Revelation 3 Spiritual Check-Up: Student Reflection Workbook

Use the Scripture references below to guide your prayerful reflection. There are no perfect answers. Be honest before the Lord.

Opening Reflection

1. If Jesus walked into your church today, what might He commend?
Scripture Guide: Rev. 3:8; Rev. 2:2-3

2. What might He correct?
Scripture Guide: Rev. 3:1-2, 15-17

3. What changes might He encourage?
Scripture Guide: Rev. 3:2-3, 19-20

4. What makes a church spiritually healthy?
Scripture Guide: Rev. 2:4-5; Rev. 3:8-10

Personal Examination

1. What is harder for you: seeing problems in others or honestly seeing them in yourself? Why?
Scripture Guide: Matt. 7:3-5; Ps. 139:23-24

Sardis: Wake Up

1. If your spiritual life had a battery percentage today, what would it be? Why?
Scripture Guide: Rev. 3:1-2

2. What can make a church look spiritually alive?
Scripture Guide: 1 Sam. 16:7; Rev. 3:1

3. What shows that a church is actually spiritually alive?
Scripture Guide: John 15:4-5; Gal. 5:22-23

4. Where do you need to wake up spiritually?
Scripture Guide: Rom. 13:11; Rev. 3:2

5. What might Jesus tell you to wake up, strengthen, remember, hold on to, or turn away from?
Scripture Guide: Rev. 3:2-3

Philadelphia: Keep Going

1. Where might God be calling you to be faithful even if you do not feel strong, noticed, or powerful?
Scripture Guide: Rev. 3:8; 1 Cor. 1:27

2. Would you continue doing what God called you to do if nobody applauded you? Explain.
Scripture Guide: Col. 3:23-24

3. What open door or opportunity has God placed before you?
Scripture Guide: Rev. 3:8

4. How can you respond with obedience, humility, and faithfulness?
Scripture Guide: Mic. 6:8; Rev. 3:11

Laodicea: Check Your Temperature

1. Can you love God while choosing not to be close to someone? Explain your understanding.

Scripture Guide: 1 John 4:20-21; Rom. 12:18

2. Where have you become comfortable instead of growing?

Scripture Guide: Rev. 3:17-18; Phil. 3:12-14

3. Where have you become half-hearted?

Scripture Guide: Rev. 3:15-16

4. What is Jesus correcting in you?

Scripture Guide: Rev. 3:19

5. What would wholehearted devotion look like in your life this week?

Scripture Guide: Matt. 22:37; Rev. 3:20

Three Spiritual Checks

1. Am I going through the motions?
Scripture Guide: Isa. 29:13; Rev. 3:1

2. Am I remaining faithful when it is difficult?
Scripture Guide: Rev. 3:10-11; James 1:12

3. Have I become too comfortable?
Scripture Guide: Rev. 3:15-17

Personal Check-Up

1. What does Jesus see when He looks at your spiritual life?
Scripture Guide: Rev. 3:1; Heb. 4:13

2. Is your reputation stronger than your reality?
Scripture Guide: Rev. 3:1

3. Where is Jesus telling you to wake up?
Scripture Guide: Rev. 3:2

4. Where is Jesus telling you to keep going?
Scripture Guide: Rev. 3:11

5. Where have you become too comfortable?
Scripture Guide: Rev. 3:17

6. What do you need to repent of, strengthen, remember, or hold onto?
Scripture Guide: Rev. 3:2-3,19

Closing Challenge

1. Which church (Sardis, Philadelphia, or Laodicea) best reflects your current spiritual condition? Why?
Scripture Guide: Rev. 3:1-22

2. What is one action step you will take this week in response to what God is showing you?

Scripture Guide: James 1:22; Rev. 3:20
