



DISCIPLES ACADEMY – NEXT LEVEL

FREEDOM FROM SEXUAL IMMORALITY & SEXUAL ABUSE

WHAT IS SEXUAL IMMORALITY?

Sexual Immorality: all sexual relations that occur outside the boundaries of marriage between a husband and a wife.

1 Thessalonians 4:3 (GNT) *God wants you to be holy and completely free from sexual immorality.*

Types of Sexual Immorality:

- Fornication: sexual intercourse between persons not married.
- Adultery: sexual intercourse between persons married to someone, also includes emotional affairs.
- Homosexuality: intimate relationships between persons of the same gender. Men with men and women with women.

1 Corinthians 6:9-11 (NLT) *Don't you realize that those who do wrong will not inherit the Kingdom of God? Don't fool yourselves. Those who indulge in sexual sin, or who worship idols, or commit adultery, or are male prostitutes, or practice homosexuality, or are thieves, or greedy people, or drunkards, or are abusive, or cheat people—none of these will inherit the Kingdom of God. Some of you were once like that. But you were cleansed; you were made holy; you were made right with God by calling on the name of the Lord Jesus Christ and by the Spirit of our God.*

- Pornography

Matthew 5:28 (NLT) *But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.*

- Sexting
- Rape
- Incest
- Prostitution

CONSEQUENCES OF SEXUAL IMMORALITY

1) ALL WHO PRACTICE SEXUAL IMMORALITY WILL BE DISQUALIFIED FROM THE KINGDOM OF HEAVEN AND MINISTRY

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2) WE DESTROY OURSELVES. (Our families, integrity, our marriage, our ministry, our reputation, our safety, health, bodies, our testimony, our devotion to God and self-worth.)

Proverbs 6:32 (NLT) *But the man who commits adultery is an utter fool, for he destroys himself.*

3) SEXUAL IMMORALITY OPENS THE DOOR TO SICKNESS OF THE BODY. (Sexual immorality is a sin against our own body. Not only are we corrupting our soul but our bodies as well. It is no coincidence that STD's are prevalent where there is sexually immorality.)

1 Corinthians 6:18-20 (NLT) *Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body. Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body.*

4) A SOUL TIE CAN BE CREATED. (Soul ties are created when two people agree to participate in a sin together or come into agreement through covenant.)

Soul Tie: when your soul is tied, bond, joined to someone.

1 Corinthians 6:16 (NLT) *And don't you realize that if a man joins himself to a prostitute, he becomes one body with her? For the Scriptures say, "The two are united into one."*

Signs that we might have a soul tie:

- We gravitate toward that person with the driving force being the sin that has caused the soul tie.
- Even after we realize the relationship is unhealthy we cannot break it. (The relationship has now become an addiction. We even lie to ourselves and others to protect this destructive relationship.)
- We now have a new overwhelming sinful desire we never had before we met them. (There was a transfer of a spirit.)

WHAT IS SEXUAL ABUSE?

Sexual Abuse: any type of sexual behavior or contact where consent is not freely given and is done through force, intimidation, violence, coercion, manipulation, threats, deception or abuse of authority.

Good News: God will rescue and heal everyone who calls on Him to save them.

***Psalm 34:17-18 (NLT)** The Lord hears his people when they call to him for help. He rescues them from all their troubles. The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.*

EXAMPLES OF SEXUAL ABUSE IN SCRIPTURE.

1) **RAPE:** to force someone to engage in sexual intercourse against their will, to force, afflict and oppress.

***Genesis 34:1-2 (NLT)** One day Dinah, the daughter of Jacob and Leah, went to visit some of the young women who lived in the area. But when the local prince, Shechem son of Hamor the Hivite, saw Dinah, he seized her and raped her.*

2) **INCEST:** sexual intercourse between blood relatives that is by force, control, or manipulation.

***2 Samuel 13:12-14 (NLT)** "No, my brother!" she cried. "Don't be foolish! Don't do this to me! Such wicked things aren't done in Israel. Where could I go in my shame? . . ."*

WHAT ARE THE CONSEQUENCES OF SOMEONE THAT HAS BEEN SEXUALLY ABUSED?

1) **OVERCOME BY A SPIRIT OF ANGER AND HATRED.** (This anger begins towards abuser and then permeates into every other relationship we are in. We begin to use anger as a weapon of protection so it doesn't happen again.)

2) **OVERCOME BY A SPIRIT OF FEAR AND ANXIETY.** (Fear of the abuser and fear of the abuse happening again.)

