

**ROOTED IN CHRIST**  
**Week 1 Personal Study Guide**  
**Christ Over All: Colossians 1:15–23**

**Purpose:** This month we are walking through Paul's letter to the Colossians together. Before Paul tells believers how to live, he invites them to behold Jesus. Everything in the Christian life begins here. As you read this week, slow down, listen carefully to God's Word, and allow Christ to become the center around which every part of your life revolves.

**Weekly Question:** "What does today's reading reveal about who Jesus is?"

**Day 1 — The Foundation**

**Read**

- Colossians 1:1–14
- Matthew 16:13–18

**Reflect**

- Why do you think Jesus asked His disciples, "*Who do you say that I am?*"
- Looking at Paul's prayer in Colossians, what does he desire most for this young church?
- How would you answer Jesus' question today? Has your answer grown or changed over the years?

**Pray**

Father, open my eyes to see Jesus more clearly. Give me wisdom and spiritual understanding as I begin this journey through Colossians. Help me build my life upon Christ, the true Cornerstone.

**Day 2 — Jesus Reveals the Father**

**Read**

- Colossians 1:15
- John 1:14–18
- John 14:8–11

**Reflect**

- Paul says Jesus is "the image of the invisible God." What does that teach you about God's desire to be known?
- What do Jesus' words and actions reveal about the Father's character?
- Is there an area where your understanding of God has been shaped more by experience or assumption than by Jesus Himself?

**Pray**

Jesus, thank You for revealing the Father to us. Continue to reshape my understanding of who God is as I look to You.

### **Day 3 — Jesus Rules Creation**

#### **Read**

- Colossians 1:15–17
- John 1:1–5
- Hebrews 1:1–4

#### **Reflect**

- Notice how often Paul speaks of "all things." What does that teach you about Christ's authority?
- Why does it matter that everything was created **by Him, through Him, and for Him**?
- Where are you tempted to act as though your life belongs primarily to you instead of Christ?

#### **Pray**

Lord Jesus, You created all things, You sustain all things, and all things belong to You. Teach me to joyfully surrender every part of my life to Your loving rule.

### **Day 4 — Jesus Gives Life to the Church**

#### **Read**

- Colossians 1:18
- Ephesians 4:11–16
- 1 Peter 2:4–10

#### **Reflect**

- What does it mean that Christ is the Head of the Church?
- Peter describes believers as "living stones." How does that image deepen your understanding of the Church?
- How has God uniquely gifted you to strengthen His Body?

#### **Pray**

Father, thank You for making me part of Your family. Help me remain connected to Christ and faithfully use the gifts You've entrusted to me for the good of Your Church.

## **Day 5 — Jesus Reconciles Sinners**

### **Read**

- Colossians 1:19–20
- Romans 5:6–11
- 2 Corinthians 5:17–21

### **Reflect**

- Paul says Jesus made peace through His blood. What does biblical peace look like?
- What do these passages teach about the cost of reconciliation?
- How does knowing you have peace with God change the way you approach Him each day?

### **Pray**

Jesus, thank You for entering my brokenness, bearing my sin, and reconciling me to the Father. May I never lose my wonder at the cross.

## **Day 6 — From Everything...to You**

### **Read**

- Colossians 1:21–23
- Ephesians 2:1–10
- Psalm 103:8–14

### **Reflect**

- Compare the words "once" and "now" in today's readings. What has changed because of Christ?
- Which phrase best describes what God has done in your life?
- Paul encourages believers to remain grounded and steadfast in the Gospel. What practices help keep your heart anchored in Christ?

### **Pray**

Father, thank You that my identity is no longer defined by my past but by Your grace. Keep me grounded in the hope of the Gospel and faithful to Christ each day.

## Day 7 — Beholding Christ

### Read

- Colossians 1:15–23
- Philippians 2:5–11
- 2 Corinthians 3:18

### Reflect

- Read Colossians 1:15–23 slowly one final time. Which description of Jesus stands out to you most, and why?
- Paul says we are transformed as we behold the glory of the Lord. How have you seen God shaping your heart this week?
- What is one practical way you can keep Christ at the center of your life in the week ahead?

### Pray

Lord Jesus, You are the image of the invisible God, the Creator and Sustainer of all things, the Head of the Church, and the One who has reconciled me to the Father. Continue to transform me as I behold Your glory. May You truly have first place in every area of my life.

## Continue the Journey

Read **Colossians 2** before next week.

As you read, notice how Paul moves from **who Christ is** to **what it means to walk in Him**. Pay special attention to the repeated language of being **rooted**, **built up**, and **established** in Christ.

## Prepare Your Heart

Before closing your Bible this week, spend a few moments journaling.

