

## **SUMMER OF FRUIT—PEACE Community Group Questions**

### **Philippians 4:6-13**

1—How have you seen the Lord working in your life this past week? What is He teaching you in your current season?

2—Read Philippians 4:6-7. What areas in your life are most stressful for you? What do you do to relieve stress in your life? Based on these verses, what is Paul’s advice? Can you recall the last time you set aside time to present your requests to God? What does that look like for you?

3—How do you define the “peace of God” in verse 7? Can you recall a recent time you felt the peace of God? How do you define Paul’s phrase—“will guard your hearts and your minds in Christ Jesus?”

4—Read Philippians 4:8-9. Looking at verse 8, what are some things you can think about that fit these characteristics? How often do you think about such things?

5—Read Philippians 4:10-13. What does it mean to you to be content? What areas of your life would you say you have contentment?

6—Which of Sunday’s points best resonates with you?

- Experiencing God’s PEACE is the antidote to our anxiety.
- God’s PEACE is available in every situation we face.
- Dwelling on the wrong things will rob us of God’s PEACE.
- God’s PEACE comes from following the right example.
- Contentment in Christ is the foundation of God’s PEACE.

7—What are you hearing from the Lord in these verses? How can you apply these verses to your life?