Bedrock - Building confidence in God block by block

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read 1 Kings 18:24

Elijah stood on Mount Carmel with hundreds of false prophets all around him. It was one Elijah against 450 Baal prophets. That probably felt scary, unless you knew who stood with you. Elijah did. He knew the One True God was with him. And this God? He's not small. He's not weak. He's not a maybe-God. He is the God, the One who can do anything.

God can do what no one else can. Elijah didn't even light the fire. He trusted God to do that.

And God showed up with fire from heaven. Whoa. You don't have to be powerful. You just have to trust God's power.

Circle one: Who is stronger?

ME GOD

Fill in the blank:

When I feel small, I can remember God is _____.

DAY 3

Read 1 Kings 18:33–35

Can wet wood burn? Usually, nope. But Elijah soaked his altar in water before asking God to send fire. It looked impossible on purpose. Elijah knew it wasn't about his effort, it was about trusting God. And, of course, God did the impossible, fire fell and consumed the burnt offering, the wood, stones, and water.

There are some things that happen in our lives that we can't change. There are some things we have no control over. And when those things happen, we can talk to God about them. We have a powerful God who can do anything. God is bigger than what is going on.

You don't have to make impossible things happen. You're not God. But guess what? You belong to the One who is. When you say yes to Him, when you pray, obey, or trust, God includes you in the impossible. That's confidence in Him, not yourself. And we can trust Him no matter how things turn out.

There's More! →

Draw fire on the wood below:



DAY 4

Read 1 Kings 18:43–45

Go outside and look up at the sky. Try to find one cloud. If you don't see one, come back and look again later!

Elijah told his servant to look at the sky seven times before there was a sign of rain. Seven times this happened. Still no clouds, no sprinkles. Just...waiting. But Elijah knew God was working. He didn't give up. And finally? A cloud the size of a man's hand showed up. Then, a downpour!

When things feel hard and impossible, like fixing a friendship, understanding a hard subject, or praying for someone, you can look again. God may already be working... even if you don't see it yet.

What's one thing that feels impossible right now? Write it down and ask God to help you trust Him with it.

_____

_____

DAY 5

Read Isaiah 40:31

God didn't choose Elijah because he was the strongest or smartest. Elijah wasn't perfect or fearless every moment. God chose Elijah simply because Elijah said yes to trusting Him completely. Elijah believed God could do the impossible, like sending fire from heaven or bringing rain after years of drought. He trusted God every step of the way.

God still does impossible things, and He invites you to join Him! You don't have to be perfect, brave, or have everything figured out. You just have to say, "Yes, God! I'll trust You!" When you do, you'll see God do something that is more than what you could do on your own.

"Dear God, You are mighty, and You can do impossible things. Thank You for letting me join You in what You're doing. Help me trust You completely, even when things seem hard. My confidence is in You alone. I love You, Amen."

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

What seems impossible to you?

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