- What have I learned about who Jesus is?
- What has the Holy Spirit been teaching me?
- What is one step of obedience Christ is inviting me to take this week?

*"Just as you have received Christ Jesus as Lord, continue to walk in Him, being rooted and built up in Him and established in the faith."* — **Colossians 2:6–7**

**ROOTED IN CHRIST**  
**Week 2 Personal Study Guide**  
**Formed in Christ: Colossians 2:6–15**

**Purpose:** Having beheld Christ, Paul now invites us to continue walking in Him. The Christian life is not sustained by trying harder or adding more religious activity. It is the ongoing work of being rooted, built up, and established in Christ. This week, consider how Jesus is shaping your heart from the inside out as you continue to abide in Him.

**Weekly Question:** "How is Christ forming me today?"

**Day 1 — Continue to Walk in Him**

**Read**

- Colossians 2:6–7
- John 15:1–8

**Reflect**

- What does Paul mean by "continue to walk in Him"?
- How is walking with Christ different from merely believing information about Him?
- Jesus describes Himself as the Vine. What does it look like to remain connected to Him throughout your day?

**Pray**

Father, thank You for inviting me into a relationship with Christ. Help me remain rooted in Him today, trusting that lasting fruit grows from abiding in Your presence.

**Day 2 — Rooted and Built Up**

**Read**

- Colossians 2:6–10
- Psalm 1:1–3
- Jeremiah 17:7–8

**Reflect**

- Why does Paul use the image of roots to describe the Christian life?
- What are the dangers of shallow roots?
- What habits help your roots grow deeper into Christ?

**Pray**

Lord, strengthen my roots in Your truth. Keep me from being blown around by changing opinions, and establish me firmly in Christ.

### **Day 3 — Fullness in Christ**

#### **Read**

- Colossians 2:8–10
- John 10:10
- Ephesians 3:14–21

#### **Reflect**

- Paul warns against being taken captive by human philosophy. What voices most influence your thinking?
- What does it mean that "the fullness of deity dwells bodily in Christ"?
- Where are you tempted to look for fulfillment apart from Jesus?

#### **Pray**

Jesus, You are enough. Guard my heart from looking anywhere else for the life that only You can give.

### **Day 4 — Alive Together with Christ**

#### **Read**

- Colossians 2:11–13
- Romans 6:1–11
- Titus 3:3–7

#### **Reflect**

- What has Christ done for you that you could never accomplish on your own?
- How does your baptism point to both death and new life?
- What difference should your new identity make in the way you live today?

#### **Pray**

Thank You, Father, for making me alive with Christ. Help me live today in the freedom of my new identity rather than the weight of my old life.

## **Day 5 — The Victory of the Cross**

### **Read**

- Colossians 2:13–15
- Isaiah 53:4–6
- Hebrews 2:14–15

### **Reflect**

- Paul says Jesus canceled the record of debt that stood against us. What does that image communicate?
- How did the cross become a place of victory instead of defeat?
- What burdens are you still carrying that Christ has already removed?

### **Pray**

Jesus, thank You for canceling my debt and defeating the power of sin and death. Teach me to live in the freedom You purchased for me.

## **Day 6 — Guarding Against Empty Substitutes**

### **Read**

- Colossians 2:16–23
- Matthew 15:1–9
- Galatians 5:1

### **Reflect**

- What substitutes for Christ does Paul warn against?
- Why do religious performance and human traditions sometimes feel easier than abiding in Jesus?
- Is there anything you rely on more than Christ for your sense of security or acceptance?

### **Pray**

Father, protect my heart from empty substitutes. Help me treasure Christ above every tradition, accomplishment, or worldly philosophy.

## Day 7 — Formed by Christ

### Read

- Colossians 2
- Philippians 1:3–11
- Philippians 2:12–13

### Reflect

- Looking back through Colossians 2, what truth has most challenged or encouraged you?
- In what specific ways have you seen Christ forming you this week?
- What next step of obedience is the Holy Spirit inviting you to take?

### Pray

Lord Jesus, continue the work You have begun in me. Form my thoughts, my desires, my words, and my actions until they reflect Your character. May my life be firmly rooted in You.

## Continue the Journey

Read **Colossians 3:1–17** before next week.

Notice how Paul moves from being **formed in Christ** to **living like Christ**. Pay attention to the contrast between the old self and the new self, and begin asking what Christ is inviting you to lay aside as He forms His character within you.

## Prepare Your Heart

Before closing your Bible this week, spend a few moments journaling.

- How has Christ been forming me this week?
- Where have I seen my roots growing deeper?
- What distractions or substitutes has God been inviting me to leave behind?
- What is one step of obedience Christ is inviting me to take this week?

