



Made Embodied | Sunday, September 27, 2026

### **(5-10 min) Optional Ice Breaker:**

"If your body came with a warranty or user manual, what's one 'known issue' you'd list?" (e.g., "requires 8 hours of sleep or check engine light comes on," "when cranky feed promptly," or "only 3 tabs open at a time - overstimulates easily", etc)

**LEADERS: Please share these announcements with your Home Group!**

### **Announcements**

Citizens Kids Minister wants/needs your HG: For the next 6 weeks, our church will unite to meet one of the most pressing needs before us...leaders in the Preschool and Elementary ministries! Buckle up for this number – they need as many as 160 more leaders to make Sunday mornings happen! WOW! This is our opportunity as the Home Groups ministry to join in discipling the next generation at our Church. Making disciples is the call of every follower of Jesus. NOT TO MENTION, this will allow us to no longer employ Kids Care workers. Consider how your home group could serve as individuals or as an entire group. Adults can serve once a month, bi-weekly or weekly. The best way to serve is with someone you know from your Home Group. This will create a new and deeper relationship with one another. You can even be trained as an entire group and adopt a class! Talk about this opportunity with your group this week! Email

kids@citizenschurch.com for more information.

## **Fall Serve Opportunities:**

- Alpha Comets Meals
- Monthly Sending Prayer

(starts Sept 20)

- Everyday Evangelism

(November 8)

## **Read God's Word Aloud**

### **Genesis 2:4–7**

(ESV)

The Creation of Man and Woman

4 These are the generations of the heavens and the earth when they were created, in the day that the LORD God made the earth and the heavens. 5 When no bush of the field was yet in the land and no small plant of the field had yet sprung up—for the LORD God had not caused it to rain on the land, and there was no man to work the ground, 6 and a mist was going up from the land and was watering the whole face of the ground— 7 then the LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature.

### **1 Corinthians 6:12-20**

12 “All things are lawful for me,” but not all things are helpful. “All things are lawful for me,” but I will not be dominated by anything. 13 “Food is meant for the stomach and the stomach for food”—and God will destroy both one and the other. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. 14

And God raised the Lord and will also raise us up by his power. 15 Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never! 16 Or do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, "The two will become one flesh." 17 But he who is joined to the Lord becomes one spirit with him. 18 Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. 19 Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, 20 for you were bought with a price. So glorify God in your body.

## **Discuss God's Word and God's World**

Important : The goal is to use this Guide to spark sanctifying conversation and opportunities for intercessory prayer, not to "get through" every question like a checklist. Feel free to linger on the questions that best facilitate that for your group.

### **Start here:**

Take a few moments to share and reflect together on what stood out to you from this week's Bible passage and the sermon.

- Was there a moment this week — in the songs, the sermon, or a conversation — where

the Holy Spirit pressed on your heart or mind? Maybe it was a quote, something Jamin said, or a specific verse? Don't move through the passages too quickly!

- Did a question arise as you listened — something that felt confusing or unresolved that

you'd like to work through with your Home Group?

- Think back on your own upbringing. How were passages like Genesis 2 and 1

Corinthians 6 used or discussed regarding the body?  
(used to encourage/love or shame or even strike fear?)

- Take a moment to discuss this quote from the sermon:

"Becoming human at Christmas was not meant to be reversible. It was permanent. There is now a human body sitting at the right hand of God the Father at the very center of heaven. Bodies matter. Jesus couldn't become a real human person without one. And we can't hope to enjoy authentic life without one either. That his body matters is proof that mine and yours do too. He became what he valued enough to redeem. He couldn't come for people without coming for their flesh and without coming as flesh." — Sam Allberry, pastor and author

- How does the good news of Jesus speak to the struggles we battle in our bodies —

chronic pain, body image, diet and exercise, sexual desire, anti-aging?

- What does it look like to have a healthy relationship with the body God gave you?
- For confession and repentance, in

separate male/female gatherings: "Do you tend to idolize your body or despise it?"

## **Finish here:**

Spend time discussing ways that you can encourage and remind one another of the truths from God's word throughout this next week. Pray for one another using the prayer guidance provided below.

## **Sanctificational Prayer Guidance**

Father, we praise You as the God who formed us from the dust and breathed into us the breath of life, declaring our bodies — like all You made — very good. We confess that we have too often despised what You called good, or worshiped what You meant only to steward, forgetting that we are not our own but were bought with a price. Thank You that in the fullness of time You sent Your Son to take on a body like ours, to live, suffer, and die in the flesh, and to rise again bodily as the firstfruits of our own resurrection. Because Jesus was raised and now reigns in an embodied, glorified state, we know our bodies are not the shell we escape but the temple You inhabit by Your Spirit and the very thing You are redeeming. So work in us, Lord, a settled confidence that neither idolizes the body nor is ashamed of it, but receives it as Your gift, offered back to You in gratitude. Until the day our lowly bodies are conformed to the body of His glory, keep us steadfast — honoring You in what You have made, waiting in hope for what You will finish. Amen.

## **Family Memory Verse of the Month for September**

But we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope.

Romans 5:3-4

(ESV)