

## The Rhythm of Discipleship



the  
**Rhythm**  
 of our **Mission**  
 worship → grow → serve → go

A fully devoted follower of Jesus Christ is fully integrated into the Rhythm of Discipleship at Covenant Church.

Covenant has a clear mission statement:

“We will develop and deploy fully devoted followers of Jesus Christ to disciple our family, community, and world.”

This mission statement is best lived out through the four Rhythms of Discipleship: **Worship**, **Grow**, **Serve** and **Go**. These four strands make up the thread for the Rhythm of Discipleship at Covenant.

The responsibility of the small group leader is to encourage the members as they live the Rhythm of Discipleship. At times, this would include connecting them to different resources within the church. However, to be clear, the small group leader's responsibility is not to provide each part of the rhythm to its small group members (although sometimes there is overlap). For example, you are not responsible for providing service opportunities but rather for ensuring that the members are finding service opportunities at the church.

The role of small group leader is best accomplished through a loving and eager spirit and not one of control or frustration. While we are keeping our members accountable for their continued engagement within the Rhythm of Discipleship, it is not done at the expense of love. In fact, a good small group leader should compel people towards further engagement with the Lord.

What follows is a list of the four aspects of the rhythm of discipleship. Each part includes three different facets that can be addressed during your contacts with members. This can be done over a long period of time as you build a relationship with your members. In some ways, this is a checklist of all the ways to evaluate the extent to which a member is connecting to the church family and growing in their relationship with the Lord. After all, we desire to be “a loving family, dependent on the Holy Spirit, committed to the Word, growing in grace, and reaching out in mercy.”



## WORSHIP

- **Quotes from *The Rhythm of Discipleship* by Trent Casto:**
  - "A life of biblical worship is a sacrificial, logical, radical, transformational response to God's mercies."*
  - "The things that influence us the most are usually the things of which we're least aware."*
  - "What you long for is what you worship."*
- **In the closet**
  - Devotional life
  - Private prayer
- **In the family room**
  - Family worship time (prayer, singing, Bible reading)
- **In the Sanctuary**
  - Attendance at Church
  - Questions about sermons
  - Music



## GROW

- **Quotes from *The Rhythm of Discipleship* by Trent Casto:**
  - "Christians grow in community, through the Word, by the Spirit."*
  - "You must be a person who dwells in the Word, if you want to be changed by the Word."*
  - "It is the Spirit of God working through the Word of God in the community of God that promotes the growth of God's people."*
- **Community**
  - Small group
- **Word**
  - Sunday School
  - Midweek Connection
  - Outside opportunity
- **Spirit**
  - Personal devotional time in the Word



## SERVE

- **Quotes from *The Rhythm of Discipleship* by Trent Casto:**
  - "The serving Church is Cross-Captivated, Love-Motivated, and Grace-Animated."*
  - "When the Spirit comes, He never comes empty-handed. God gives spiritual gifts to each and every one of His children."*
  - "You won't be judged for what you've done in comparison to others. You'll be judged for what you've done with what the Master gave you."*
- **Time**
  - Service
- **Talent**
  - Spiritual Gifts
- **Treasure**
  - Tithing/Giving



## GO

- **Quotes from *The Rhythm of Discipleship* by Trent Casto:**
  - "We must GO, proclaim the gospel, and send others to do the same."*
  - "God doesn't save good people. He saves sinners. Good works don't save people. Saved people do good works."*
  - "When the gospel grips your heart, you will increasingly become a person zealous to do good, wherever you are, whenever you can.."*
- **Personal Evangelism**
  - Personal witness to others
- **Sent**
  - Near and far mission opportunities
- **Knowledgeable prayer**
  - Connected to specific mission partner needs