

Wisdom is finding out what you should do and doing it.

Read: Ephesians 5:15

DAY

1

Seeing Clearly

Take a look in the mirror and talk to yourself about some characteristics of making a wise choice. Think about how your days go and how you can make wise choices. When things get hard today, how can you make the wise choice?

LOOK for opportunities to make the wise choice.

DAY

3

Live Carefully

Grab a sheet of paper and coloring materials, then draw out what Ephesians 5:15 means to you.

KNOW that you can live wisely.

DAY

2

The Wise One

Draw a picture of yourself. Around the picture of yourself, write words you would say to be a wise friend. Think about how you can be a wise friend when your friend is hurting, scared, or when they need some extra encouragement. You might say things like, "I am right here with you" and "You got this!"

ASK God to help you be a wise friend.

DAY

4

See Yourself Clearly Now

When you can see yourself clearly, you can make the wise choice. Ask God to help you see yourself clearly. You can pray something like the prayer below or say your own prayer.

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 "Dear God, please help me to see myself clearly for who You made me to be. Help me see myself like You see me. Thank You for helping me make wise choices. I love You. Amen."  
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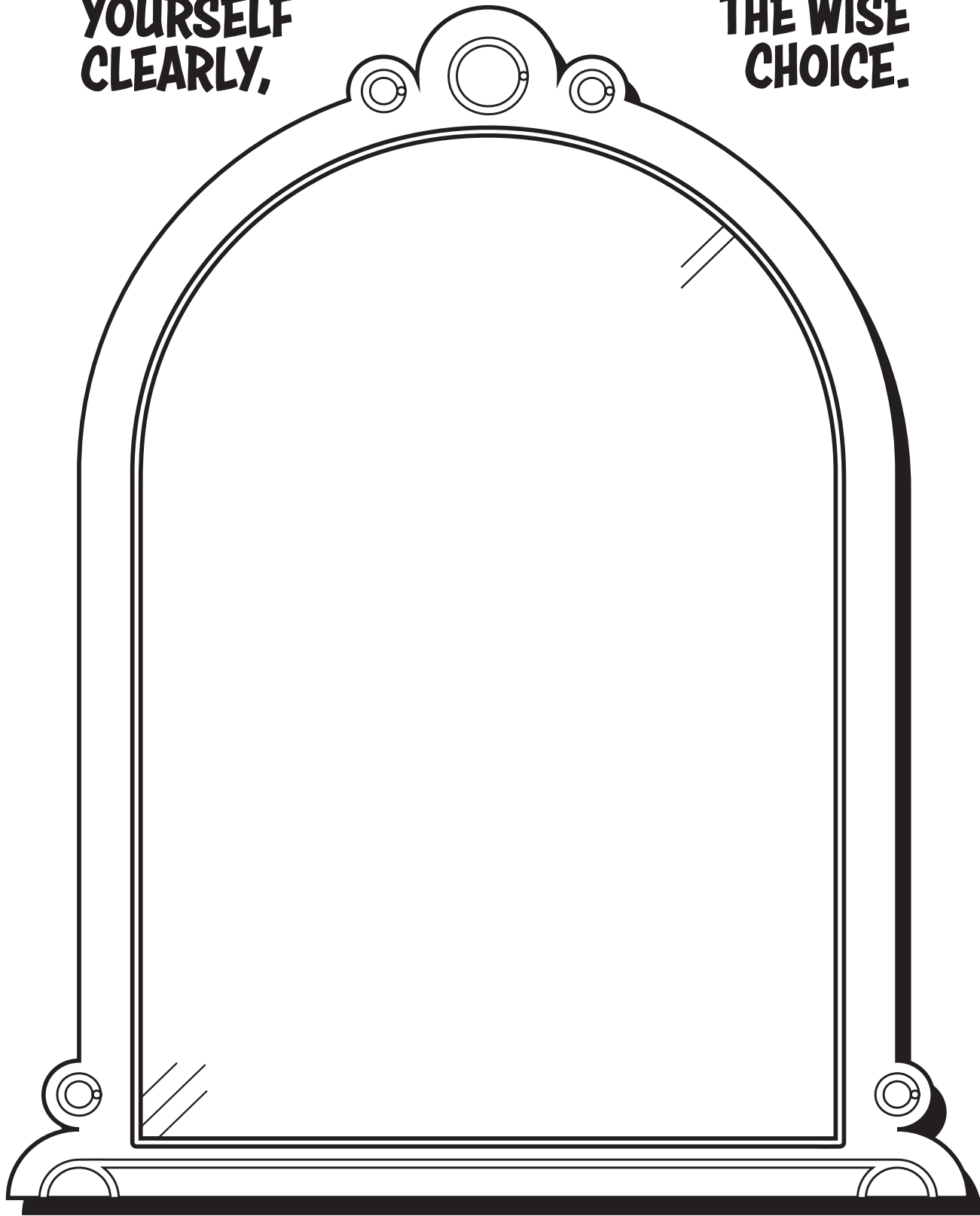
THANK God for helping you see yourself clearly.

When you see yourself clearly, you can make the wise choice.



**WHEN YOU SEE
YOURSELF
CLEARLY,**

**YOU CAN MAKE
THE WISE
CHOICE.**



DRAW A SELF-PORTRAIT OF YOURSELF IN THE MIRROR.