



CHRISTIAN LIFE: SPIRITUAL DISCIPLINES

Small Steps for Big Change

CLASS DESCRIPTION

This class will walk through the transformative habits of the Christian life. Together, we will explore how the smallest steps make the biggest impact—and how little improvements to your daily routine can create lasting change in your life.

LEARNING OBJECTIVES

By the end of the class, students should be:

1. Encouraged in their efforts to practice the spiritual disciplines; and
2. Able to describe the practical importance of Scripture, prayer, and fellowship.

TEXTBOOK

Habits of Grace by David Mathis

DETAILS

FORMAT Midweek Connection

START DATE 9/9/26

LENGTH 12 Weeks

LOCATION Sanctuary

Register online at covenantnaples.com



SCAN TO REGISTER

CLASS OUTLINE - SESSION 1

WEEK	DATE	TOPIC	HOMEWORK
1	9/2	<i>No Class</i>	
2	9/9	Pipelines, Not Payments	Read chapters 1-2 of Habits of Grace
3	9/16	Going Deeper in the Word	Read chapters 3-4 of Habits of Grace
4	9/23	A Mind Shaped by Scripture	Read chapters 5-6 of Habits of Grace
5	9/30	<i>No Class</i>	
6	10/7	<i>No Class</i>	
7	10/14	The Gift of God's Ear	Read chapters 7-9 of Habits of Grace
8	10/21	Uncommon Practices	Read chapters 10-12 of Habits of Grace
9	10/28	You Were Made for This	Read chapters 13-15 of Habits of Grace
10	11/4	Ordinary Means, Extraordinary Grace	Read chapters 16-18 of Habits of Grace
11	11/11	Taking it Outside	Read chapters 19-21 + Epilogue of Habits of Grace
12	11/18	Where Do We Go from Here?	Review + Personal Application