

October

DATE	✓	CHAPTER
1	☐	3
2	☐	4
3	☐	5
4	☐	1
5	☐	1
6	Reflection	
7	Reflection	
8	☐	1
9	☐	2
10	☐	3
11	☐	4
12	☐	5
13	Reflection	
14	Reflection	
15	☐	1
16	☐	2
17	☐	3
18	☐	4
19	☐	5
20	Reflection	
21	Reflection	
22	☐	6
23	☐	7
24	☐	8
25	☐	9
26	☐	10
27	Reflection	
28	Reflection	
29	☐	11
30	☐	12
31	☐	13

November

DATE	✓	CHAPTER
1	☐	14
2	☐	15
3	Reflection	
4	Reflection	
5	☐	16
6	☐	17
7	☐	18
8	☐	19
9	☐	20
10	Reflection	
11	Reflection	
12	☐	21
13	☐	1
14	☐	2
15	☐	3
16	☐	4
17	Reflection	
18	Reflection	
19	☐	5
20	☐	1
21	☐	2
22	☐	3
23	☐	1
24	Reflection	
25	Reflection	
26	☐	2
27	☐	3
28	☐	1
29	☐	1
30	☐	2

December

DATE	✓	CHAPTER
1	Reflection	
2	Reflection	
3	☐	3
4	☐	4
5	☐	5
6	☐	6
7	☐	7
8	Reflection	
9	Reflection	
10	☐	8
11	☐	9
12	☐	10
13	☐	11
14	☐	12
15	Reflection	
16	Reflection	
17	☐	13
18	☐	14
19	☐	15
20	☐	16
21	☐	17
22	Reflection	
23	Reflection	
24	☐	18
25	☐	19
26	☐	20
27	☐	21
28	☐	22
29	Reflection	
30	Reflection	
31	Rejoice!	

5x5
5x5

Discipleship Journal's

Bible Reading Plan

Through the New Testament in 5 days a week, 5 minutes a day

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- 1. Underline or highlight** key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.
- 2. Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3. Ask and answer some questions.** Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.
- 4. Capture the big idea.** God's Word communicates big ideas. Periodically ask, *What's the big idea in this sentence, paragraph, or chapter?*
- 5. Personalize the meaning.** When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: *How could my life be different today as I respond to what I'm reading?*

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READY FOR MORE? If you completed this Bible reading plan and want more, we have additional reading plans and much more at www.discipleshipjournal.com.

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The Mission of Discipleship Journal is to help believers develop a deeper relationship with Jesus Christ and to provide practical help in understanding the Scriptures and applying them to daily life and ministry.

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January

DATE	✓	CHAPTER
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Mark

1	☐	1
2	☐	2
3	☐	3
4	☐	4
5	☐	5
6	Reflection	
7	Reflection	
8	☐	6
9	☐	7
10	☐	8
11	☐	9
12	☐	10
13	Reflection	
14	Reflection	
15	☐	11
16	☐	12
17	☐	13
18	☐	14
19	☐	15
20	Reflection	
21	Reflection	
22	☐	16
Acts		
23	☐	1
24	☐	2
25	☐	3
26	☐	4
27	Reflection	
28	Reflection	
29	☐	5
30	☐	6
31	☐	7

February

DATE	✓	CHAPTER
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1	☐	8
2	☐	9
3	Reflection	
4	Reflection	
5	☐	10
6	☐	11
7	☐	12
8	☐	13
9	☐	14
10	Reflection	
11	Reflection	
12	☐	15
13	☐	16
14	☐	17
15	☐	18
16	☐	19
17	Reflection	
18	Reflection	

(February, continued)

19	☐	20
20	☐	21
21	☐	22
22	☐	23
23	☐	24
24	Reflection	
25	Reflection	
26	☐	25
27	☐	26
28	☐	27

March

DATE	✓	CHAPTER
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1	☐	28
Hebrews		
2	☐	1
3	Reflection	
4	Reflection	
5	☐	2
6	☐	3
7	☐	4
8	☐	5
9	☐	6
10	Reflection	
11	Reflection	
12	☐	7
13	☐	8
14	☐	9
15	☐	10
16	☐	11
17	Reflection	
18	Reflection	
19	☐	12
20	☐	13
Galatians		
21	☐	1
22	☐	2
23	☐	3
24	Reflection	
25	Reflection	
26	☐	4
27	☐	5
28	☐	6
James		
29	☐	1
30	☐	2
31	Reflection	

