

bcc

Food Shelf



STAPLE ITEMS NEEDED:

Canned / Jars

- ___ Spaghetti Sauce
- ___ Protein: Chicken, ~~Tuna~~/Salmon (pkts or cans)
- ___ Broth Soups
- ___ Canned Fruit
- ___ Canned Beans and Vegetables
- ___ Peanut Butter / Jelly

Boxed

- ___ Flavored Rice or Noodle Packages
- ___ Hamburger Helper
- ___ Cake or Muffin Mixes
- ___ Mac & Cheese
- ___ Potatoes

Frozen

- ___ Hamburger (1 lb pkgs)
- ___ Chicken (1-2 lb pkgs)
- ___ Pre-made frozen meatloaf or other "bake and serve" frozen meals

Toiletries

- ___ Toothpaste
- ___ Toilet Paper
- ___ Paper Towels

FOOD SHELF HOURS

Sunday: 9:00am-Noon

Tuesday-Thursday: 9:00am-4:00pm

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