*"So then, just as you have received Christ Jesus as Lord, continue to walk in Him, being rooted and built up in Him and established in the faith, just as you were taught, and overflowing with gratitude." — Colossians 2:6–7*

**ROOTED IN CHRIST**  
**Week 3 Personal Study Guide**  
**Putting Off the Old, Putting On the New: Colossians 3:1–17**

**Purpose:** Because we have been raised with Christ, we are invited to live a new kind of life. Paul reminds us that following Jesus is not simply about changing our behavior—it is about living from a new identity. As Christ forms us, He also transforms us. This week, ask the Holy Spirit to reveal areas where your old way of living still lingers and to cultivate the character of Christ within you.

**Weekly Question:** "What is Christ inviting me to put off, and what is He inviting me to put on?"

**Day 1 — Seek Things Above**

**Read**

- Colossians 3:1–4
- Matthew 6:19–34
- Hebrews 12:1–2

**Reflect**

- What does Paul mean by "seek the things above"?
- How does fixing your mind on Christ reshape your priorities?
- What tends to distract your attention from the things that matter most?

**Pray**

Lord Jesus, lift my eyes above the temporary things of this world. Help me seek Your Kingdom first and keep my heart fixed on You.

**Day 2 — Putting Sin to Death**

**Read**

- Colossians 3:5–7
- Romans 8:12–14
- James 1:13–15

**Reflect**

- Why does Paul use such strong language when speaking about sin?
- Which attitudes or habits does Paul identify that still compete for your heart?
- What would it look like to surrender those areas to Christ today?

**Pray**

Father, give me courage to confront sin honestly. By the power of Your Spirit, help me put to death anything that keeps me from walking closely with You.

### **Day 3 — Putting Off the Old Self**

#### **Read**

- Colossians 3:8–11
- Ephesians 4:17–24
- Psalm 139:23–24

#### **Reflect**

- What characteristics of the old self does Paul call believers to lay aside?
- Why is honesty about our hearts an important part of spiritual growth?
- How has Christ already begun changing you?

#### **Pray**

Search my heart, Lord. Reveal anything that does not reflect Your character, and continue the work of making me new.

### **Day 4 — Putting On the New Self**

#### **Read**

- Colossians 3:12–14
- Romans 12:9–21
- John 13:34–35

#### **Reflect**

- Which quality listed by Paul stands out to you today?
- Why does Paul describe these characteristics as something we intentionally "put on"?
- How does love hold everything else together?

#### **Pray**

Jesus, clothe me today with compassion, kindness, humility, gentleness, patience, and above all, love. May others see Your character through my life.

## **Day 5 — Let the Peace of Christ Rule**

### **Read**

- Colossians 3:15
- John 14:27
- Philippians 4:4–9

### **Reflect**

- What does it mean to let the peace of Christ rule in your heart?
- How is biblical peace different from simply avoiding conflict?
- What anxieties or burdens do you need to surrender to Christ today?

### **Pray**

Prince of Peace, rule over my heart today. Replace anxiety with trust, fear with confidence, and unrest with Your peace.

## **Day 6 — Let the Word of Christ Dwell Richly**

### **Read**

- Colossians 3:16–17
- Psalm 1
- Joshua 1:8–9

### **Reflect**

- What does it look like for the Word of Christ to dwell richly in your life?
- How does Scripture shape your worship, your conversations, and your decisions?
- What practical rhythms help God's Word remain at the center of your life?

### **Pray**

Father, plant Your Word deeply within me. May it shape my thoughts, guide my decisions, and overflow in worship and gratitude.

## Day 7 — Living the New Life

### Read

- Colossians 3:1–17
- Galatians 5:16–26
- 2 Corinthians 5:17

### Reflect

- Looking back through Colossians 3, what has God been teaching you about your identity in Christ?
- Which part of the old self have you been inviting Christ to remove?
- Which characteristic of the new self do you most want the Holy Spirit to continue developing?

### Pray

Father, thank You for making me a new creation in Christ. Continue transforming me day by day until my life reflects the beauty and character of Jesus in every area.

### Continue the Journey

Read **Colossians 3:18–4:18** before next week.

Notice how Paul moves from personal transformation to relational transformation. As Christ changes our hearts, He also changes the way we love, serve, forgive, work, speak, and live with others.

As you read, pay attention to the ordinary people Paul mentions at the end of the letter. Consider how their faithfulness reflects the new life Christ has been describing all along.

### Prepare Your Heart

Before closing your Bible this week, spend a few moments journaling.

- What has Christ been changing in me?
- What have I been holding onto that needs to be put off?
- What fruit of Christ's character is becoming more evident in my life?
- What is one step of obedience Christ is inviting me to take this week?