3) **DEPRESSION.** (A deep sadness, misery, and hopelessness because of the abuse perpetrated against them.)

4) **SHAME AND GUILT.** (The person is left feeling humiliated and embarrassed at the thought of being sexually abused, and many times they take on a false sense of guilt and unworthiness, like it was their fault.)

5) **RECEIVE A SPIRIT OF PERVERSION.** (It is possible for a spirit of perversion to enter the abused person's life at the time of abuse. Once a spirit of perversion enters, it is able to influence the thoughts of the abused to sexually abuse others and tempt them to get involved in perverse sexual relationships themselves.)

6) **SEXUAL AND PORNOGRAPHY ADDICTION.** (The spirit of perversion causes the abused to become addicted to sexual thoughts, perverse relationships, illicit content and interactions with others.)

7) **LOSS OF THE ABILITY TO GIVE AND RECEIVE LOVE WITH THOSE CLOSEST TO US.**

8) **SEXUAL PROMISCUITY, HOMOSEXUALITY AND ILLICIT SEXUAL ENCOUNTERS.**

9) **ADDICTION.** (Self-medication, to numb pain.)

HOW TO BE FORGIVEN AND SET FREE FROM ALL SEXUAL IMMORALITY AND HEALED FROM ABUSE?

1) **BELIEVE THAT GOD LOVES YOU AND THAT HE'S WILLING TO FORGIVE YOU OF ALL SEXUAL IMMORALITY AND HEAL YOU FROM THE PAIN OF ABUSE.**

2) **ADMIT THAT SEXUAL IMMORALITY IS A SIN AND ACKNOWLEDGE IF YOU HAVE BEEN ABUSED.** (Realize that the sexual abuse was not your fault.) We will never be set free and cleansed from any sin that we are not confessing or acknowledging)

***1 John 1:9 (AMP)** If we [freely] admit that we have sinned and confess our sins, He is faithful and just [true to His own nature and promise] and will forgive our sins and cleanse us continually from all unrighteousness [our wrongdoing, everything not in conformity with His will and purpose].*

3) **REPENT, RENOUNCE, AND CUT OFF ALL SEXUAL IMMORALITY IMMEDIATELY.** (At this stage we renounce specifically the exact sexual immorality that we practiced and break all soul ties that we have had with all sexual partners.)

***Ephesians 5:3 (AMP)** But sexual immorality and all [moral] impurity [indecent, offensive behavior] or greed must not even be hinted at among you, as is proper among saints [for as believers our way of life, whether in public or in private, reflects the validity of our faith].*

4) **RECEIVE FORGIVENESS FOR SEXUAL IMMORALITY AND FORGIVE THOSE WHO HAVE SEXUALLY ABUSED YOU.** (Forgive and release those who took advantage of you through the sexual abuse)

***Mark 11:25 (NLT)** But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too."*

5) **CAST DOWN AND CAST OUT ANY DEMONIC STRONGHOLDS AND SPIRITS THAT MAY HAVE ENTERED THROUGH THE SEXUAL IMMORALITY OR SEXUAL ABUSE.**

***2 Corinthians 10:4-5 (NKJV)** For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, 5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.*

6) **DEPEND ON THE SPIRIT OF CHRIST TO LIVE A HOLY AND SEXUALLY PURE LIFE.**

1 Corinthians 10:13 (AMP) *No temptation [regardless of its source] has overtaken or enticed you that is not common to human experience [nor is any temptation unusual or beyond human resistance]; but God is faithful [to His word—He is compassionate and trustworthy], and He will not let you be tempted beyond your ability [to resist], but along with the temptation He [has in the past and is now and] will [always] provide the way out as well, so that you will be able to endure it [without yielding, and will overcome temptation with joy].*

PRAYER: Lord, I thank you that you love me and sent Jesus Christ to set me free. Today, I receive your healing to overcome all the hurt and pain caused by sexual abuse and sexual immorality. I forgive (name of the abuser) and I release them to you. I will no longer be overcome or controlled by the hurt and pain of abuse. Lord, I repent and renounce all sins of sexual immorality. I repent of (name of sexual sin). I break every soul tie and ask you to set me free from all bondage and any spirits that may have entered through the abuse or my willful involvement in any sexual sin. I cast down every stronghold in my mind caused by the abuse and sexual immorality and I receive your healing, love, and peace. In Jesus name, amen!