

Family of God

A study on God's plan for His family
from His Big Story, the Bible

PARENTS YOU GOT THIS!

Use this Family Guide to review what your kids learned, plan time together as a family, and capture moments throughout the week.

Bible Story

Israel Defeats Amalek

Exodus 17:8-16

Key Point God's children rely on God's power.

Foundational Truth God Is Good.



MEMORY VERSE OF THE MONTH

We rejoice in our sufferings,
knowing that suffering
produces endurance, and
endurance produces character,
and character produces hope.

ROMANS 5: 3-4 ESV



TIME

Parents, build intentional time into the rhythm of family life for the purpose of thinking about, talking about, and living out the gospel. Use the guide below for family worship.

READ

Exodus 17:8-16

- What happened in this story?
- What happened when Moses held up or lowered his hands?
- Did the power to defeat Amalek come from Moses or God?
- Do you tend to handle problems on your own or with God's help?
- How can God's children encourage one another to rely on God's power?

PRAY

Take turns praying together.

- **Praise:** God, You are... (refer to His attributes)
- **Thanksgiving:** God, I thank you for...
- **Lament:** God, I am sad about...
- **Confession:** God, forgive me for... and help me forgive...
- **Request:** God, I ask you for...

SING

Play your favorite worship songs and sing together. Make up motions to your favorite parts!



Moments

Family plank challenge! Everyone hold a plank and see who can hold it the longest on their own. Then, take turns trying to match that time, but this time, when one person feels shaky, another family member can help hold them up. Work together so that every family member matches the time!