Bedrock - Building confidence in God block by block

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Nehemiah 1:3–4

Nehemiah lived far away when he heard Jerusalem's walls had been destroyed. He felt very sad about it. But Nehemiah didn't just sit and wait. He immediately prayed and asked God for guidance. Soon, he started making a plan to help rebuild the walls. Even though Nehemiah wasn't an expert builder, he trusted God to help him do something big.

Maybe you've seen someone at school or in your neighborhood who needs help or encouragement. You might think you're too young or not prepared enough to help. But that's not true! You can begin right now. First, pray and ask God to show you what you can do. Then trust Him to help you take action. It doesn't matter if the need seems big or small. God can use you right where you are! The important thing is to start, even if you feel nervous.

Write down below one specific way you can help someone this week, and then go do it!

DAY 3

Read Nehemiah 2:17–18

Nehemiah saw the huge job ahead: rebuilding Jerusalem's walls. It was too big for one person. Instead of doing it alone, he invited everyone to help. Goldsmiths, merchants, and even perfume makers joined in. None of them were expert builders, but together they trusted God and accomplished something amazing. Even when the job was hard, they stayed focused and helped each other.

Doing big things isn't always about knowing everything yourself. It's about working together and trusting God to help you. Look around you. Who could team up with you to fill a need? Maybe you can help clean a neighbor's yard, gather supplies for someone who needs them, or make encouragement cards for people who feel lonely. Teaming up with others can make hard tasks easier and more fun. Together, you can do great things when you put your confidence in God.

Make a list of two or three friends you can team up with to help someone this week. Plan your first step!

There's More! →

DAY 4

Read Nehemiah 4:14–17

Halfway through building Jerusalem's wall, Nehemiah and the Israelites faced some big challenges. Their enemies threatened them, hoping they'd quit. Instead, Nehemiah reminded everyone God was on their side. They kept working, holding tools in one hand and weapons in the other. Even though it was tough, they stayed focused, trusting God to help them finish strong.

Doing something important can be challenging. Maybe you're trying to help someone who's sad, but it's taking a long time. Or you're raising money for something special, but progress feels slow. Don't give up! Like Nehemiah, you can ask God for strength to continue. Keep trusting God, knowing He'll help you accomplish great things. God is always there to support you when you feel tired, frustrated, or stuck.

Create a "Keep Going!" banner. Cut out triangles from paper or cardboard, decorate each with encouraging words or Bible verses, and attach them to a string or ribbon. Hang your banner somewhere you'll see it often to remind you to trust God and never give up!

DAY 5

Read Nehemiah 6:15–16

The wall around Jerusalem was finished in just 52 days! The impossible job was done because Nehemiah and the other builders trusted God. Everyone saw that God had helped them. Nehemiah's confidence wasn't in his own skills but in God's power.

You can trust God like that, too. You don't have to wait until you're older, smarter, or stronger. God wants to use you right now to help others, whether it's big or small. Your confidence comes from knowing God is with you, always. Every time you choose to trust God instead of worrying or giving up, you build confidence that's stronger than bricks and walls. No job or problem is too big for God. Remember, when God helps you, others will see Him too!

Grab a paper and draw bricks forming a wall. On each brick, write one way God has helped you or others.

Pray today something like this-

"God, thank You for being with me. Help me trust You to do big things, starting today. I am putting my confidence in You. I love You. In Jesus' name, Amen."

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

What do you need help with?

Download the free Parent Cue app
AVAILABLE FOR APPLE AND ANDROID DEVICES

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