

Psalm 60

June 28, 2026 - Cornerstone Church Bible Study Small Group Questions

Psalm 60 (CSB)

For the choir director: according to “The Lily of Testimony.” A *Miktam* of David for teaching. When he fought with Aram-naharaim and Aram-zobah, and Joab returned and struck Edom in Salt Valley, killing twelve thousand.

¹ God, you have rejected us;

you have broken us down; you have been angry. Restore us!

² You have shaken the land and split it open. Heal its fissures, for it shudders.

³ You have made your people suffer hardship; you have given us wine to drink that made us stagger.

⁴ You have given a signal flag to those who fear you, so that they can flee before the archers.

Selah

⁵ Save with your right hand, and answer me, so that those you love may be rescued.

⁶ God has spoken in his sanctuary:

“I will celebrate!

I will divide up Shechem.

I will apportion the Valley of Succoth.

⁷ Gilead is mine, Manasseh is mine, and Ephraim is my helmet;

Judah is my scepter.

⁸ Moab is my washbasin.

I throw my sandal on Edom;

I shout in triumph over Philistia.”

⁹ Who will bring me to the fortified city?

Who will lead me to Edom?

¹⁰ God, haven’t you rejected us?

God, you do not march out with our armies.

¹¹ Give us aid against the foe, for human help is worthless.

¹² With God we will perform valiantly; he will trample our foes.

1. What specific Psalms or verses from the book of Psalms have blessed and encouraged you in your walk with the Lord? Share a few of these together and praise God for the Psalms.
2. What has been your experience with Psalms in your Christian life? (i.e. reading them in personal devotional bible study, reading the Psalms in your family growing up? singing the Psalms in church growing up, etc.) What are other ways the Psalms can be more central in our lives as believers and in our local church family?
3. David faced enemies abroad beyond Israel’s borders and enemies within among his own nation and even his own family. What uncertainties, defeats and battles are you in or will believers in Jesus be in at some point we should prepare our hearts for now?

4. Read the text of Psalm 60 as a group. Consider first reading silently alone. out loud as group with a designated reader. Consider praying through this passage of God's Word (i.e. Pray the Bible thanking God He has spoken to us so clearly, truthfully, mercifully, and sufficiently. We need no other word nor any other priest, prophet, leader, etc.)
5. From the Superscription (writing about vs. 1) what do we learn about the context of this Psalm (see 2 Samuel 8:1-14 and 1 Chronicles 18:1-13 for more background)
6. What would you say to the person who says Jesus taught us how to pray in the Lord's Prayer and the Psalms have nothing to do with Christians? How would you respond? (see also Matt. 5:17; Mark 14:49; John 1:45; John 5:39; Luke 20:42; Luke 24:44; Rom. 15:4)
7. How can this Psalm teach us to pray? What does it teach us to pray? The Psalms teach us to pray. They were the hymn book of Israel and are neglected a believer in the Lord Jesus Christ's folly. What Psalms have helped you in your own prayer life and have especially blessed you in your earthly pilgrimage?
8. Read Psalm 60:6-8. What does this passage mean and how did Psalm 60:6-8 provide David and Israel with Gospel hope in God's promise? How might it also provide the church of Christ with Gospel hope in God's promise (see also Psalm 22:27; 72:11; 86:9; Philippians 2:10-11 Isaiah 66:23; Revelation 15:4?)
9. Divide up and read aloud Matthew 7:15; 1 Peter 5:8; 2 Peter 2:1; Ephesians 6:11-12; Colossians 3:5-10; James 4:4 and 1 Corinthians 15:26 and along the way answer: What foes (aka enemies) does the Bible teach us new covenant people of God (aka the church) face? How does Psalm 60:12 encourage us as we think about these enemies?
10. Pray for the church of Christ that suffers for His name and faces death threats and violence (on top of slander and hardship) to be strengthened. Pray brothers and sisters in nations hostile to the Gospel persevere in faithfulness and are comforted by the truth of God's Word (including Psalm 60). Praise God that the enemies of God will be judged soon by the righteous King of all the earth that their unrighteousness and evil will not go unpunished.