*"Therefore, as God's chosen ones, holy and dearly loved, put on compassion, kindness, humility, gentleness, and patience... Above all, put on love, which is the perfect bond of unity."*  
— **Colossians 3:12–14**

**ROOTED IN CHRIST**  
**Week 4 Personal Study Guide**  
**Christ in Our Relationships: Colossians 3:18–4:18**

**Purpose:** Following Jesus changes more than our beliefs—it changes the way we relate to others. As Christ becomes the center of our lives, His love, humility, grace, and truth begin shaping our homes, our workplaces, our conversations, and our witness. This week, consider how Christ desires to reveal Himself through your everyday relationships.

**Weekly Question:** "How can Christ be seen more clearly through my relationships today?"

**Day 1 — Christ at Home**

**Read**

- Colossians 3:18–21
- Ephesians 5:21–6:4
- John 13:34–35

**Reflect**

- How does mutual submission and sacrificial love reflect the character of Christ?
- Which relationship in your home needs greater patience, grace, or forgiveness?
- What does it look like to love others the way Jesus has loved you?

**Pray**

Father, help my home become a place where Christ is honored. Teach me to love, forgive, encourage, and serve those closest to me with the same grace You have shown me.

**Day 2 — Christ in Our Work**

**Read**

- Colossians 3:22–25
- Proverbs 16:3
- Matthew 5:13–16

**Reflect**

- Paul reminds believers to work "as for the Lord." How would that change your attitude today?
- How can excellence and integrity become acts of worship?
- What opportunities has God given you to represent Christ through your work?

**Pray**

Lord, help me work with faithfulness, integrity, and joy. May my attitude and effort point others to You.

### **Day 3 — Christ Shapes Our Priorities**

#### **Read**

- Colossians 4:1–2
- Luke 10:38–42
- Philippians 4:6–7

#### **Reflect**

- Why does Paul immediately move from relationships to prayer?
- What does devoted prayer reveal about our dependence upon God?
- What keeps you from consistently spending time with the Lord?

#### **Pray**

Father, teach me to remain devoted to prayer. Make my heart watchful, grateful, and attentive to Your presence throughout each day.

### **Day 4 — Christ Opens Doors**

#### **Read**

- Colossians 4:3–6
- Matthew 28:18–20
- 1 Peter 3:15–16

#### **Reflect**

- What does Paul ask the church to pray for?
- Why is wisdom important when interacting with those who do not yet know Christ?
- Who has God placed in your life that may be ready to hear about Jesus?

#### **Pray**

Lord, open doors for the Gospel. Give me wisdom, courage, and gracious words as I represent You wherever You send me.

## **Day 5 — Faithful Servants**

### **Read**

- Colossians 4:7–18

### **Reflect**

- Notice each person Paul mentions. What qualities define their lives?
- Why do you think Paul intentionally ends this letter with ordinary names rather than extraordinary accomplishments?
- Which description would you hope others would use to describe your faithfulness?

### **Pray**

Father, help me become a faithful servant who encourages others, strengthens Your Church, and points people to Christ through an ordinary life of obedience.

## **Day 6 — Ordinary Lives, Extraordinary Savior**

### **Read**

- Acts 11:19–26
- 2 Timothy 2:1–7
- Hebrews 12:1–3

### **Reflect**

- How has the Gospel historically spread from one faithful disciple to another?
- Who has invested in your faith?
- Who is God inviting you to encourage, disciple, or walk alongside today?

### **Pray**

Jesus, thank You for the people who have faithfully poured into my life. Help me become that kind of person for someone else.

## Day 7 — Christ Through You

### Read

- Colossians 3:18–4:18
- John 20:21–22
- 2 Corinthians 5:17–21

### Reflect

- Looking back through Colossians, how has your understanding of Jesus grown?
- How has Christ been shaping your heart throughout this month?
- Where is God inviting you to represent Christ in the week ahead?

### Pray

Father, thank You for the transforming work You have done in my heart through Your Word. Send me into my home, my workplace, my church, and my community as an ambassador for Christ. May others see Jesus more clearly because of the way I live.

### Continue the Journey

Before beginning a new study, take time this week to read **the entire book of Colossians** in one sitting.

Notice the progression of Paul's letter:

- Christ Over All
- Formed in Christ
- Putting Off the Old, Putting On the New
- Christ in Our Relationships

As you read, ask yourself:

**How has my understanding of Christ changed?**

**How has Christ changed me?**

### Prepare Your Heart

Before closing your Bible this week, spend a few moments journaling.

- How has Christ become more central in my life this month?
- Where have I seen Him transforming my heart?
- Through which relationships can I most clearly reveal Christ?
- Who is one person God may be inviting me to encourage, disciple, or serve this week?

*"Whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him." — Colossians 3:17*