



“10 Tweets” from Ephesians 4:17-32

07.28.2026

1. In a book that reveals the **ROLE, PURPOSE**, and **MYSTERY** of the Body of Christ, Eph. 4 contains our calling as members of the body: **WALK WORTHY**. Worthy of the death, burial, and resurrection with which we were purchased; worthy of the glory due His name.
2. While the first half of Eph. 4 called the body of Christ (and us individually!) to walk in **UNITY**, the second half of Eph. 4 calls the body of Christ to walk in **PURITY** by putting OFF the old man and putting ON the new man daily (Eph. 4:22,24; 2 Cor. 5:17).
3. Our daily walk is our choice: we can walk like the World (Eph. 4:17); or we can walk like Christ (Eph. 4:1). We cannot do both (you'll just go in circles, aka, **NOWHERE**).
4. Walking like (or WITH) the World only leads to one thing: **VANITY** of the mind (Eph. 4:17). This could be your religion, your social status, your job, your family...dare I say your own view of yourself... Do it like the world tells you to and it is all empty (“vain”).
 - a. If you want to walk in vanity...Walk like the world
 - b. If you want to walk in vanity...don't read the Word of God (“learn of Christ”)
 - c. If you want to walk in vanity...trust in yourself (and “follow your heart”)
 - d. If you want to walk in vanity...treat truth as relative
 - e. If you want to walk in vanity...seek self-validation
 - f. If you want to walk in vanity...take what you deserve (they owe you, right?)
 - g. If you want to walk in vanity...tell us how you really feel (don't hold back!)
 - h. If you want to walk in vanity...never forget and never forgive
5. God's answer to our vanity problem is simple, but hard for us to stomach: **GROW UP!** (Eph. 4:15). We all have growing to do: no one has “arrived.”
6. Walking in **PURITY**:
 - a. Learn Christ (aka, read your Bible – it's the mind of Christ (John 1:1))
 - b. Put off the OLD MAN (offer him in prayer like Rom. 12:1 says to)
 - c. Put on the NEW MAN (let Christ transform you like Rom. 12:2 says to)
 - d. Walk in the Spirit (Eph. 4:23, 30; Gal. 5:16)
7. Isaiah was purified when he came into the presence of the Lord (Is. 6:6-7).
8. We are purified (devotionally/practically) when we come into the presence of the Lord in prayer (1 Pet. 3:15).
9. We move toward the thing we focus on. The more we focus on our own purity, the more **CARNAL** we become (it's a focus on **SELF**).
10. We move toward the thing we focus on. The more we focus on the fellowship and glory of the **LORD**, the more like Him (pure) we become.