Bedrock - Building confidence in God block by block

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Esther 4:14

This is an amazing story about a woman named Esther. Esther never expected to become a queen. Then some trouble came...a man named Haman was planning to have God's people killed. Esther was also a part of that group. What terrible news! But then her cousin Mordecai told her something really important: "What if you were made queen for a time like this?"

Esther didn't become queen by accident. God had her in the right place at the right time so she could speak up and help save her people.

You might not be a king or queen, but you're right where you are for a reason. You can stand up for others. You might not know exactly what to do, but God can help you.

Who do you see at school, home, or church who might need someone to stand up for them? What could you do? Write it down here:

DAY 3

Read Esther 4:11

Esther was scared. If she went to the king without being invited, she could be killed. But she also knew her people were in danger. So Esther made a bold choice. She asked God for help and went to the king.

Standing up for others is not always easy. Sometimes, it's scary. You might be afraid of what people will say or think. You might feel too small, too young, or unsure. But guess what? You don't have to be confident in yourself. You can be confident in God.

God is always with you. He gave Esther the courage she needed, and He'll help you too. Taking the first step might feel hard, but doing the right thing often does. You never know how God might use your courage to help someone else.

Fill in the blank - I can ask God to help me be brave when

DAY 4

Read Esther 4:15–16

Before Esther went to the king, she didn't rush. She prayed and asked others to pray too. Esther knew she needed help from God, not just her own strength. And that's exactly what God gave her, courage to do something bold and brave.

You can do that too. Prayer is powerful. It reminds you that you're not alone. When you feel nervous about standing up for someone else, stop and pray. Ask God for strength, kindness, and courage. When you're confident in God, not just yourself, you'll have what you need to do what's right, even when it's hard.

Think about someone in your life who could really use help or encouragement. Take a moment right now and pray for them. Ask God to show you how you could stand up or speak out for them. Remember, you're never too young or small to make a big difference with God's help!

Then, make a plan this week to do something kind or encouraging for them. Small steps lead to big changes!

DAY 5

Read Esther 7:3–4

When Esther finally spoke up to the king, her words were powerful: "Please save me and my people." Esther used her voice to make a difference, and God used her courage to help save a nation.

You don't need a microphone, a stage, or a crown to speak up. You can use your voice to help others every day. Maybe you notice someone being picked on. Maybe someone feels left out. Maybe your little sibling needs help standing up for themselves. God can give you the courage to say something helpful and kind.

Esther didn't just speak up, she also planned, prayed, and acted at the right time. You can do that too. Pray, listen, then use your words with care and confidence.

Write a short encouraging note to someone who might need it, a family member, a neighbor, or a friend. Ask a parent or adult to help you deliver it. Your words can brighten someone's day and remind them they're not alone.

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

When has someone stood up for you?

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