



Hotline Workshop 2026

DAY 1 | SATURDAY 26 SEPTEMBER 2026

DAY 1 AGENDA

TIME	SESSION	CONTRIBUTOR(S)
08:00 - 08:30	Welcome, Introductions & Workshop Overview	Dr Meintjes, Morné Christou, Camilo Saraiva, Laurel & Bianca
08:30 - 09:30	SSRIs and Diving	Dr Lourens de Kock
09:30 - 10:30	Emergency Helicopter & Fixed-Wing Evacuation Considerations and principles for patients with DCS, AGE or barotrauma	Dr Gemma van Huyssteen
10:30 - 11:30	Diving After DCS with Underlying PFO	Dr Nick Park-Ross
11:30 - 12:30	Cardiovascular Fitness and Screening	Dr Evert Bower
12:30 - 13:00	Lunch Break	-
13:00 - 14:00	Asthma and Diving	Dr Lourens de Kock
14:00 - 15:00	Treatment Recommendations & the Importance of a Responsible Treating Doctor Discussion informed by the recent Nosy Be case	Dr Henrik Juhl
15:00 - 16:00	Key Takeaways, Final Questions & Day 2 Preview	Workshop organisers & Dr Meintjes



SESSION FORMAT

For the one-hour medical discussion sessions:

10 minutes
Contributor overview45 minutes
Open discussion & Q&A5 minutes
Transition /
comfort break



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DAY 2 | SUNDAY 27 SEPTEMBER 2026

DAY 2 AGENDA

TIME	SESSION	CONTRIBUTOR(S)
08:00 - 11:55	Medical Discussion Topics, Q&A Answers, Additional Topics & Hotline Processes	Dr Meintjes
11:55 - 12:00	Short Break	-
12:00 - 12:10	Hotline Updates	Laurel Reyneke & Anike Rossouw
12:10 - 12:20	Membership Updates	Sel-Marie Pereira & Bianca Morison
12:20 - 12:30	DAN Travel & Training	Megan Wagner
12:30	Workshop Close	Workshop organisers

Thank you

FOR BEING PART OF THE HOTLINE WORKSHOP 2026



OUR AIM

To create a collaborative space where we can share experience, discuss practical considerations and continue strengthening the support we provide to the diving community.