DAN SOUTHERN AFRICA

DIVE SAFETY | MEDICAL SUPPORT | EDUCATION | RESEARCH

Hotline Workshop 2026

DAY 1 | SATURDAY 26 SEPTEMBER 2026



SERVING DIVERS ACROSS SOUTHERN AFRICA

MEDICAL EXPERTISE, RESEARCH AND EDUCATION

DAY 1 AGENDA

TIME	SESSION	CONTRIBUTOR(S)
08:00 - 08:30	**Welcome, Introductions & Workshop Overview**	Dr Meintjes, Morné Christou, Camilo Saraiva, Laurel & Bianca
08:30 - 09:30	**SSRIs and Diving**	Dr Lourens de Kock
09:30 - 10:30	**Emergency Helicopter & Fixed-Wing Evacuation** Considerations and principles for patients with DCS, AGE or barotrauma	Dr Gemma van Huyssteen
10:30 - 11:30	**Diving After DCS with Underlying PFO**	Dr Nick Park-Ross
11:30- 12:30	**Cardiovascular Fitness and Screening**	Dr Evert Bouwer
12:30- 13:00	**Lunch Break**	–
13:00- 14:00	**Asthma and Diving**	Dr Lourens de Kock
14:00- 15:00	**Treatment Recommendations & the Importance of a Responsible Treating Doctor** Discussion informed by the recent Nosy Be case	Dr Henrik Juhl
15:00 - 16:00	**Key Takeaways, Final Questions & Day 2 Preview**	Workshop organisers & Dr Meintjes

SESSION FORMAT

For the one-hour medical discussion sessions:

10 minutes
Contributor overview

45 minutes
Open discussion & Q&A

5 minutes
Transition / comfort break