Bedrock - Building confidence in God block by block

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Daniel 6:10

Daniel had a habit of praying three times every day, no matter what. It wasn't random. He made time with God a regular part of his life. When people tried to get him in trouble, that habit didn't stop. Even when Daniel knew it might cost him everything, he chose to stay connected to God.

Daniel trusted that God was always with him, even when things got scary. And because Daniel already spent time with God every day, it was easier to remember God was still there when things got hard.

What's your daily habit? You brush your teeth. You eat breakfast. What if you added time with God? That could be praying before you go to school, you could put some worship music on in the afternoon, you could pause and listen to Him. Even just a few minutes each day could help you build serious trust in Him.

Fill in the blank – One way I can spend time with God this week is:

DAY 3

Read Daniel 6:13-16

People who worked for the King convinced King Darius to make a new law: No one could pray to anyone except the king. If someone disobeyed, they'd be thrown to the lions. Daniel heard the rule, but he didn't panic. He didn't run. He just kept doing what he had always done: praying and trusting God.

Even when Daniel was taken to the lions' den, God was with him. Always.

Life is full of twists and turns. What do you do when your plans fall apart, or someone turns on you? You could give up. Or you could do what Daniel did, choose to trust that God hasn't left your side.

Maybe you've faced unexpected challenges recently, like a friendship that's suddenly complicated, a subject at school that's tough, or worries about the future. Whatever happens, you're never alone. Trust God, like Daniel did. He's right there with you, no matter what.

There's More! →

What's one area in your life where you need to remember that God is with you? Write it below.

_____

_____

DAY 4

Read Daniel 6:17–23

Daniel got thrown into a den full of lions. Real ones. That night, the king couldn't sleep. He hoped Daniel's God would come through. As soon as the sun came up, he ran to the den and called out, "Did your God save you?" And Daniel's voice answered, "God sent an angel to shut the lions' mouths!"

God didn't take Daniel out of the scary situation, but He stayed with him through it. Daniel came out without a scratch and with stronger confidence in God than ever.

That's how God works. He might not take away every hard thing, but He promises to stay with you in the middle of it. Maybe you're facing something that feels as scary as a den full of lions—like moving schools, making new friends, or standing up for what's right. You can always trust that God will stay right by your side, no matter what.

Talk with someone at home about a time they were scared or unsure and how they knew God was with them.

DAY 5

Read Daniel 6:24–28

After Daniel survived the lions' den, King Darius told the whole kingdom to worship God! Why? Because Daniel's faith showed others that God is strong, loving, and always present.

Your confidence in God can do that too. When you stay calm during a hard test or choose kindness when someone is mean, people notice. When you stick with God through both fun and frustrating moments, you're building something strong, like bedrock.

Confidence in God isn't flashy or loud. It's solid. It's built through little choices every day. And the more you trust God, the more your life can point others to God.

Grab a paper and draw a "confidence meter." With a pencil, mark where you think your trust in God is today, and where you want it to be. Check back every week and erase what you marked before and mark your trust for that day. This will show you where your trust is at that week! And then do a simple thing. Ask God to help you.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

When have you felt alone?

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