

June 2026

Mon

Tue

Wed

Thu

Fri

These menus are available in all 9 PACS Senior Centers. We serve Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties



All menu items are subject to change based on availability.
PACS

1

Grilled Chicken Salad
Italian Dressing
Corn Chowder
Whole Grain Roll
Chocolate Chip Cookie
Milk

2

Grilled Chicken Breast
Great Northern Beans
Brussel Sprouts
Whole Grain Roll
Margarine
Mixed Fruit
Brownie
Milk

3

Meatloaf
Mashed Potatoes
Green Peas
Whole Grain Roll
Mandarin Oranges
Milk

4

Fish Sandwich
Green Beans
Cole Slaw
Fried Apples
Milk

5

Breaded Pork Chop
Collard Greens
Mashed Potatoes
Whole Grain Roll
Margarine
Banana
Milk

8

Oven Fried Chicken
Breast
Collard Greens
Au Gratin Potatoes
Whole Grain Roll
Banana
Milk

9

Cheese Burger Deluxe
Broccoli Raisin Salad
Roasted Potatoes & Carrots
Orange Strawberry Gelatin Cup
Milk

10

Roast Turkey
Baked Potato
Margarine/Sour Cream
Herb Glazed Carrots
Whole Grain Roll
Diced Pears
Milk

11

Orange Glazed Chicken
Fried Rice
Vegetable Egg Roll
Stir Fry Vegetable
Blend
Orange
Milk

12

Baked Spaghetti
House Salad
French Dressing
Broccoli & Cauliflower
Garlic Breadstick
Red Grapes
Milk

15

Chicken Strips
Herb Glazed Carrots
Au Gratin Potatoes
Apple Cinnamon Roll
Cobbler
Milk

16

Turkey Sandwich
Tomato Soup
Broccoli Raisin Salad
Colby Jack Cheese Stick
Tropical Fruit Salad
Milk

17

Salisbury Steak
Parmesan Noodles
Creamed Spinach
Whole Grain Roll
Margarine
Brownie
Milk

18

Meat Loaf
Mashed Potatoes
Green Peas
Whole Grain Roll
Margarine
Clementine
Milk

19



22

BBQ Chicken Breast
Orange Glazed Sweet Potatoes
Collard Greens
Whole Grain Roll
Margarine
Pineapple Chunks
Milk

23

Pork and Kraut
Onion Roasted Potatoes
Lima Beans
Whole Grain Roll
Citrus Fruited Gelatin
Milk

24

Oven Fried Chicken
Breast
Mashed Potatoes & Gravy
Green Peas
Whole Grain Roll
Banana
Milk

25

Pork Ribette
Garden Seasoned Broccoli
Baked Potato
Margarine
Whole Grain Roll
Carnival Cookie
Milk

26

Cheese Burger Deluxe
Broccoli Raisin Salad
Carrots
Sugar Cookie
Milk

29

Bean and Ham Soup
Collard Greens
Cornbread
Margarine
Vanilla Pudding
Milk

30

Beef Macaroni Casserole
Carrots
Whole Grain Roll
Margarine
Tropical Fruit Salad
Milk

Pennyrile Allied Community Services

Making a difference in Kentucky

