God and that His death took the place of mine. Having confidence in this, however, was quite a weakness. I knew what I should do, but really, no follow through in the practicalities. The next years were full of searching for how to read and study the Bible, repraying the "salvation prayer," and doubting I was His to begin with. I still was faithfully walking in raising the children to know God (to the best of my limited ability), trying to forgive those from my challenging past,

and even serving in church. But I waited for the proverbial shoe to drop and for God to reject me as so many had done before. I realized, in 2017, that God was directing me to be baptized in spite of my previous beliefs of infant baptism and the knowledge that I was baptized as an infant into Catholicism. On Mother's day that year, I was baptized at Grace Community Church in San Diego. In 2019, after falling back into my eating disordered ways, a new friend encouraged me to start a discipleship book with her and we started meeting regularly. Cultivating Holy Beauty taught me more about the practicalities of following the Lord in 3 months than my previous 10 plus years. Since that point, while I still struggle with my worth and identity in Christ, I can affirm that I know the personhood and heart of Christ and I see His eternal love through it for me despite of everything I have ever done and will do.

Are you currently a member of a church? If so, which church and when did you become a member?

Yes, Antioch, March 2026

Briefly describe your current involvement with your church.

Currently, I am working on growing community and getting to know others at the church. I attend home church on Wednesdays and participate in cleaning on one Saturday a month. Recently, I helped with the youth conference at VIMA and will be participating with VBS at Calvary Chapel Wichita.

How did you hear about ADS?

Sunday Morning

Why are you interested in attending ADS?

I have yearned for more discipleship for the past six years and I look forward to being challenged to grow in my faith, learning more how to emotionally respond to God, not just logically.

ADS Interest & Future Plans

What are your plans for when you finish the school?

I can't say as I have plans for that far into the future. Only the Lord knows how He is going to use the school to shape me and direct my path.

Are you currently taking any medications, under a physician's care, or have any other physical condition that would be helpful for us to know?

I have hashimotos and hyothyroidism and am on a combo T3/T4 series of meds. I have deficiencies in several vitamins that we are working to stabilize with supplements. Additionally, I have bulged discs, an annular tear, and limitations with rotations of my core where, when my back is especially flared, I can not move well or bend over.

Health & Personal History

Have you been convicted of an offense other than a minor traffic violation?

No

Have you ever been abused in any way (sexually, physically, emotionally)? If yes, please describe any counseling you have received regarding this abuse.

Yes. I was in counseling at 18 but stopped. I can't say as that was effectively helping me process the abuse as it was geared to coping with issues emotionally.

Have you had any mental or emotional struggles in the past two years (strong anxiety, depression, cutting, panic attacks, attempted suicide, etc.)? If yes, have you received counseling and treatment?

Yes I have struggled with PPD several times and, after Zekie's birth, it was especially pronounced. I saw a therapist in my later pregnancy and only recently took a break for the summer. The challenges were in severe anxiety, depression, suicidal ideations, and significant sleep deprivation.

Do you have, or have you previously had, drug, alcohol, or substance abuse problems? If so, have you received treatment?

No.

Do you have any past or current struggles with disordered eating?

Yes. I was anorexic and bulimic as a teenager for 6 plus years. It became a struggle again in 2018. Currently, I still often struggle with food and limiting myself in intense ways. Also when I get excessively stressed, I can't eat.

Have you ever been subject to disciplinary action taken by an employer or religious organization?

No

Have you had patterns of rebellion in the past two years (defiance of authority, the law, etc.)?

No

Have you had a relationship in the past two years that would not be considered healthy (sexual involvement, codependency, homosexuality, etc.)?

No

Do you have any current struggles in the area of sexual purity (pornography, masturbation, etc.)?

No

Before God, have you lied about anything on the application above?

No I have not lied about anything on the application above.

Reference: Please list the name, phone number, and email address of a person who could be considered a spiritual authority (mentor, House Church leader, pastor, etc.) who best knows you.

Jenn Danz: 316-259-0868, jenn@antiochwichita.org

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— END OF APPLICATION —