April

DATE	✓	CHAPTER
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1	Reflection	
2	☐	3
3	☐	4
4	☐	5
Matthew		
5	☐	1
6	☐	2
7	Reflection	
8	Reflection	
9	☐	3
10	☐	4
11	☐	5
12	☐	6
13	☐	7
14	Reflection	
15	Reflection	
16	☐	8
17	☐	9
18	☐	10
19	☐	11
20	☐	12
21	Reflection	
22	Reflection	
23	☐	13
24	☐	14
25	☐	15
26	☐	16
27	☐	17
28	Reflection	
29	Reflection	
30	☐	18

May

DATE	✓	CHAPTER
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1	☐	19
2	☐	20
3	☐	21
4	☐	22
5	Reflection	
6	Reflection	
7	☐	23
8	☐	24
9	☐	25
10	☐	26
11	☐	27
12	Reflection	
13	Reflection	
14	☐	28
Romans		
15	☐	1
16	☐	2
17	☐	3
18	☐	4
19	Reflection	

(May, continued)

20	Reflection	
21	☐	5
22	☐	6
23	☐	7
24	☐	8
25	☐	9
26	Reflection	
27	Reflection	
28	☐	10
29	☐	11
30	☐	12
31	☐	13

June

DATE	✓	CHAPTER
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1	☐	14
2	Reflection	
3	Reflection	
4	☐	15
5	☐	16
Ephesians		
6	☐	1
7	☐	2
8	☐	3
9	Reflection	
10	Reflection	
11	☐	4
12	☐	5
13	☐	6
Philippians		
14	☐	1
15	☐	2
16	Reflection	
17	Reflection	
18	☐	3
19	☐	4
Colossians		
20	☐	1
21	☐	2
22	☐	3
23	Reflection	
24	Reflection	
25	☐	4
Philemon		
26	☐	1
Luke		
27	☐	1
28	☐	2
29	☐	3
30	Reflection	

July

DATE	✓	CHAPTER
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1	Reflection	
2	☐	4
3	☐	5
4	☐	6
5	☐	7
6	☐	8
7	Reflection	
8	Reflection	
9	☐	9
10	☐	10
11	☐	11
12	☐	12
13	☐	13
14	Reflection	
15	Reflection	
16	☐	14
17	☐	15
18	☐	16
19	☐	17
20	☐	18
21	Reflection	
22	Reflection	
23	☐	19
24	☐	20
25	☐	21
26	☐	22
27	☐	23
28	Reflection	
29	Reflection	
30	☐	24
1 Corinthians		
31	☐	1

August

DATE	✓	CHAPTER
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1	☐	2
2	☐	3
3	☐	4
4	Reflection	
5	Reflection	
6	☐	5
7	☐	6
8	☐	7
9	☐	8
10	☐	9
11	Reflection	
12	Reflection	
13	☐	10
14	☐	11
15	☐	12
16	☐	13
17	☐	14
18	Reflection	
19	Reflection	

(August, continued)

20	☐	15
21	☐	16
2 Corinthians		
22	☐	1
23	☐	2
24	☐	3
25	Reflection	
26	Reflection	
27	☐	4
28	☐	5
29	☐	6
30	☐	7
31	☐	8

September

DATE	✓	CHAPTER
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1	Reflection	
2	Reflection	
3	☐	9
4	☐	10
5	☐	11
6	☐	12
7	☐	13
8	Reflection	
9	Reflection	
1 Timothy		
10	☐	1
11	☐	2
12	☐	3
13	☐	4
14	☐	5
15	Reflection	
16	Reflection	
17	☐	6
2 Timothy		
18	☐	1
19	☐	2
20	☐	3
21	☐	4
22	Reflection	
23	Reflection	
Titus		
24	☐	1
25	☐	2
26	☐	3
1 John		
27	☐	1
28	☐	2
29	Reflection	
30	Reflection	

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