

# Elementary Family Prayer Ideas (collected from both inside and outside RMC)



## Missionaries

Take one of the RMC missionary cards and commit to pray together for them, the kids in the family, and the people that they are serving.

## Extra! Extra! Pray all about it! (Focus on the Family)

To help children pray for what's happening in the world, discuss one or two news stories a week and pray for the leaders who are involved. Ask God to bless those in power and guide them as they make these important decisions

## Maps & Snacks (Focus on the Family)

Spread out a map during snack time and add small treats, such as mini marshmallows, chocolate chips or blueberries, around a state or country. As your kids munch, tell them the name of the place and some general information about it. Then pray for the people who live there.

## Five-Finger Prayer

Put your hands together and look at your hands:

Thumb: Since it is closest to you, pray for those closest to you.

Pointer Finger: Pray for those who "point" you in the right direction.

Big Finger: Pray for the president and other "important" people in the world.

Ring Finger: Since it is the weakest finger, pray for those who are sick.

Pinky: Lastly and because it is the smallest, pray for yourself.

## A.C.T.S

**Adoration**—Praise God for who He is. (His glory, His majesty, His creativity)

**Confession**—Pray about what we've done wrong and ask God to forgive us.

**Thanksgiving**—Thank God for all ways He has provided for you. (Salvation, Jesus, family, shelter, food, clothing, etc.)

**Supplication**—Humbly ask Him for the things we need.

## Memorize the Lord's Prayer

### - Pray and teach through each part

"This, then, is how you ought to pray:

'Our Father in heaven,

Hallowed be Your name,

Your kingdom come,

Your will be done,

On earth as it is in heaven.

Give us this day our daily bread,

And forgive us our debts,

As we forgive our debtors.

And do not lead us into temptation,

But deliver us from the evil one. (Matt. 6:9-13)

## School-List Prayers (Focus on the Family)

Write the names of your kids' teachers and classmates on separate note cards. Every night draw a name and pray together for that person. Also pray that your kids will find a way to encourage or connect with that person the next day at school. If they are successful, have them report how God used them!

## Pray per Day

Pick someone or a group of people to pray for each day of the week (notice the letter matching):

**Monday: Missionaries**

**Tuesday: Teachers**

**Wednesday: Widows/Orphans**

**Thursday: Those who don't know Jesus**

**Friday: Friends and Family**

## High/Low/Buffalo

Each Person shares their HIGH, their LOW, and something weird from the day. Pray/Praise about each one. This is also an excellent tool for keeping tabs on your kid and what things they are going through in their day