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Refuel Notes

“The Power of the Cross” Colossians 2:12-15

Background Scripture: Mark 10:45

April 8, 2026

- **The Sufficiency of Christ: Colossians 2:12-15 (NIV)**

- *“having been buried with him in baptism, in which you were also raised with him through your faith in the working of God, who raised him from the dead. When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.”*

Background Scripture

“For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.””

Mark 10:45 NIV

Point 1: “Proof of Life” - Colossians 2:12-15

What does “Proof of Life” mean?

According to Google,

“Proof of life” is evidence (such as a video, voice recording, or photo) **verifying a kidnapped**, detained, or missing person is still alive.

If we look at the definition of “Proof of Life” from a different perspective, we will discover that Our Lord and Savior, Jesus Christ is our “Proof of Life.”

SCRIPTURE: ***Jesus is Life. Scripture says in John 14:6 -...“I am the way and the truth and the life. No one comes to the Father except through me.”***

John 14:6 NIV

Jesus Christ is prophesied throughout the Word of God. We have evidence proving that Jesus Christ is the Son of God. In the Old Testament alone there are over 300 prophecies about the life, death and resurrection of Jesus Christ. He is alive today, sitting at the right hand of His Father. He sacrificed his life as a **ransom to redeem** us back to a relationship with God, our Father.

The following words are also used in the Bible as a **synonym for ransom**: **redemption, rescue, price, cost, free, deliver.**

Question:

What is a ransom?

Answer: “A ransom is money, goods **demanded or paid to secure the release of a kidnapped person or captured property.**

As a verb, to ransom means to pay for such a release.

“Proof of Life”... is used in hostage negotiations to ensure the victim is alive before paying ransom.

THE FIRST AND SECOND/LAST ADAM

The first Adam, caused us to be kidnapped and taken hostage by Satan and placed under the power of sin. But...the story wasn't over yet. Jesus, the second Adam, God's one and only begotten Son, took our sins upon Himself and paid the ransom for our sins so that we can all be set free from the grip of and death sin that held us captive.

- **“And so it is written, “The first man Adam became a living being.” The last Adam became a life-giving spirit.” I Corinthians 15:45 NKJV**

When we think about mankind's sin problem, we realize that if Jesus didn't offer Himself, as a perfect sacrifice, we would still be captivated by sin and could not buy our way out of this problem.

But thanks be to God that the plan for **our redemption was already in place in the beginning when Adam and Eve listened to the serpent and sinned against God. The Lord knew that only a perfect sacrifice would deliver us from the grips of sin. The ransom that Jesus paid to **free** us from Satan, sin and death was and is our guarantee for eternal life.**

Genesis 3:15 NIV

“And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel.”

- **Point 2 - JESUS: The Supremacy of Christ**

- **Colossians 1:15-18 NKJV**

- *“He is the image of the invisible God, the firstborn over all creation. For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him. And He is before all things, and in Him all things consist. And He is the head of the body, the church, who is the beginning, the firstborn from the dead, that in all things He may have the preeminence.”*
- *(preeminence refers to “... the Supreme Status, Authority and rank of Jesus Christ above all creation” — Google).*

QUESTIONS

WHAT EVIDENCE DO WE HAVE TO PROVE THAT JESUS CHRIST LIVED ON THE EARTH AS 100% MAN and 100% GOD?

QUESTION: WHO IS THE WORD OF GOD?

JESUS IS THE LIVING WORD.

SCRIPTURE: JOHN 1:1 NIV

“In the beginning was the Word, and the Word was with God, and the Word was God.”
John 1:1 NIV

Jesus is Life. Scripture says in John 14:6 -... “I am the way and the truth and the life. No one comes to the Father except through me.”

John 14:6 NIV

We have the Word of God as Living Proof

The Bible is the inerrant Word of God. All Scriptures are God-breathed and inspired by the Spirit of God. The scriptures are completely accurate. They are infallible, faultless and completely free from errors.

SCRIPTURE: 2 Timothy 3:16 NIV

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness,"

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QUESTION: HOW EFFECTIVE IS THE WORD OF GOD?**SCRIPTURE: Hebrews 4:12 NIV**

"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Prophetic Scriptures:

"Therefore the Lord himself will give you a sign: The virgin will conceive and give birth to a son, and will call him Immanuel."

Isaiah 7:14 NIV

"For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace." **Isaiah 9:6 KJV**

"All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all." **Isaiah 53:6 KJV**

POINT 3: No Broken Bones and Seven Benefits of the Cross

It was prophesied that Jesus' bones would not be broken.

"He guards all his **bones**; Not one of them is broken." **Psalms 34:20 NKJV**

The breaking of bread represents Jesus' broken body.

“In one house it shall be eaten; you shall not carry any of the flesh outside the house, **nor shall you break one of its bones.**” **Exodus 12:46 NKJV**

The Passover meal (Seder meal)

- The Angel of death
- The meal symbolized the coming of the Messiah, the Perfect and True Lamb of God **(John 1:29)**
- Eating the lamb shank without breaking the bones
- Staying in the house and remaining seated during the meal

Symbolism of Christ and The Last Supper (gotquestions.org)

7 Benefits of the Cross

According to Christian theology, the cross of Jesus Christ provides comprehensive benefits, centered on redemption, reconciliation, and restoration. Here are seven primary benefits of the cross:

Forgiveness of Sins: Through the shedding of Jesus' blood, believers receive complete forgiveness, covering all iniquities and canceling the debt of sin

Justification and Reconciliation: The cross resolves the enmity between humanity and God, justified believers, and restores a right relationship, making them righteous in God's sight.

Freedom and Deliverance: It offers liberation from bondage, fear, the power of darkness, and the curse of the law.

Healing and Wholeness: The wounds of Jesus (stripes) are believed to bring healing to the spirit, soul, and body.

Victory over the Enemy: The cross was the ultimate victory over Satan and his temptations, offering Christians power to overcome spiritual battles.

Access to God: The cross removed the barrier between humanity and God, providing direct, intimate access to the Father.

Eternal Life and Adoption: Through the cross, believers are adopted into God's family, receiving the promise of eternal life over death. **(Google)**

Supporting Scripture:

““Therefore let all Israel be assured of this: God has made this Jesus, whom you crucified, both Lord and Messiah.””

Acts 2:36 NIV

“The sting of death is sin, and the power of sin is the law. But thanks be to God!

He gives us the victory through our Lord Jesus Christ.”

1 Corinthians 15:56-57 NIV

“He was delivered over to death for our sins and was raised to life for our justification.” **Romans 4:25 NIV**

Conclusion

“Tetelestai (τετέλεσται) is a Greek word meaning "It is finished," famously spoken by Jesus on the cross (John 19:30). It is the perfect tense of *teleō* ("to finish"), signifying a completed action with permanent, ongoing results. It implies a debt paid in full, a mission accomplished, and total victory” **(Google).**

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