

YOUTH

Heart, Soul, and Mind: Matthew 22:34-37

Hey guys, thank you for reading this week's review! This week we looked at a passage from Matthew 22 where Jesus says the greatest commandment is "to love the Lord your God, with all your heart, with all your soul, and with all your mind." Going with our theme of being a *Living Sacrifice*, what does that mean and how do we do it practically. We looked at what Jesus means by heart, soul, and mind. Thank yall for tuning in this week!

1. Love the Lord with all our Heart

- Our hearts are what make us who we are.
- **Big picture** stuff... desires, hopes, dreams, loves, ambitions, sets the direction we follow in life...

When we follow the Lord with all our heart, it means that the big stuff in our lives. Like we talked about a couple weeks ago, our hearts follow our treasure... Is He our treasure?

2. Love the Lord with all our Soul

- **Day to day** stuff... routines, habits, practices, likes and dislikes, what we tune into mentally and emotionally
- Things can affect our souls and how healthy they are.

- What we consume on a day-to-day basis, will help or hinder the growth of our soul.

I used the illustration of a river. If we think of our souls like a river, there are things we can put in that pollute us, and there are things we can do to clean the soul as well.

Take Bill and Eric for example. Both have been called to the ministry, both are pursuing the Lord, and both have the Lord as their treasure. Their hearts are turned to Him. But Eric listens to secular/worldly rap music every time he gets in the car, because he likes “the beat.” And Bill says he doesn’t listen to it because he knows he shouldn’t put that in his head. Which guy’s soul is growing to the Lord more often??

- NOTE: This is not LEGALISM... but HOLINESS. Bill still messes up and sins every day, but he has an understanding that if he consumes things he shouldn’t, his soul will not be happy in the Lord.

3. Love the Lord with all our *Mind*

- **Moment to moment**... where is our head at?
- Our thoughts have so much to do with our walk...
- Is our THOUGHT life given to Christ??

I used the illustration of a bird flying over our head. Thoughts are kind of like that. Birds fly over our heads and we cannot help that, just like how sometimes we have thoughts that we

didn't ask for that pop into our heads. Maybe thoughts of sin, worry, anger, sadness... etc. We can't help that a lot of times. Even though we can't help a bird flying over us, we can keep it from making a nest in our hair. Same with our thoughts. We don't have to dwell on sinful thoughts and give our mind to the flesh... rather we are called to "take our thoughts captive to Jesus." (2 Corinthians 10:5)

Conclusion: Why would we want to do this anyway??

Romans 12:1... "by the mercies of God"

We want to serve the Lord and love Him with all our heart, soul, and mind because of the great mercy and love He has for us! He gives us 10,000 reasons to praise Him! Amen!

Thank you guys for reading this week's review! I challenged the students again to be in the Word at least once every day this week. Something as simple as a couple verses or a passage can change the trajectory of our hearts! Let's encourage them and help them as they grow deeper in their faith!

*****Just a reminder that this Sunday (May 3rd) will be the second \$50 deposit for Look Up Lodge. That can be paid in person or online! 😊*****