Bedrock - Building confidence in God block by block

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Jonah 1:1–3

Jonah was a prophet, which means he spoke for God. God told Jonah to go to Nineveh, God had a big message for the people of Nineveh to turn from their ways and come to the Lord. Here's the thing: the people of Nineveh...were just very bad people. Jonah didn't want to be anywhere near them! When God told Jonah to go to Nineveh, Jonah ran the other way, literally! Why?

Well, for many reasons, but one is that Jonah didn't fully understand that God's plan is always best. Jonah let fear and frustration take the lead instead of obedience.

Have you ever done that? Ignored what you knew was right because it didn't seem fair or easy? Jonah learned that even if you try to run from God, He's not done with you. And that He's not done with His plan. God knows what's best, even when it's hard to see.

Write below about a time you wanted to avoid doing something hard. What happened?

DAY 3

Read Jonah 1:4–17

Jonah didn't just ignore God; he did the exact opposite. Instead of heading toward Nineveh, Jonah jumped on a boat going the other way. And then...a huge storm came and Jonah was asleep! The sailors panicked. Jonah finally admitted the storm was his fault. He was running from God, and it wasn't working. Instead of making more excuses or hiding again, Jonah took responsibility.

Sometimes we do things we know are wrong, like disobeying a parent, saying something mean, or watching something we shouldn't. Those choices can create a storm of consequences. But here's the awesome part: even when we mess up, God doesn't give up. Jonah got thrown overboard, but God sent a giant fish to rescue him.

That probably wasn't the ideal place to be, but it gave Jonah time to think about the choices he made.

Talk with someone at home about a time they made a mistake and how they moved forward with God's help.

DAY 4

Read Jonah 2:1–10; 3:1–4

Inside the fish, Jonah finally prayed. He realized he couldn't keep running from God. He needed to trust God again. And guess what? God gave him another chance! Jonah got out of the fish and did what God asked. He trusted God and went to Nineveh with God's message.

Like Jonah, you can hit the "restart" button and make a new choice to listen, trust, and obey. Maybe you've been ignoring what you know is right, or maybe you've made a mistake you wish you could undo.

Good news: it's never too late to start fresh with God. He's always ready to help you do what's best, because He knows what's best, even when you're unsure or scared. So, take a moment and pray. Ask God to help you reset. Remember, He's never surprised by your mistakes. He's always ready to forgive, guide, and give you the courage you need to step into a fresh start.

DAY 5

Read Jonah 3:5–4:11

Jonah saw how the people of Nineveh responded to the message God wanted them to hear. The people of Nineveh actually listened to God and changed their ways! But instead of being happy, Jonah got mad. He didn't think they deserved God's mercy.

Sometimes we feel like we know who deserves kindness and who doesn't. But God sees the whole picture. He always knows what's best, and He wants us to trust Him, even when we don't understand.

Circle True or False below: God's love is only for people who always make good choices. (Hint: Check Jonah's story)

TRUE FALSE

Today, pray and ask God to help you trust Him! You can pray something like this. "Dear God, thank You for loving everyone, even when we mess up. Help me trust You and obey, even when it's hard or I don't understand. I love you so much, Amen."

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

What keeps people from doing what's best?

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